THE PATH-WAY TO HEALTH;

Wherein are to be found most excellent and approved Medicins of great Vertue, as also notable Potions and Drinks, with the Art of Distilling divers precious Waters, for making of Oyles, and other comfortable Receipts, for the health of the Body, never before Printed.

First gathered by *Peter Levens*, Mr. of Arts in *Oxford*, and Student in Physick and Chirurgery, and now newly Corrected and augmented.

Published according to Order.

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Give unto the Physician, that unto him belongeth.

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MVSEVM
BRITAN
NICVM

THE EPISTLE To the READER.

IN my opinion gentle Reader, (which is also the saying and writing of all the Philosophers) those things are most principal to be taught and maintained, which in the Common-wealth are most profitable and necessary; then may I say without just cause of reproof, If some think no shame to displeasure many, for the pleasure of a few, then I need not to blush, nor fear to profit many, by hurting of none, by the publishing of this my Book abroad, not pen'd without pain, nor drawn without diligence, nor ended with ease, wherein are such, and so many notable, rare, profitable, and precious things, as never were yet set

forth in any Volume, in our English *tongue; nay, divers of them were never heretofore printed. Although I have given the onset to publish in our own Natural Tongue this most excellent work for all Diseases, for the which cause it should not bee the lesse esteemed, although some more curious then wise, esteem of nothing but that which is most rare, or in hard or unknown Languages. Certainly, these kind of People cannot abide that good and laudable Arts should be common to many, fearing that their Name and Practise should decay, or at the least should diminish; the intention truely of such persons seemeth much like them that gape for all, and would have all, leaving nothing to any body, but that which they must needs forgo, considering that wee are not born for our selves only, as* Plato *saith, but for the profit of our Country.*

Surely, if I did not fear to be too long in this my Preface, I would prove how all Arts and Sciences may bee published in that Tongue which is best to be understood, as for example, Galen *the Prince of this Art, being a* Grecian, *wrote in the Greek; Also King* Avicen, *hee wrote in the* Arabian *speech; also* Plinie, Celsus, Serenus, *and other of the Latinists, wrote to the people in the Latine Tongue.* Marcilius Ficinus, *whom all Writers assent to be singularly*

well

well learned, disdained not to write in the Italian *Language, generally, to all men.*

If then the intent of all that ever set forth any notable Study, have been to bee read of as many as would, what reason is it that we should keep secret among a few the thing that was to be made common to all? Christ saith, No man lighteth a candle to cover it with a Bushel, but setteth it to serve every mans need; *and these go about not only to cover it when it is lighted, but to quench it before it be kindled, if they might by malice; which as it is a detestable thing in any Godly Science, so methinks in this so necessary an Art, it is exceeding damnable and devillish, to debar the fruition of so inestimable benefits, which our heavenly Father hath prepared for our comfort, and innumerable uses, wherewith hee hath armed our impotent Nature, against the assaults of so many Sicknesses, whereby his infinite mercy, and abundant goodnesse, is in nothing else more apparently confessed; by the which benefits, as it were with most sencible arguments spoken out of Heaven, hee constraineth us to think upon our own weakenesse, and to acknowledge, that in all Flesh is nothing found but Misery, Sickenesse, Sorrow, Sin, Affliction, and Death; no not so much strength as by our own power to relieve one member of our bodies diseased.*

As for the knowledge of Medicines, comfort of Herbs, maintenance of Health, Proſperity and Life, they bee his benefits, and proceed of him, to the end that we ſhould in common help one another, and ſo to live together in his Laws and Commandments deſiring all thoſe which ſhall finde any fault herein, that they will friendly amend what is amiſſe.

PETER LEVENS.

The

The Path-way to Health.

For all the parts of the Head.

For to make the Hair to grow.

TAke a Moulwarp, skin and all, and lap it in a clout, and burn it to powder in an earthen pot, then take Does dirt and lap it in a clout, and burn it to powder, and mingle these two powders together with hony, and annoint the place where you would have hair to grow. Also take and grind red Onions very small, and anoint the place therewith, and the hair will grow up quickly.

For to make hair to grow where none is.

Take Hasle nuts with husks and all, and burn them to powder, then take Beech mast, and the leaves of *Enula campana*, and stamp the herb and the mast together, then seeth them together with Hony, and anoint the place therewith, then strew the powder

thereon, this will make hair grow.

Another experiment to make hair grow.

Take Mallows, and ſeeth them roots and all, and waſh the place where the hair wanteth, and it will grow in ſmall time. Take Hony and Bears greaſe; and mingle them together, and make an oyntment thereof, and anoint the head therewith. Alſo take a good quantity of Bees, and dry them in a ſive by the fire, and make powder of them, and temper it with oyl Olive, and annoint the place where the hair ſhould grow.

An experiment for to waſh the head.

Take an ounce of Turpentine, and an ounce of white wax, and a pottle of Burges wine, of *Storax calaminæ* an ounce, and a little *Cerus*, and *Maſtick*, and ſo make good ſtrong lye, and put therein thoſe gums, and ſo waſh the head therewithal. Alſo take the oyl of Tartar and warm it, and anoint any bald head therewith, and it will reſtore the hair again, and that in ſhort ſpace; this hath been proved true.

Another for to waſh the head, and to make the hair yellow.

Take the beſt and the ſtrongeſt lye that can be made, then take a good handful of red Fennel, of Margerum as much, of Sage a handful, Violets as much, of Damask Roſes

ſes a handful, of red Roſes as much, two Nutmegs, of Cloves and Mace one ounce of each, *Enula campana* as much, Orice powder as much, Licorice two or three ſticks ſliced, a handful of Lavender ſpike, and let the lye ſtand nine daies, and then ſtrain it, and ſeeth it one wave and ſcum it, then put all the hearbs and ſpices therein, and ſo occupie it when you think good, with a ſponge wet your hair and then let it dry in of it ſelf; this will keep your head from aking, and make your hair as yellow as gold.

Another to make the hair yellow.

Take the rinde or bark of Rubarb, and take the ſcraping thereof and ſteep it in white wine, or clear lye, and after that you have waſhed your head therewith you ſhal wet your hair with a ſponge, or ſome cloth kept for that purpoſe, then let your hair dry againſt the fire, or Sun, and the oftner that you uſe it the better it will prove, as I have often tryed.

For to ſtay hair from falling.

Take and make ſtrong ſtanding Lye, and take a great company of Iſope roots and burn them to aſhes, and mingle the aſhes and the Lye together, and therewith waſh your head, and it will keep the hair from falling;

falling off, and uſe this often, it is well proved. Alſo if you take the aſhes of little Frogs being burnt, it ſtayeth the falling of the hair; and the aſhes of Goats dung mingled with oyl, doth increaſe hair.

Another for the falling of hair.

Take the aſhes of Culver-dung in Lye, and waſh the head therewith. Alſo Walnut leaves beaten with bears ſuet, reſtoreth the hair that is plucked away. Alſo the leaves and middle rinde of an Oke ſodden in water, and the head waſhed therewith, is very good for this purpoſe.

For to kill Lice in the Head.

Take Frankenſence and Barrows greaſe, boyl them together in a pan of earth, and with this oyntment rub the head where the Lyce is, and it will kill them.

Another to kill Lyce in the Head.

Take Staveſaker and beat it to powder, and mingle it with black Sope, and annoint the head therewith, and it will be quickly clean.

For the Nits in the head.

Take the gall of a Calf, and ſmear the head therewith, and it will kill the Nits.

For worms in the Hair.

Take and rub *Ca'amint* on the head, and it will ſlay the worms in the hair.

For

For to do away hair.

Take the head of Nettles and ſtamp them, and temper it with Eyſel, and annoint the head therewith, but firſt ſhave or pull away the hair, for it is better. After this you muſt ſweat, and when that you are hot then annoint your head therewith; and do this three daies, and there will grow no more hair in that place. Alſo take the gum of *Arabick*, and annoint the place where the hair groweth, and it ſhall quickly fall away.

For to take away hair.

Take the ſhells of two Eggs, beat them ſmall, and ſtill them with a good fire, and with that water annoint the place: or elſe take hard Cats dung, dry it, and beat it to powder, and temper it with ſtrong Vineger, then waſh the place with the ſame, where you would have no hair to grow.

An experiment for to take away hair.

Take the blood of a Snail without a ſhell, and it hindereth greatly the growing up of hair. Alſo take *Labdanum*, the gum of an Ivie tree, Emmets Eggs, Arſenick and Vinegar, and bind it to the place where you will have no hair to grow.

Another for to take away hair.

Take the juyce of Fumatory, and mixe it with

with gum *Arabick*, then lay it on the place, the hairs first plucked out by the roots, and it will never permit any more hair to grow in that place. Also if you annoint your head with the juyce of a Gloworm: stamped, it hath the same vertue.

For the Scurffe in the head.

Take of the decoction of Mallow roots, and wash your head often therewith, and it will cause the scurffe to fall away. Also the decoction of the middle rinde of an Elme, the head being washed therewith doth mightily drive out the scurffe.

Another for the scurffe in the head.

Take Vinegar and boyl it in wine lees a little, and annoint all over the scurffe, but first cleanse it, and it will mightily heal and dry it. Also take the branch of a green Fig-tree, with the leaves, and stamp them in water, and it will heal the scurffe being washed therewith. If the scurffe be new, use this medicine daily with Vinegar, and annoint the head therewith; this hath been proved.

For Wheales or Pushes in the head.

Take and wash your head with Vinegar, or with water wherein Camomel hath been sodden. Also the leaves of Violets stampt with Hony, doth lightly heal the same.

ſame. Alſo Town Creſſes ſtampt with Gooſe-greace doth ſpeedily heal the Puſhes or Wheales that be in the head.

For a ſcald head.

Tak ea penny-worth of Lamp oyle, and half a pint of fair water, and boyl it well together, and when it is cold, put thereto half a penny-worth of Quick-ſilver, and temper it well together, and anoint the head therewith.

For a ſcald head.

Take the liver of a Thornback and ſeeth it by it ſelf, then take ſix roots of *Enula campana*, and ſeeth them by the ſpace of three hours in clean water, of Houſleek three handfuls, ſtamp them and mingle them altogether, and ſtrain them through a linnen cloth, and make an oyntment of them, and annoint the head therewith, and if the hair be gone, take a handful of wool and burn it to powder, and annoint therewith the head that is pilde, and the hair ſhall grow as thick as ever it was before.

Another for a ſcald-head.

Take groundſel and Barrows greace, and chop the Groundſel ſmall, and boil it with a ſoft fire with the Barrows greace, and ſo clip off the hair, and therewithal annoint the ſcald head.

For

For to heal a white ſcald in the head.

Take hounds-tongue and borage roots, of each a like quantity, waſh them fair and clean, then ſhred them, and chop them ſmall in pieces, ſeeth them in vinegar about half a pint and more, then put in a little ſweet Butter never ſalted, and let them boyl together till they be ſoft, then ſtrain them through a clean cloth, and it will be a pleaſant ſalve, then take a feather and annoint the Patients head withal, but you muſt uſe to waſh the ſcald head with Cow-piſſe, or elſe with fair water; and this will heal the white ſcald head.

Another for to heal the white ſcald.

Take green Coperis, Roſen, Wax, Sheeps ſuet, Hony, and beat them ſmall together, and boil them well, and it will be a very fair ſalve, and this will heal any white ſcald, proved.

For the brain an experiment.

Take the Sirop of red Roſes, with the powder of *Lignum Aloes*, and the bone in the Harts heart, Cloves, and the leaves of red Roſes, or the cakes thereof, and ſeeth them all together with ſugar, and give the Patient thereof to drink faſting, morning and evening. *For the Brain another.*

Take the ſmoak of *Lignum Aloes*, and it com-

comforteth the cold brain, and all weak parts of the brain, and the head.

For to reſtore the Brain.

Take and make powder of Betony, and uſe it in thy pottage, and it will reſtore the brain. Alſo take and chew Mace in your mouth. Alſo put into thy noſe the root or the juyce of Galingal, and it is good for the brain or memory.

For the weakneſſe of the brain.

Take and ſmell to Musk, and for default of ſtoppings of the noſe, when it wringeth the heart and upper limbs, and cauſeth them in a manner to ſound: take of the fume of the musk beneath. Alſo to comfort the brain, uſe both Cloves and Mace in your broths that they be ſodden in, and alſo in your noſtrils. If the Patient have the rheum or poſe, put the powder of *Cardomomum*, and the oyl of Musk in an Egs-ſhell till it ſeeth, and therewith anoint the head.

For the flegme in the brain.

Take the juyce of red Docks, with the juyce of Rue, and put a little thereof in the noſtrils, and uſe this in a Stue, or very warm place.

For him that hath loſt his mind.

Take the juyce of Marigolds, of Sage, of

of Wormwood, of each of them a ſpoonful, and take as much white Wine and put it thereto, and let him drink it at even, and as much in the morning cold; and uſe it for five daies.

Another for him that hath loſt his mind.

Take and ſhear off the hair of the mold of his head, then take Archangel, and ſtamp it, and bind it to his head where it is ſhaven, and let him ſleep for a while, and when he awaketh he ſhall be right meek, and ſober enough.

For to keep a good memory.

Take Mug-wort, and lay it in white Wine, and then take it and diſtil it, and uſe to drink of it faſting, and it ſhall preſerve the memory. Alſo to take the juyce of *Zipulus* and drink it faſting, cauſeth a good memory.

Another for memory.

Take and grind muſtard ſeed with Vinegar, and rub it mightily on the plants of the feet, and it doth quicken the memory of ſuch perſons as have been long time ſick, and will ſtir them up from all kind of forgetfulneſſe of memory, and maketh them mindful of ſuch buſineſſe that they take in hand.

Againſt forgetfulneſs.

Take Rue, red Mints, Oyle Olive, and with very ſtrong vinegar, let thy noſtrils be holden over the ſmoke thereof. Alſo burn thine own hair, and mingle it with vinegar and a little pitch, and apply it to thy noſtrils, for it wonderfully ſtirreth and quickneth the perſons diſeaſed with forgetfulneſs. Alſo take the Lights of a Hog laid unto thy head being ſhaven is very good.

Another for forgetfulneſs.

Take the gall of a Crane, being made warm in a leaden veſſel, it doth thorowly ſtir up the diſeaſed body, if the nape of his neck, be annointed therewith. Alſo take the ſmoke of *Gaibanum*, or of an Harts horn, which is beſt of all for forgetfulneſs. Alſo the skin of an Hart burnt, and the aſhes thereof drunk with *Calamint*, healeth the diſeaſe of the Lethargie.

Another for the ſame.

Take Savoury and beat it, and ſeeth it in Vinegar, and lay it in the form of a plaiſter to the hinder part of the head, it doth meerly awaken thoſe that are very heavy with ſleep, nothing doth more and better quicken forgetfulneſſe in men or women. Alſo the ſume of a Kids skin, doth quicken forgetful perſons, and thoſe that be infected

fected with the falling ſickneſſe.

For the Frenſie in the head.

Take oyl of Roſes, oyl of Violets, of every of them twenty poys, and as much of the water of a Cowturd, and put it in a new veſſel of earth, and boyl it till all the water be boyled away; then put out that, and put in other into the ſame veſſel, as much of that water, and boyl it thus ſeven times, and then put thereto half of the fourth part of the poys of *Camphire*, and mingle it well together, and uſe it on his head for the Frenſie, when it is new ſhaven.

Another for the Frenſie of the head.

Take the juyce of Smallage, Verjuice, or Vinegar, oyl of Violets or Roſes, being put together in a veſſel of glaſs over the fire, all hot lay it to the Patients head, and ſo annoint the head all over being ſhaven.

Another for the ſame.

Take and annoint the head with Vinegar, and with oyl of Roſes put thereto, and it is very good againſt Lethargy or Frenſie, and for vomit of blood, the quantity of four drams, taken with wine profiteth much.

For the frenſie in the head.

Take the hot lights of a Goat, and clap

it

it to the head of the Patient that is vexed with the Frenſie, and it taketh it away preſently; and ſo doth a Sponge dipt in warm wine and put to the left pap. Alſo the root that is called Neproyal, boyled and laid to the head, will draw forth all madneſſe.

An experiment for the Frenſie in the head.

Take a red ſtone that is found in a Swallow, and let the Patient carry it about him faſt tyed in a linnen cloth, and put it under the left arm, and it doth heal all frenſie and lunatick perſons. Alſo a roſted Mouſe eaten, is very good for frenſie. Alſo ſeeth Henbane in ſweet wine, and therewith waſh the frenſies ears, temples, and noſtrils, and it provoketh ſleep.

For the Megrim in the head.

Take four handfuls of red roſe flowers freſh in Summer, and in winter three handfuls of Camomel, and as much of verven; and break them ſmall with your hand, and boyl them in a pottle of white wine of Gaſcoyne, if it may be had, and if not in Rochel wine, till it come to a quart, and put them in three bags broached flat like a plaiſter, and lay it where the pain is, as hot as the Patient may ſuffer it, and change them ſtill hot and hot, during a day and a night, and longer if need be.

Another

Another for the Megrim.

Take half an ounce of Galingal, and an ounce of Ginger, Nutmegs half an ounce, Cloves a quarter of an ounce, Aniſeed a penny weight, *Enula Campana* a quarter of an ounce, Licoriſe half an ounce, Sugar half an ounce, and beat all theſe together, and let the ſick uſe of this powder firſt and laſt a ſpoonful at once, and within four daies God willing he ſhall be whole.

Another for the megrim in the head.

Take an ounce of Staveſaker, and beat it to powder fine, then take the third part of the powder, and the white of an Egg, and a Nutmeg, and a little Cummin, a quantity of flax ſmall hacked, beat them together, and lay it plaiſter-wiſe on his forehead when that he goeth to bed, if he bleed he ſhall be quickly whole; if not, lay it on the oftner untill he bleed.

Another for the Megrim.

Take Cummin and beat it as ſmall as you can, that ſo done, ſift it through a fine cloth, and take the fineſt thereof, and put thereto the quantity of the gall of an Oxe, and beat them together till that they bee thick, and then make a plaiſter thereof and lay it to the nape of the neck, and it ſhall help them.

For

For the ſame a Medicine.

Take Daiſie roots, leaves and all, and beat them, and wring out the juyce, and put of the juyce into the noſtrils of the perſon that is troubled with the Megrim in the fore-part of the head, ſo that the Patient may lye, that they may void down the juyce that diſcendeth from him or them.

For to know if that the brain-pan be broke.

If the fleſh bee whole above, take and ſhave the head there as the ſore is, and double a linnen cloth, and ſpread on the white of an Egg, and binde it to one night, and on the morrow take it away, and look if the cloth bee moiſt or dry, for if it bee moiſt the pan is broken, and in the ſame place carve the fleſh, and let the blood out, and annoint it with an ointment made therefore, and thus thou ſhalt ſave him, or elſe he is but dead.

For the Fiſtula in the head.

Againſt the fiſtula in the head, take and ſeeth bitter *Lupines* in ſalt water, and put vinegar to them, and then ſtrain it, and in the ſtraining thereof put of the powder of *Germander*, and waſh the head therewith.

For the Fiſtula in the head.

Againſt the fiſtula in the head, take and gather

gather the roots of Egrimony, and drye them in the ſmoak, and after that it is dry, take and hang it about the neck of the Patient, and it will help him.

For the Megrim, and for the impoſtume in the Head.

Take the four penny weight of the root of Pellitory of *Spain*, a *ob.* weight of ſpicknard, and boyl them in good vinegar, and when it is cold, put thereto a ſpoonful of Honey, and a ſaucer full of muſtard, and mingle them well together, and hold thereof in thy mouth a ſpoonful at once, and uſe this nine times, and uſe for to ſpit it out continually.

For an impoſtume in the head.

Take Galingal half an ounce, Nutmegs a quarter of an ounce, Cloves a penny weight, the flowers of Canel, a penny weight of Spicknard, a *ob* weight of Aniſeed a quarter of an ounce of *Enula Campana*, half an ounce, of Licoris, of Sugar half an ounce, and beat them well together, and uſe of this powder firſt and laſt, a ſpoonful at once.

Another for the Impoſtume in the head.

Take Betony, Sage, red Mints, red Fennel, of each three corps, and eat them eight dayes together, or fourteen daies; and after

ter take the green rinde of the Elder ſtick of one years growing, and put the juyce ther-of into thy noſe three daies, three times a day, lying upright, the ſpace that one may go a mile.

For the Head-ache.

Take Roſe Cakes, and ſtamp them very ſmall in a Morter with a little Ale, and let them be dryed by the fire on a Tileſhard, and lay it to the nape of the neck to bed-ward? proved.

Another for the Head-ache.

Take Hemlocks, and ſeeth them till they be as ſoft as pap, lay it to the head where the pain is, and let it lye all night, and on the morning lay on another hot plaiſter of the ſame, and uſe this four or five times, and by Gods grace the Patient ſhall bee eaſed.

Another for the Head-ache.

Take a poſſet and lay it hot upon the head, and let it oft be laid to, for ſo cured a Phyſician divers cures. And alſo take the oyl of Camomel, and annoint the brows and the fore-head, and labour it very well, and lay the Patient down, and make him ſweat, and it ſhall help him. Alſo mingle a ſpoonful of the juyce of Betony with as much Wine, and as much Hony, and put

thereto nine pepper corns, and drink it four daies together: proved.

For the Head-ache.

Take juyce of black Ivy, and juyce of Rue, the oyl of Roſes, white-wine, and Vinegar, and mingle all together, and annoint the temples therewith.

For the Head-ache.

Take a handful of red Sage, a handful of red Roſe leaves ſliced, a handful of Camomel-flowers dryed, a handful of Bay ſalt, a peece of leavened bread, two Nutmegs, beat them all together, and make as it were a quilt, and rub over the hearbs, and then lay it over his head in the form of a plaiſter.

For the Head-ache: proved.

Take white Earth-bind and make juyce thereof, and put it into thy noſe, and it ſhall purge thy head of rhume, and it doth away the head-ache. Alſo Lecks with the leaves ſodden in wine, and emplaiſtered about the temples and the fore-head, it doth away all the head-ache. Alſo take Muſtard-ſeed, Saffron, Roſe flowers, or the leaves, and mingle them with ſope, and make a plaiſter thereof, and bind it to the head. Alſo take Incenſe, Doves dung, wheat meal, and temper them with the whites of Eggs,

Eggs, and bind it to the fore-head, and the temples, and it doth away all aches of the head. Alſo waſh the head with Lye made of the powder of Coleworts, of red Nettles, and of white-Wine, and it doth away the ache without doubt, for this is a true experiment, proved.

For aking of the Head.

Take and make Lye of Vervaine, or of Betony, or of wormwood, and therewith waſh thy head thrice in the week, and it ſhall do thee very much good.

For the vanity of the head.

Take the juyce of Wal-wort, Salt, Hony, Wax, and Enſence, boyl all them together, and therewith annoint the temples.

For the vanity of the head, and to waſh the head, and to comfort the brain and memory, and for a fair face.

Take Lye that is not too ſtrong, and put two pills of Oranges, the pills of as many Citrons, the bloſſoms of Camomel, Bay leaves a handful, of Maiden-hair a handful, of Egrimony two or three ounces, of Barly-ſtraw chopped in pieces, a diſhful of Fenegreek, a pound of Wine Lees, two or three diſhfuls of Broom bloſſoms, put all theſe into the Lye, and mingle them together, and ſo waſh the head therewith,

and put a little Myrrhe and Cinamon: this is proved.

For the Lethargie in the head, in the hinder part, which maketh it for to ſhake.

Take a pure Black Cat and flea her, and pull out her bowels, and pick away the fat from the guts, and put them into the body again, and fill the body full of Muſtard-ſeed, well ſteeped in the juyce of Nep, and Sage, and then ſow the body up, and roaſt it upon a ſpit till it bee ſo dry that it drop no more moiſture, then take the dripping that cometh thereof and put it in bladders, and when you will occupy it, ſhave the Patient in the neck, and annoint him by the fire in the joynt next to the head, and it ſhall help the grieved.

Another experiment for the Lethargie in the Head.

Take and make the decoction of Tutſan, Smallage, and of Sage in ſalt-water, and waſh the hinder part of the head therewith. Alſo take and ſeeth *Caſtoreum* in ſtrong vinegar, put thereto of the powder of *Anacard*, and annoint the hinder part of the head therewith.

Another

Another for the Lethargie in the hinder-part of the Head.

Take and chop the roots of *Siperus* very ſmall, and ſeeth them in oyl till the oyl be nigh waſted, then lay the reſidue that is left on the hot coals, and let the Patient take the ſmoak thereof at his mouth and noſe, and it will help him. Alſo bind the powder of *Euſtorbium* in a fine cloath, and hold it ſo to his noſe that he be conſtrained to ſneeſe. Or elſe take and make an oyntment of *Euſtorbium*, of Pepper, and of *Caſtoreum*, with oyl of Musk, or common oyl, with theſe powders, and juyce of Gourds, and annoint and rub the hinder part of the Patients head: proved.

For to purge the head and to cleanſe it.

Take Pellitory of *Spain*, and chew a good quantity of the root in thy mouth three ſeveral daies, and it ſhall purge the head, do away the ache, and faſten the gums.

For to purge the Head, an experiment.

Take the ſeed of *Stoni ſacræ*, and beat it all to powder, and when it is beaten ſmall, take a fine linnen cloath, and put the powder therein, and make thereof a little ball the quantity of a haſel-nut, and put it in thy mouth, and role it to and fro betwixt thy

teeth, chawing and holding down thy head the ſpace of an hour, and it will purge thy head, and thy gummes, and keep thy teeth from aking, this alſo cleanſeth all filthineſſe out of the head and brain.

For to purge the head of what cauſe ſoever.

Take a handful of Betony, a handful of Camomel and a handful of Vervain leaves picked, and ſtamp them, and ſeeth them in black woort or in Ale, and in the latter end of the ſeething, put to it a little Cummin brayed, the powder of Hartſ-horn, and the yolks of two eggs and a little ſaffron and ſtir them well about, and lay a plaiſter thereof hot over all his fore-head and temples. Alſo if you put to it a little vinegar, it is a remedy for to purge the head, and for the Megrim beſide.

Another for to cleanſe the Head, the Breſt, and the Stomack.

Take three handfuls of Centory, and ſeeth it in a gallon of water unto a pottle, and then cleanſe it, and put thereto a pinte of clarified Hony, and ſeeth it ſoftly to a quart, and drink thereof two ſpoonfuls at once early in the morning, and late in the evening.

For

For all manner of Head-ache.

Take Vervain, Betony, Worm-wood, Celendine, Wall-wort, Rue, and the bark of the Elder, Hony and Pepper, and all whole, ſtamp them together, and ſeeth them in water, and drink it early and late: proved.

Another experiment for the ſame.

Take Rue, Eboney Betony, Vervaine, Mints, Hilwort, red Fennel, Worm-wood, Southern-wood, of each a handful, waſh them, and ſhred them ſmall, then ſeeth them with water in an earthen pot, and waſh thy head with ſome of the water, then mingle the hearbs with Wheat-bran, and make a plaiſter thereof, and lay it on the mould of his head as hot as may be ſuffered, then bind it to with a Kerchief, and within five times dreſſing of the Patient, he ſhall be whole.

Another experiment for all manner of Head-ache.

Take Rue, Vervain, Worm-wood, Sage, Wal-wort, Eboney, red Fennel, Plantain, the green of an Elder, between the bark and the tree, of each a handful, waſh them, and ſtamp them ſmall, put them in a new earthen pot, with a pottle of red Wine, and a pottle of ſtale Ale, ſeeth

it to the half, put thereunto a quarter of an ounce of Pepper beaten, and ſtrain it through a cloath, and drink thereof nine daies eight ſpoonfuls at once, at evening hot, and in the morning cold, and waſh the Patients head with the Liquor, and it will cure all manner of head-ache.

Againſt the turne or dazeling in the head.

Let thy head be waſhed with the water of the decoction of three-leaved Graſſe, and lay a plaiſter of the Hearb to the Patients fore-head. Alſo Mints laid to the head, taketh away the pains that come of a cold cauſe. Alſo Miſtletow laid to the head, draweth out the corrupt humours; and the juyce of Onions caſt into the noſtrils, clenſeth the head. Alſo ſeeth Peniroyal, and lay it to the temples, or pour Baulm into the ears three or four times in the Sun, and it will cure the Patient of dazeling in the head.

Another for dazeling or ſwimming in the Head.

Take and make a plaiſter of Culver dung and Wheat-bran, temper them with the white of an Egg, and lay it to the contrary part of the head to that which is pained. Alſo the juyce of Ivy mingled with old Lard, is good for the ſwimming in the

the head. Alſo the pith of bread that was baked with Coriander ſeed, laid to the head, is good.

Againſt the Rhume in the Head.

Take and make a Pomander of the powder of *Cucubes*, Maces, *Labdanum* and Greek pitch, it doth remove from the brain all ſuperfluous humours: Maces, and *Cucubes* chewed in the mouth do the ſame. A plaiſter made of Garlick and Cloves ſtoppeth that humour which cauſeth the Rhume. Alſo Iſop boyled in the embers, and ſo laid to the head, ſtoppeth the rhume, and a little bag ful of Carvel, Salt, and Anniſeed is very good.

A Gargell for the Rhume.

Take Vinegar, Muſtard, a good quantity of Pepper, and boyl them all together, then let the party ſo grieved, put a ſpoonful in their mouth and walk up and down, and when it waxeth cold ſpit it out, and take another; and uſe it for a time, and for every one ſpoonful you ſhall void five: take it not in the froſt, this hath been proved.

For the Rhume another experiment

Take juyce of Coleworts, and draw it into the noſtrils, and it purgeth the head: Sorrel beaten with the oyl of Roſes is

good for the ache of the head. For the Rhume in the eyes, take Time and eat it, and it driveth away the Rhume.

For the Rhume in the head, another, proved.

Againſt cold Rhume, and other paſſions and ſwimming of the head, and ſuch other qualities: take three pills of *Caſſia*, of *Labdanum*, and *Storax Confecta*, with the juyce of Worm-wood, when the cauſe cometh of the head, this comforteth the brain: alſo make a Fumigation of *Caſſia Ligna* over hot Coals, and receive the ſmoke thereof at thy mouth.

A quilt for the Rhume, a ſpeedy remedy, proved often.

Take of *Olibanum*, *Bengeum*, *Storax Calaminta*, of each of theſe half a dram, of *Labdanum* two drams, of Nutmegs, and Cloves, of each half a dram, of Cummin a ſcruple, Maſtick half a dram, of Maces half a ſcruple, of *Lygula Romana* a dram, of Bay-berries a ſcruple, of the flowers of Roſes, of Camomel, of Violets, of each a dram, of the flowers of Betony a ſcruple, beat all theſe into groſs powders, and ſo let them be quilted with good red Scarlet flocks, in a piece of black Sarcenet, and ſo be laid upon the head to the nape of the

the neck, and let it lye there the ſpace of twenty hours, and then turn it, and thus for the Rhume it is moſt excellent.

An experiment for wounds in the head.

For to eaſe the ache and ſwelling wounds that be ſore in the head, or in any other place, ſo that the bones bee not broken. Take Mallows, Wormwood, Betony, Egrimony, Hil-wort, of each of theſe a handful, waſh them and ſtamp them, and put thereto three ounces of wheat-flower, as much honey, and as much Barrows greaſe, and ſtamp them all together, and put thereto red wine, and fry them, and lay them warm to the ſore, but lay a red Roſe leaf between the plaiſter and the wound, and it ſhall ceaſe the rage, and take away the ſwelling thereof.

For all manner of evil aches in the head.

Take Betony, Vervain, Worm-wood, Waybread, Rue, Wall-wort, Sage, the bark of the Elder tree, three corns of Pepper, and temper them together in wine, and drink thereof each day a draught early and late, till that he Patient bee well. Alſo take the gall of an Hare, and temper it with as much hony, and annoint therewi h the temples. A ſo Rue, and Eyſel, and ſmeer thy head therewith,

with, is wholſome. Alſo Camomel is good for the burning feaver that holdeth a man or woman in the head. Alſo Fennel ſodden in water, ſwageth the ache in man or womans head, when that the head is waſhed therewith.

Another for all manner of evil aches in the Head.

Take the greaſe of an Hart, and mingle it with Barly-meal and Sorrel, bind them and temper them all together, and plaiſter it to thy temples: for this hath been proved a right good medicine. Alſo take the juyce of Primroſe, and the milk of a Cow, and with a pen draw it up into thy noſtrils, and it ſhall purge thy head, and ſhall heal the party ſo grieved of the head-ache.

For to make a man to ſleep.

Take a quart of Almonds blended, and half a pound of Hemp-ſeed, three times waſhed, in clean water, and ſixteen Dates, ſtamp them together, and put thereto good ſtale Ale, and take an ounce of Poppy-ſeed bruiſed, and lay it in Ale three or four hours, and ſeeth them together, and ſtrain them, and give the ſick to eat of it, and it ſhall make him ſleep.

For to make a man ſleep, and for to come to quiet reſt.

Take red Roſes, Violets, the water of Mellilot, Lettice, of each a like quantity, a handful: white Poppy, white Henbane, of each half a dram, a little Dill-ſeed for to comfort the braine, bray all theſe together: then put them in a ſoft Linnen cloth twelve inches long, and three inches broad, quilt it, and tye it to his fore-head. Alſo take oyl of water Lillies, Poppy, Night-ſhade, Roſe-water, Vinegar, and womans milk, dip flax therein, and bind it to his temples: this hath been often proved.

For pain in the ears.

Take the juyce of wild Cowcumbers, and put it into the ears, and it aſſwageth the pain. Alſo put the wood of green Aſhe in the fire, and ſave the Liquor that cometh out at the end, and put it into the ears, it cauſeth the pain for to ceaſe, and amendeth the hearing. Alſo beat the juyce of VVorm-wood, and drop it into the ears: proved.

For the pain in the Ears.

Take and mingle the juyce of Betony with oyl of Roſes, and put it warm in the ears with a tent, and ſtop them well. Alſo

ſo take fair oyl Olive, and let it be blown out of a mans mouth that is clean and faſting, into the ears of a ſick man, let this be done three or four times, and let that ſide of the head bee turned downward, that the odour of the head may run out. Alſo take Almonds, and the Kirnels of Peaches, and let them bee clean pilled in hot water, and make oyl of them, and let the oyl be put into the ears of the Patient ſo grieved.

For the pain in the ears.

Take oyl of Roſes, and a little Vinegar, and put it to the ear, then make a bag of Camomel and Melilot, and lay it thereunto. Alſo Gooſ-greace being taken with a little Hony aſſwageth the pain in the ears. Alſo oyl of Almonds is very good for the pain in the ears: Alſo if there bee water in the ears, take a little Gooſ-greaſe, and the juyce of Onions commixed together, and ſo lay it to the ears: proved.

For deafneſs in the ear.

Take a piece of Green Aſhe and put it in the fire, and take the droppings of that water, and take the droppings of a freſh-water Eele, the oyl of bitter Almonds, of every one an equal portion, warm it by the fire, and let it drop two

or

or three drops in the ear ſo grieved, then take black Ewes wool, and dip the wool therein, and put into the ſame ear, and it will help the Patient ſo grieved, by Gods grace. Alſo take Betony, and Horehound, ſtamp them in a morter, and wring out the juyce, and let the Patient lye on that ſide, and ſo pour it into his ear, and let him take his reſt: this hath been proved:

For deafneſſe in the Head.

Take a Hedgehog and roſt it, and take the droppings thereof and put it to the Patients ears ſo grieved, and ſtop it with black wool, *& fiet.* Sometimes there chanceth deafneſs by winde which is in the ear, the which cauſeth tinkling in the head, then take a little *Aloes* in hot water, or in white VVine, and diſtil it into the Patients ear, then put a little *Euſtorbium* in powder into the parties noſe ſo grieved to make him for to ſneeſe, and to avoid as much filthy humours as you may.

Another for the deafneſſe in the Head.

Take Secades, Bay berries, Betony, Bay leaves, of each of them a handful, ſeeth them in white VVine to the half, and for an old man in Malmſey, then put

it

it in a veſſel that hath a narrow mouth, and hold your ears over it being unſtopped as hot as you can ſuffer it, being not too hot, nor too cold, alſo three drops of the oyl of Almonds doth the ſame.

For Worms in the Ears.

Take the juyce of V-Vorm-wood, Rue, Sowthiſtle, and put it in the Patients ear, and he ſhall bee whole. Take the juyce of Elder, and drop it into the ear of the Patient grieved; or take the juyce of Cockle, and mingle it with the juyce of Arſſmart, and put it into the ears ſo grieved.

For ache and worms in the Ears.

Take the juyce of Henbane, and put it into thine ears, and it will take away the ache, and kill the worms. Alſo take the powder of wild Gourds, and the juyce of Arſſmart, and put it into thine ears: Alſo for the worms in the ears, take Centory and Leeks, the juyce of them both, and put it into the ears, and ſtop it with black wool of a Sheep, that groweth between the legs, and it will help the Patient.

For worms in the Ears.

Take oyl of Roſes, oyl Olive, oyl of Exeter, *Aqua compoſita*, of each of them a like quantity, and compound your *A-*

qua

quavita with other oyls on the fire: then take Rue, and the Eggs of Ants, beat them ſmall, and compound them altogether being well boyled, and then put it into the ears, dropping it in three or four times, and he ſhall find eaſe.

To cauſe a man to hear well.

Take and make a round Loaf, and fill it full of Sage, and bake it, and when it is baked then break or cut the loaf in the midſt, and binde it to the ears, as hot as he may ſuffer it; let this be uſed three or four times, and it will cauſe the Patient ſo grieved for to hear well.

For the running in the Ears.

Take the juyce of Elder, and drop it in the ear of the party grieved, and it clenſeth the matter and the filth thereof. Alſo the juyce of Violets uſed, is very good for the running of the ears. Alſo take the gall of a Weather, and Hony, of both a like portion, mingle them and put them into the ears.

For the running in the Ears.

Take the gall of a Goat and womans milk mingled with Hony and Myrrhe, and it will help you. Alſo boyl the juyce of Fennegreek, and put it in a hollow Onion in the fire, then put of the ſame juyce

juyce ſtrained into thine ear, and lay the Onion likewiſe over thine ear in manner of a plaiſter; alſo the Urine of a man-Childe being poured into the ear, dryeth the humours, and taketh away the running of the ears.

For the impoſtume behind the head.

Take Beans and mingle them with meal, and the juyce of Fenegreek, and it helpeth the Patient ſo grieved with the Impoſtume behind the ear, but it muſt be laid Plaiſter-wiſe.

Another for the ſame.

Take Milk and Allom and make a poſſet, and when the Allom hath turned the milk, lay the Poſſet curd to the Impoſtume, and it will break it. Alſo to deſtroy an Impoſtume in what place ſoever, take the root of Hollihock and waſh it clean, then ſeeth it till it be tender, then put out the water, and put to the root Linſeed and Fenegreek, and Barley meal, mingle them well together, and fry them with Boares greaſe, and lay it to the Impoſtume Plaiſter-wiſe, and it will cure the ſame.

For all manner of ſore eyes.

Take Fennel, Rue, Vervain, Enſrance, Betony, Endive, Fenegreek, Hil-wort, Pene-

Peneroyal, red Roſes, Maiden-haire, of each alike much, alſo four ounces of oyl Olive, ſtamp them, and put them in a veſſel of glaſſe, and ſtill them in a ſtillatory, and as it ſtilleth part it in three parts the firſt water you muſt keep by it ſelf, for it is as precious as ſilver; the ſecond as gold, the third as balm; all theſe waters muſt be kept in very clean glaſſes cloſe ſtopped, and ſo uſe any of them.

A precious water for the ſight of the eyes made by King Edward *the ſixt.*

Take Smallage, red Fennel, Rue, Vervain, Betony, Egremony, Pimpernel, Enfrance, Sage, Selondine, of each a like quantity, firſt waſh them clean, then ſtamp them, and put them in a fair brazen pan, with the powder of fifteen Pepper corns, fair ſeirced into a pinte of good white wine, then put them into the herbs with three ſpoonfuls of Hony, and five ſpoonfuls of the water of a man-childe that is an Innocent, mingle all together, and boyl them over the fire: and when it is ſod, ſtrain it through a fine linnen cloth, and put it into a glaſs, and ſtop it well and cloſe till you will uſe it, and when you need, put a little thereof into the ſore eyes with a feather; but if it were

drv,

dry, then temper it with white-wine, and it profiteth much all manner of ſore eyes; this water was uſed by King *Edward* the ſixt.

For the Pin and the Web, and the Fellon in the eye.

Take the gall of an Hare, and hony, of each alike much, mingle them together, and take a feather, and put a little into thine eyes, and it will heal them within two or three daies, and ſave the ſight on warrantiſe: this hath been often proved.

For the Pin and the Web in the Eye.

Take a quart or a pinte of Strawberries when they bee ripe, and put thereto as much white wine as Strawberries, then put them in a clean veſſel and let them ſtand nine daies hot, ſtir them very well every day twice or thrice, and the tenth day put it in a bagg of Canvas, and let it go through hot, you muſt not wring it hot, let it go through of it ſelf, then take the clear and put it in a Vial of glaſſe, then take *Calamint*, that is, a ſtone, and put it in the fire till it bee red hot, and then quench it in white wine nine ſeveral times, and when thou haſt done thus, take the ſame ſtone and beat it to ſmall

powder

powder in a brazen morter: if you have a pinte of water, then put therein one ounce of the ſaid powder, and mingle them well together, and keep it well, for this is a precious water for the Pin and the Web in the eye.

Another for the ſame.

Take Enfrance a good quantity, and ſtamp it well, and wring out the juyce through a cloth, and uſe it; or take Boars greaſe, Capons greaſe, Gooſe greaſe, and melt them together in a pan, ſtir them well with a ſtaffe till it be well boyled, then let it cool, and put it in a box, and at night uſe to put a little thereof in the eye when thou goeſt to bed, lying upright.

Another for the Pin and Web in the eye.

Take an Egg and roſt it hard, and in the white thereof put as much Coperas as a peaſe, then being hot wring it thorow a cloth, and let it drop in the eye one good drop; this hath often been proved good both for old and young.

For to clear the Eye-ſight.

Take and chafe the greaſe of any manner of freſh Fiſh-water againſt the Sun, till that you have the ſlime thereof, mingle it with Hony, and therewith annoint thine eyes.

For

For to clear the eye-ſight.

Take and drink the juyce of Rue, and it will ſo clear the eye-ſight, that if the Sun do ſhine ye ſhall ſee the Stars at noon-day. Alſo take the gall of a S ine, or elſe the gall of a white Cock, and put it in a glaſſe, and annoint the eyes therewith nine daies, and thy ſight ſhall bee as clear and perfect as ever it was; this hath been proved.

For the Pearl in the Eye.

Take white Ginger, and rub it on a whet-ſtone of Norway into a pewter ſaucer, and do thereto white wine, and then take a feather and waſh the eyes therwith: proved.

A precious Water for the pearl in the Eye, and for red bleared eyes, and for to keep a man young.

Take Lummel of Gold, of Silver, of Laten, of Lead, of Iron, of Steel, of Litargie, of Silver and Gold, with a little Camomel, and as much Columbine, put theſe into the urine of a Male-childe, and let it ſtand a day and a night; the ſecond day in warm white wine, the third day in the juyce of Fennel, the fourth day in the juyce of Eggs, the fifth day in womans milk, the ſixth day in red wine, the ſeventh

ſeventh day in the white of Eggs, the eighth day put them together and ſtill them, then put the water very cloſe in glaſſes for your uſe. This water deſtroyeth all evil in the eyes. Alſo if it be drunk it keepeth a man young, and is of wonderful great vertue.

For bleared Eyes.

Take the juyce of Cowſlips, and the water thereof diſtilled being taken, and the eyes annointed therewith helpeth all bleared eyes, and taketh away the redneſſe.

For heat and ſwelling in the eyes.

Take white bread, and Southernwood ſodden in water, and therewith bathe the eyes, and it will draw away the heat and ſwelling of the eyes without any pain. Alſo for ſwelling or running of bloody eyes, take and ſeeth red Snails, and gather the greaſe thereof, and annoint thy eyes therewith, and they will bee whole, by Gods grace.

For ſmarting of the eyes.

Take womans milk, and the juyce of Centory, and mingle them together, and waſh well the eyes therewith. Alſo the juyce of Betony is very good with white wine: proved.

Another

Another for ſoreneſſe in the eyes.

Take Fennel, Rue, Vervain, Enfrance, Endive, Betony, and red Roſes, lay all theſe a day and a night in white-Wine, the ſecond day ſtill them with a ſoft fire, then keep it in a glaſſe, this water is as good as balme for all manner of evil eyes.

For a mans eye that is blew or black with a blow or a bruiſe.

Take the white of an Egg and Parſley, and beat them together, and make it as thick as an oyntment, and lay it to the eye-lids all cold. Alſo take the gall of a Hare, and temper it with Hony, and annoint the eyes therewith. Alſo take red Snails in water with Capons greaſe, and annoint the eyes therewith.

For running or watry Eyes.

Take of Betony and Hony a like quantity, fry them and ſtrain them through a cloth, and annoint the eyes therewith. Take alſo Columbine and wring out the juyce, and annoint the eyes therewith. Alſo take a red Colewort leaf, and the white of an Egg, and annoint therewith the watry eyes when thou goeſt to bed. Alſo to make the eyes clear and bright, take the blood of ſmall birds and Hony, and annoint the eyes therewith, and thou ſhalt clearly ſee.

For

For blood-ſhotten Eyes.

Take the tops of white Worm-wood, and the leaves of Filladane, ſtamp them and mixe them with the white of an Egg, and Roſe-water, and make thereof a Plaiſter, then binde the ſame to your eyes at night when you go to Bed, and it will help you.

For to drive blood from the eyes.

Take the powder of Cummin, of Warmote, and the white of an Egg, make a Plaiſter thereof upon hard Flax, and lay it to the eyes. Alſo for to clear the eyes, take Walwort, Rue, red Fennel, ſtamp them together, and temper them well with white wine, and ſtrain it through a linnen cloth, and ſo drop it at night into thine eyes lying upright in thy bed.

For bloody or watry Eyes.

Take a quart of white VVine, and put thereto the fat of ſixteen peeces of Bacon the breadth and thickneſſe of a groat, and a good ſaucer full of Hony, and put them in a Latin baſon clean ſcoured, and ſtir them well together, and cover them with another baſon the ſpace of nine daies: then take off the baſon and ye ſhall finde a cream, break the cream a little, and pour out the water that is underneath very

ſoftly into a glaſſe, and that water will help all manner of red eyes and watering; uſe it daily, and put one drop into thine eyes twice a day.

Another for bloody Eyes.

Take the juyce of Rue, and powder of Cummin, and mingle them together, then take Cotton and dip it well therein, and lay it to the eyes, and alſo annoint the temples, the brows, and the lids of the eyes therewith. Take alſo the roots of red Fennel, ſtamp them and wring out the juyce, then temper it with clarified hony, and make thereof an oyntment, and annoint thy eyes therewith, and it will take away the redneſſe.

For the eyes that are blaſted.

Take Tutty and Calamint, and waſh them with white VVine nine times, then grinde them upon a ſtone with ſome of the white VVine, and with Gooſe greaſe, and Capons greaſe, put hereof in the eyes early and late: this hath been proved.

A Medicine for a mans eye that is broken with a ſtaffe, or bruiſed with any ſtroke: this hath been often proved.

Take a pinte of white Wine, and a handful of red Roſe leaves, and as much Cummin

Cummin as thou canſt hold in thine hand, and cut all together, then ſeeth it well till moſt part be conſumed, then take that Liquor and put it into a glaſſe, and put thereof into thine eyes, do thus five or ſix daies, alſo waſh the ſore eyes therewith: and at night make a plaiſter of the ſame leaves that bee ſod, and lay them likewiſe upon the ſore eyes, and this will certainly heal the eye, though the ball thereof be cut, or hurt with a rod or ſtaffe, or any other kind of bruiſe in the eye coming of what cauſe ſoever: proved.

For the itching of the eye.

Take the oyl of Tutty, and annoint the eyes therewith. Alſo Sumach is good for the itching of the eyes cauſed of hot humours, and waſh them with that water before expreſſed.

A precious Medicine proved, for man, woman, or childe, that hath any ſore eyes. And this Medicine never faileth, but reſtoreth the ſight.

Take a ſtone called *Calamint*, and make it red hot nine times, and quench it four times in Roſe-water, and five times in white Wine, then take this ſtone that is thus quenched, and make of it ſmall pow-

der in a brazen morter, then take Frankenſence, as much as of the powder of the ſtone, and make it alſo to powder, and look that you have of them two even portions, as much as you will, then take Roſe-water and water of Rue, and water of Fennel of each of theſe three, two portions, of the water of ſtrawberries, and the water of Vervain, and the water of Enfrance, of each of theſe three, three portions, and put all theſe waters together in a clean veſſel, and then look how many ounces thou haſt of thy powder, to ounces of the aforeſaid waters that be mingled. Grinde the powder of *Calamint*, and of Frankenſence on a Marble ſtone as you would grind Vermillion, but you muſt grinde each one by it ſelf, then take freſh Swines greaſe of a barrow-hog, and wring the ſame very well through a clean cloth, and look that you have as much weight of cold greaſe as of the mingled waters: then take the powder of *Calamint*, aud boyl it with the greaſe, and with the mingled waters, over a ſoft fire of Charcoals without any ſmoke. And when thou haſt boyled theſe well together, put unto the ſame the powder of Frankenſence, and then boyl them all

all together till the ſmoke of the boylings ceaſe, and then take it from the fire and let it cool: but from the time that you ſet it firſt to the fire for to ſeeth, bee alwaies ſtirring it very buſily till it bee cold and thick; then take Camphire and pare it in ſmall peeces, then take of thy oyntment even as much, and grinde them together by parcels on a Marble ſtone, and when they bee well mingled together, then put it in a Box, with one ounce of *Calamint*, and an ounce of Frankenſence, Enfrance three penny-worth, and three penny-worth of Camphire, and he that hath any grievance or ſickneſſe in his eyes at night ſitting on his bed, let him take of this oyntment with his finger as much as a wheat corn, and hold it in his eye until it bee relented, and then dip his finger with the oyntment ſoftly between the lids of his eyes, and then let him lye down and ſleep, and on the morrow when hee riſeth, waſh the eye with Roſe-water, or with Enfrance water, or with Fennel water, or with Rue water: theſe waters bee good therefore, but ere thou waſh the eyes therewith heat the water a little over the fire, but look that you waſh not with faſting ſpittle, nor with no other

thing but one of theſe waters before ſaid, and thou ſhalt bee whole; this hath been ſurely proved.

For the Impoſtumes in the head.

Againſt the Impoſtume of the eyes, and web of the ſame, put the juice of Hony-ſuckle often therein, or mingle it with pure Hony and ſtrain it, and it waſteth the Impoſtume and the Web marvellouſly, and it was thus proved. One tooke a Cock and a Whelp, and pricked their eyes with a crooked Iron or Needle, ſo that they ſeemed that their eyes were out, and then he bruiſed this hearb and put it in their eyes, and they became fair and clear as they were before, at the which he did marvel; and proved it many times upon divers perſons.

For Worms in the Eye-lids.

Take Salt and burn it in a clout, and temper it with Hony, and with a feather annoint the eye-lids when the party goeth to bed.

For Worms in the Eye-lids.

Take Bay-ſalt and burn it in the fire, and then ſtamp it, and do thereto clarified Hony, and the water of Allom, and a little Copperas, and annoint the eye-lids when thou goeſt to bed, and this Medi-

cine

cine ſhall kill the worms that bee in the eye-lids: proved.

For ſtinking at the noſe.

Take Cloves, Ginger, and *Calamint*, of each a like much, and ſeeth them in white wine, and therewith waſh thy noſe. After that put in the powder *Piritrum*, to provoke one to ſneeſe, if there bee repletion fleam in the head: firſt you muſt purge the head with pils of *Colchie*, or of *Hiera picra*. Alſo if the ſtinking of the noſe come from the ſtomack: firſt purge the ſtomack, *& fiet.*

For the Polix of the noſe.

Againſt the Polix of the noſe, make a Suppoſitary or tent of a plaiſter called *Apoſtolicon*, and put powder of Copperas thereon, and put it into thy noſe, or make that tent of Cotton, and wet it in Salt-water, and lay of the ſaid powder thereon and put it in thy noſe. The ſaid powder is alſo good to fret the proud fleſh of ſuperfluity of blood of the noſe, but firſt burn it, then put it in old parchment and make powder thereof, and take Maſtick, and then make a tent of *Burſa Paſtoris*, with part of a ſtone called *Emachitas*, and put it in thy noſe.

For the Polix of the noſe.

To take and put the juyce of Ivy into thy noſtrils, is very good. The gum of Ivy made in an oyntment called *Dialibera*, hath power to chaſe and to conſume. Alſo againſt the Polix make a tent of *Apoſtolicon*, and the powder of burnt braſs, and lay it to the noſe, *& fiet.*

For the Poſe in the head.

Againſt the Rhume or Poſe, mingle the powder of Cummin-ſeed, and Bayberries, and put them all hot in a bagg, and lay them ſo to the head for the Poſe.

For the Noſtrils a Medicine.

For the highneſſe of the Noſtrils, and redneſſe cauſed in flux of humours: take the broth that *Olibanum* is ſodden in, but firſt in the morning pills of *Olibanum*, and at night to bed-ward the ſaid broth: theſe pils comforteth, diſgeſteth, and purgeth the ſtomack.

For the bleeding at the Noſe.

Take and mingle the powder of Betony with as much Salt, and put as much as you can take between two fingers and a thumb in the noſtrils, and the blood will ſtanch: alſo take and wet cotton in the juyce of *Burſa paſtoris*, and caſt powder of *Antimonium* upon it, and the bleeding will ſtanch.

For

For bleeding at the noſe.

Take a dram of *Bole armoniacke* waſhed, and mixe it in Roſe-water, and plantain water, and drink it, then binde the extream parts as hard as you may, and after make a tent of green Nettles, and put into his noſe. Moreover, if ſo bee that the Patient do hold in his hand Egrimony, the root and all, and drink the juyce of Knot-graſſe, the blood will ſtanch.

For bleeding at the Noſe.

Againſt the bleeding of the noſe that commeth by ebolition, or boyling of the blood in the Liver and veines: in Summer make Beans wet in the juyce of Roſe-water, and lay them to the fore-head, or temples: it hath been proved.

Another for the ſame.

Take Peruincle and chew it in the mouth, and it will ſtanch the blood.

Againſt the bleeding at the Noſe.

Take and wet the pitch of an Elder in the juyce of *Burſa Paſtoris*, and caſt powder of *Sumach* thereon, and put it to thy noſe. Alſo take and wet Cotten in the juyce of Blood-wort, and put it into thy noſe, and it ſtancheth blood. Alſo take the juyce of Nettles and rub well thy fore-head therewith, and it will ſtanch it.

Take the ſeed that hangeth upon a Haſel bow and burn it, make powder and blow it into thy noſe with a Gooſe-quil, or drink the juyce of Plantain, and the blood will ſtanch preſently.

An experiment for the Tooth-ache.

Take Betony and wilde Gourds, and put them in wine, or in Vinegar, and then put it into thy mouth as hot as thou mayſt ſuffer it, and hold it a good while in thy mouth, and it will take away the pain. Alſo take Henbane and bruiſe it, and hold it between thy teeth a good while, or lay it alſo upon the tooth that aketh, and it will aſſwage the pain. Take three or four raſes of Ginger, and bruiſe them with half a pinte of Ale, being ſodden therein till it bee waſted to a quarter, and put it into the parties mouth as hot as hee may ſuffer it, and it will take away the tooth-ache.

For the Tooth-ache.

Take ſtrong Ale, and Muſtard of the beſt, and gum Elder, and put it in a porrenger and ſet it over the fire, and ſtir it, and when it is thick, take it and hold it on that ſide that the pain is. Alſo take Henbane ſeed, and ſeed of Leeks, and Frankenſence, of each alike much, and lay theſe

theſe three on a glowing hot tile-ſtone, then take a pipe of Laten, that is wide at the lower end, and ſmall above, then ſet the wide end to the ſtone, and the ſmall upward, and let the ſmoak go into thy mouth, for this will kill all the worms: it hath been proved.

For the Toothache.

Take the root of Henbane and ſeeth it in Vinegar till the third part bee ſodden away, and with the ſame waſh thy mouth, and hold it in thy mouth a good while, and it will kill the ache. Alſo take the root of Henbane, and hold it between thy aking teeth, and it will do away the pain thereof.

For hollow Teeth.

Take *Aſſa fedita*, and put it in the hollow tooth, and it ſhall help them. Alſo take Rue and lay it to the hollow teeth, and chew it in your mouth, and lay thereof into the hole, and it ſhall aſſwage the pain thereof.

For hollow Teeth.

Take Vinegar and Muſtard, powder of Pepper and Pellitory of *Spaine*, and the kernel of a Nutgal, and boyl them all together, and put it into the hollow teeth, or elſe about the gums hot, and thou

ſhalt

ſhalt bee whole. Alſo take the ſeeds of Henbane, and beat it to ſmall powder, and mingle it with waxe, and make a little pellet that it may bee full of powder, and put it in the whole of the tooth that aketh, and it will kill the tooth-ache that is hollow: this hath been proved.

For Worms in the Teeth.

Take Pepper and ſtamp it, and temper it with good VVine, and ſup thereof warm, and hold it in thy mouth till it bee cold, and then ſpit it out, and thou ſhalt bee delivered of all anguiſh of the tooth-ache. Alſo take the ſeed of Henbane, and caſt it on a Chafingdiſh of coals of Charcoal fire, and hold thy mouth over the fire that the ſmoke may enter into thy mouth over a baſon of fair clean water, and thou ſhalt ſee upon the water as it were ſmall worms, that ſhall come forth at thy mouth. Alſo take Tanſie, bray it, and ſtop the hollow tooth therewith, and it will kill the worms, and take away the pains thereof.

Another for the ſame.

Take the root of Pellitory of *Spaine*, and waſh it clean and ſtamp it, and make thereof three ſmall balls in thine hand, every ball the greatneſſe of a plum, and lay

lay the firſt ball between the cheek and the tooth that aketh, by the ſpace that one may go a mile, and ever as the water gathereth, ſpit it out; and when thou thinkeſt it hath been there ſo long, put it out, and put in another, and ſo do till thou have ſpent all three, and then lay you upon your bed, and cover you warm, and when you have ſlept you will bee whole: this hath been oftentimes proved true,

To make teeth to fall out of themſelves.

Take ground worms, and a red hot Tile-ſtone, and burn them to powder, and put the aſhes into the hollow tooth, and cover it with wax, and they will fall out of themſelves. Alſo take the root of Henbane and make it in powder, and touch the tooth, and it will fall out, take heed that thou touch not any but that which is ſore. Alſo burn to powder a Harts horn, and rub thy teeth therewith and they will fall out. Alſo make dowe of VVheat flower, with the milk of ſpurge, and lay it about the tooth that is pained, and it ſhall fall out. Alſo take a water Frog, and a green Frog, and ſeeth them together, and gather the greaſe and ſmear therewith thy gums about the teeth,

teeth, and they will fall out quickly.

For yellow ſtinking Teeth.

Take Sage a quantity, and do as much Salt thereto and then Coffin it as thou wouldeſt make a Paſty, and bake it in an Oven all to coals, and thereof make powder, and therewith rub thy teeth. Alſo take green branches of Broom and burn them, and make powder thereof, and do thereto as much of the powder of Allom burnt, then mingle them together, and temper them with water, and therewith rub well thy teeth, and that will do away the yellowneſſe and blackneſſe, and the ſtinking of the teeth. Alſo take a handful of Cummin and ſtamp it ſmall, and ſeeth it in VVine, and give the party ſo grieved to drink twenty daies and it ſhall help them. Alſo maſtick chewed within a mans mouth, taketh away the tooth-ache.

To make Teeth white that be yellow or black.

Take flower of Rye, and Salt, and Hony, and mingle them well together, and therewith rub well thy teeth every day two or three times, and after waſh thy mouth with water, this will do away the yellowneſſe, and make the teeth white.

Alſo

Alſo take white Marble, Cuttle bone, white Coral, Salgeme, Bay Salt, Maſtick, and the pills of a Citeron, of each of theſe alike much, make them in very fine powder, and rub the teeth therewith every morning, and afterward waſh your mouth with white wine, wherein Dill or Camomel hath been ſodden. Alſo take Vinegar of Squils, and dip a little peece of cloth therein, and rub thy teeth and gums withal, the ſaid Vinegar faſtneth the gums, and comforteth the roots of the teeth. Alſo Scurvy graſſe doth the ſame. Alſo diſtil a water in a Limbeck of two parts of Salgeme, and the third part of Allom, and rub the teeth with a cloth dipped in the ſame, and it maketh the teeth white, and cleanſeth the gums.

To make the teeth clean.

Take Roſemary, Sage, and a quarter of Allom and hony, and boyl them together in fair running water, and when it hath been well boyled ſtrain out the fair water, and keep it in a glaſſe, and uſe it ſometimes to waſh your mouth and the teeth therewith, and it will make them clean. Alſo waſh your teeth with the decoction of our Lady-thiſtle root, and thy teeth ſhall bee faſtned, and alſo kept clean,

clean, and thy gums being ſore about the teeth ſhall bee made whole. Alſo the root of Horehound drunk, or chewed of a man faſting, doth quickly heal the gums, and maketh the teeth clean. Alſo Strawberry leaves taketh and cleanſeth the teeth and gums: a ſure and tryed experiment.

For the Gums.

Againſt ſwelling of the gums, waſh them firſt with Vinegar and Allom confected together, but firſt ſet Ventoſes, or boxes, with ſcarification on the neck or ſhoulder, or ſet the Ventoſes in the hinder part of the head, and ſcarifie in three days, then lay Horſleeches to the gums, and waſh the gums with Vinegar wherein Allom, Nutgalls, and Roſes hath been ſodden in, and with the ſame Vinegar waſh thy mouth three or four daies twice or thrice a day, and it will eaſe thee. Alſo againſt the rottenneſſe of the gums, take Cinkfoil and rub the cheek therewith, and it taketh away the rotting of the gums.

For the Gums that bleed.

Againſt the bleeding of the Gums, take powder of Coral, and of *Anthero* that is in the middeſt of the Roſe, and lay it upon the gums; or confect it with Hony, and

and annoint the gums therewith. The powder of Coral put to the gums, healeth them. Alſo for the gums that rotteth: rub them with Myrrhe, and it will help them. Alſo the ſume of Myrrhe received at the mouth, comforteth and purgeth the ſame.

For the Gums that are gnawn.

Take and ſeeth Cloves in water of Roſes, and then dry them, and make thereof powder, then temper the powder with Roſe water, or with Roſes, and that is beſt, and then dry it again in the Sun, and do ſo three or four times, and then temper the powder again with Roſewater, or with the juyce of Roſes, and annoint the gums therewith, and lay the powder on them.

For Bliſters in the mouth, and ſwelling of the lips.

Againſt the bliſters in the mouth, and ſwelling of the lips: take and ſeeth the Leaves of Maſtick in Vinegar, and with the ſame make a Gargariſm thereof. Alſo againſt fleaing, or rawneſſe of the mouth comming of feavers, and againſt ſmall bliſters and ſwelling: ſeeth yolks of Eggs in water, and then fry them till oyl come out of them, and with the oyl

confect

confect the powder of Pennets, Dragagant and *Amidum*, and annoint the grief. This powder confect with sirrop of Roses or Violets, is also very good therefore.

For chapping of the lips.

For the chapping of the lips: take Pennets and delay them in water of Dragagant, and annoint the lips therewith. Also for lips that bee broken with the winde, take the oyl of Almonds and *Propolio*, boil them over the fire, and let it bee somewhat hard, and therewith annoint the lips so chapped with winde. Also for new clefts, or chapping of the lips: lay the powder of Corral in the clifts, and keep well thy lips together, and bind a cloth thereto.

For swelling of the Cheeke that cometh of the Tooth-ache

Take the juyce of the seed of Nettles, and the white of an Egge, Frankensence, and Wheat flower, and make thereof a Plaister, and lay it to the sore cheek, and it will do away the swelling thereof.

For the great heat in the mouth.

Take a pinte of water, and as much as a Nut of white Allom, and as much of Sage, a spoonful of Hony, and boyl all these together, and wash thy mouth with it.

For

For the Canker in the mouth.

Take a pinte of white wine, and as much running water, and the crops of Sage, two ſpoonful of life Hony, and as much Allom as an Egg, boyl all theſe together, and skim it well, clarifie it till the Allom bee conſumed, and when it is ſomewhat coldput it in a glaſſe, and uſe it. Alſo take the root of Selandine, and ſeeth it in white wine, and when it is well ſod take the pot down, and let the ſick hold over his mouth, and let the breath go into the body, and it ſhall kill the canker.

For the Canker in the mouth.

Take the juyce of VVoodbind, and the juyce of red VVorts, Hony, powder of Camomel, and powder of wilde Sage burnt; alſo take red VVine a pinte, a quarter of a pint of Hony, and as much Allom as a Doves Egg, and ſeeth them till the third part thereof bee waſted: proved.

Another for the ſame.

Take Vinegar, Allom, Muſtard, Rue, Avence, Iſop, hearb *Robert*, and ſeeth and ſtrain them through a cloth as hot as you may ſuffer it, and waſh your mouth oftentimes therewith, and it will heal the canker.

For

For the Canker in the mouth, and for ſtinking breath.

Take a handful of Woodbind, as much Plantain, and bray them ſmall, then take a pint of Eyſel, and another of water, and a quantity of Hony, another of Allom, keep all theſe waters together, in a glaſs, and waſh well thy mouth therewith, and hold it in thy mouth, and it ſhall deſtroy all Cankers and ſtinking breath, and ſave the teeth from rotting.

A very good Medicine for a Canker or ſore mouth.

Take a handful of VVoodbind, as much Plantain, and half a handful of Lavander-cotten, as much Sage, an ounce of white roche Allom, and three ſpoonfuls of Hony, bray all theſe in Vinegar, let theſe be moderately warmed, and put it into a ſtill with the herbs, and ſoftly diſtilled, and after meals waſh your mouth therewith three or four times a day: proved.

Againſt clefts and ſores in the mouth; ſteep Dragagant in Roſe-water, and wring it in a cloth, and with the glewy ſubſtance that cometh out mingle the powder of *Amidum*, and with a feather wet therein, annoint the ſore mouth therewith, and it will heal quickly. Alſo

Also for a man that cannot eat wel, take *Ambrose*, Peniroyal, Annice, Ach, *Organum*, Rue, swill these together with water, and drink the water morning and evening till thou be whole, proved.

For evil in the mouth or throat.

Take the leaves of the white Vine, and boyl them in fair water, and when it is well boyled hold thy mouth over, that the air may go into thy mouth, and then sup of the water, and hold it in thy mouth till it be cold, and then put it out and take more, and do so seven or eight times a day, and use this two daies together. Also do in like manner with the five-leaved Grasse, and use it seven or eight times a day, and three daies together, but it must bee sodden somewhat more then the leaf of the Vine, in fair water, and it will heal the Patient: this hath been oftentimes proved.

For unsavoury mouths.

Take the juyce of Endive with Suger and if the juyce bee thick or troubled, clarifie it, and so may all other juyces in this wise. Seeth the juyce of Endive a little, and let it stand, and that which is thick will go to the bottom, then take the thin Liquor, and strain it often through a cloth,

and

and wring it, and with that juyce in the bottom make a Sirrop with Sugar: if you will make it thinner, put the white of an Egg thereto.

For the ſtink in the mouth.

Take and make Pills of *Caſſia ligna* and eat of them, and they bee good for the ſtink of the mouth. Alſo for the ſtink of the mouth cauſed of rottenneſſe of the gums and teeth: take and waſh the mouth with water that garden Mints bee ſodden in, and rub the teeth with the Mints, or elſe with the powder thereof. Alſo chew Muſk, and it will do away the ſtink of the mouth. Alſo take the juyce of Vervain and bruiſe it, and put it in thy mouth, and hold it a good while cloſe in thy mouth, and it will take away the ſtink: proved.

To take away the ſtinking of the mouth.

Take and waſh thy mouth with water and vinegar, and chew Maſtick a good while, and then waſh thy mouth with the decoction of Aniſeeds, Mints, Cloves, ſodden in wine. If the ſtinking of the mouth come of a rotten tooth, the beſt is for to have it drawn out. Alſo you muſt waſh your mouth before meat and after, with warm water.

For

For to cleanſe the mouth, and to purge the humours from the mouth, which deſcend out of the head, it is good every morning faſting to waſh your mouth, and to rub your teeth with a Sage leaf, Pils of a Citeron, or with powder made with Cloves or Nutmegs. You muſt forbear all meats of evil digeſtion, and raw fruits.

For a ſtinking breath.

Take oyle *Doret*, Turpentine, Hony, oyl Olive, Virgin wax, as much of the one as of the other, and boyl them all together, and make an oyntment thereof, and uſe it every day in the Patients noſtrils, and let it be put into the noſe every day with tents made of Lint ſcraped off fine linnen cloath, and hee ſhall bee whole.

For a ſtinking breath.

Take the juyce of Hilwort, or elſe take Butter, and the juyce of Featherfoy, and temper them with Hony, and every day give the Patient a ſpoonful.

Another for the ſame.

Take two handfuls of Cummin, and ſtamp it to powder and boyl it in wine, and drink the Sirrop thereof morning and evening warm, the ſpace of fifteen daies, and thou ſhalt amend: this hath been proved.

For

For a good breath.

Take and wash thy mouth with the water that the shells of a *Citeron* have been sodden in, and thou shalt have a good breath. Also these confections make the breath sweet, the electuary of *Aromaticks*, and the pills of Citrons. Against letting of the breath caused of cold humours: take and drink the Herb Dawk, or the liquor that dry Figs have been sodden in, and it will make the breath sweet and wholsom. Also take red Mints and Rue; wring the juyce in the sick bodies nostrils when he goeth to bed.

For the Tongue.

Against the sharpnesse and drinesse of the Tongue, put the gum in water which is called gum Arabick, till the water bee slimie, and with that slime moyst the Tongue, or bind the gum in a thin cloth, and put it in water till it begin to melt, and with the same cloth rub thy Tongue, and it will take away the pain thereof. Also for the roughnesse of the Tongue, put the seeds of Quinces, or the kirnels, in a fine cloth, and wash thy Tongue therewith: also *Psilium*, or the seed thereof.

For

For drineſſe of the Tongue, and for thirſt.

Againſt the drineſſe of the tongue of the Feaver Ague, put the ſeed of Fleawort, and bind it in a fine linnen cloth, and then put it in cold water, and therewith waſh and rub thy tongue, and ſcrape it with a knife. Alſo for thirſt put the ſeed of Fleawort in a bag, and lay it on the tongue.

For thirſt in the Tongue.

Againſt thirſt in the tongue, give *Ptiſan* or *Dragagant*, and it will be diſſolved in a night, or make Sirrop with water that Barley and *Dragagant* is ſod in, and it is conveniable for Feaver Agues, or if *Dragagant* be holden under the tongue.

For the Palſie in the Tongue.

Take and uſe great ſtrong ground Muſtard, the powder of Piones well ſcaled, powder of Sage, Nutmegs, and Suger, do theſe powders in the Muſtard, and eat every day at meals thereof, and it will take away the Palſie of the tongue. Alſo Muſtard-ſeed ſodden in oyl or wine, is very good againſt the Palſie. Alſo take the powder of *Caſtorium*, and hold it under the tongue till it bee molten or diſſolved.

For the Palſie in the Tongue.

Againſt the Palſie of the tongue, that is, when the tongue is full of holes, and the Patient cannot ſpeak, becauſe the ſinews of the tongue is full of humours, as it appeareth often in Feaver Agues, for the ſame chew the ſeed of Creſſes, and hold it under the tongue: proved.

For him that hath loſt his ſpeech.

Take Sage, Pimpernel, ſtamp them well, and annoint his tongue underneath with the juyce thereof, elſe take the juyce of Sage and Pimpernel, and do it in his mouth. Alſo take Ach, Mints, red Betony and lay them into Goats milk, drink it morning and evening. Alſo take three ounces of Betony, and ſweet milk of a Goat, temper them together, drink it three daies together, this for the Palſie is moſt precious.

To reſtore ſpeech that is loſt, ſuddenly.

Take Peniroyal, and temper it with Eyſel, and give the ſick to drink it: lay alſo a plaiſter of this to his noſtrils ſo grieved.

For a man that ſleepeth and cannot ſpeak.

Take *Galbanum* and ſet it over the fire with a candle, and make it ſmoke, and put the ſmoke to his noſe, and thou ſhalt cauſe

cauſe him for to ſpeak. Alſo take the juyce of Sage and Primroſe, and do it in his mouth, and hee ſhall ſpeak by Gods grace. Alſo take the juyce of green Morrel berries, and clarifie it well, and drink thereof, and thou ſhalt ſpeak.

Another for the ſame.

Take the juyce of Southernwood, and temper it with wine, and drink it when thou goeſt to bed.

Another for the ſame.

Take the crops of Rue, and the crops of Vervain, of each alike much, and drink the juyce thereof when thou goeſt to bed.

For Sun-burning.

Take the juyce of Lemmons, with a little Bay-ſalt, and waſh your face therewith, and let it dry in, and ſo do three or four times and it will help you. Alſo take half a pot full of Rain-water, and fill it up with verjuice, and ſeeth it till it bee conſumed away, and in the time that it is a boyling, fill it with the juyce of Lemmons, and when it is ſodden, take it off and let it cool, and then take eight new laid Eggs the whites of them, and beat them fine, and put fine Suger to it, and ſo occupy it for Sun-burning.

For red Pimples in the face.

Take a little Roche Allom, and break it in ſmall pieces, then take the white of a new laid egg, and put it in a pan that is leaded within, ſet it to the fire till you ſee it boyl, and ſtir it all the while with a little ſtick till you ſee it wax hard; take this and waſh your face therewith. Alſo take Roſe-water, and water of wild Tanſie, and mingle them together, and therewith waſh thy face, and thou ſhalt bee whole.

For pimples in the face.

Take and waſh your face when you go to bed with warm water, and let it dry in: take the white of an Egg, and put it into a Saucer, and ſet it upon a Chafindiſh of coals, and put into it a peece of Allom, beat it together with a ſpoon till it become thick, then make a round ball, and therewith annoint the parties face where the pimples bee.

For heat and blains in the face.

Take the whites of two Eggs, and beat them with an Allom ſtone till they come to curd, then take it and ſet it upon a few embers, and alwaies ſtir it as it doth gather to a curd, then take it off, and put it upon a Painters ſtone, and put thereon *Unguentum populeon* half the portion, and

of

of Allom as much as your thumb, as fine beaten as may bee, and this grinde with all the other ingredients a long while, and put it in a glaſſe or pot, and therewith annoint thy face.

For a rich face.

Take three yolks of Eggs raw, as much in quantity of freſh butter, or Capons greaſe without ſalt, Camphire, two penny worth, red Roſe-water half a pinte, two grains of Sivet, and boyl all theſe together in a diſh, and then ſtrain them through a clean cloth, and ſet it to cool, and take the uppermoſt and box it. Alſo take *Pepuleon*, Brimſtone and freſh butter, and a handful of red Sage, and ſtamp and ſtrain them, and then melt all together and put it in a Box. Alſo take white Coperas one ounce, one pinte of running water, and boyl them all together to the half, and skim it clean, and ſtrain it, and put it in a glaſſe, and ſet it in the Sun, then waſh thy face with a feather, and annoint thy face therewith morning and evening till it bee whole.

For a Sauce-flamed face.

To annoint it by day, take eight penny-worth of Camphire, and as much of Bores greaſe as a Coſtard apple, and min-

gle them together finely till you can perceive none of the Camphire, then put it into a Box, and keep it as close as you can from the air. Also to annoint the face by night, take a quantity of Dears suet, and put thereto a little Boars grease, and a quantity of Brimstone, and boil them together with a quantity of Coperas, and a pinte of Vinegar, or Claret wine, and after they have been boyled, use to annoint thy face therewith.

To make a good Oyntment for a Sauce-flamed face.

Take an ounce of oyl of Bayes, and an ounce of Quick-silver, and do them in a bladder together, with a spoonful of fasting spittle, and then rub them well together, that nothing of the Quick-silver be seen, and then take of this oyntment when that it is made, and annoint the Sauce-flamed face therewith, and it will heal it well and fair, on warrantise, proved true.

Another Oyntment for the Sauce-flamed face.

Take the roots of Lovach, and of Dock-roots, the tops of Nettles, and Cellendine alike much, the quantity of three ounces half a pound of the leaves of Parsley, and

bray

bray them well in water, and do thereto two pound of Boares greaſe, and ſtamp them well together, and let them ſtand ſtill four daies, after ſet it over the fire till it ſeeth, then ſtrain it through a fair clean cloath, and then put thereto fine Frankenſence, Myrrhe, and Maſtick, of each an ounce, and let it boyl eft-ſoon with an eaſie fire, and ſtir it well with a ſlice, and then let it keel, and when it is cold put therein two ounces of Quick-ſilver, and mingle them together, and therewith annoint the ſauce-flamed face, and this will heal the ſame, as it hath been oft proved.

Another Medicine for a ſauce-flamed face.

Take the petty Morel and ſtill thereof a quart of water, and take a quarter of a pound of Camphire, and heat the water a little, then put the Camphire therein and mingle them very well together, then put it in a glaſſe and ſtop it well, but you muſt bruiſe the Morel a little in a Morter before you ſtill it, afterward with this water uſe to annoint the Sauce-flamed face, and it will heal the ſame. Alſo with this water you may heal any manner of Sauce-flamed face whatſoever, as by experience hath often been proved.

For heat and ſwelling in the face.

Take and boyl the leaves or the bloſſoms of Roſe-mary either in white wine or fair water, and uſe to waſh thy face and hands therewith and it will preſerve thee from all inconveniencies, and alſo make both thy hands and face very ſmooth.

For wrinkles in the face.

Take white wine, and a little Briony, and a dry Figg that is fat, and annoint your face therewith, then travel upon the ſame till you ſweat.

For a man that ſweateth too much.

Take Linſeed, and Lettice and ſtamp them together, and lay it to the ſtomack of the party that uſeth to ſweat much, and it will help him.

For to make the face fair.

Take the flowers of Roſemary and ſeeth them in white Wine, with the which waſh your face; alſo if you drink hereof, it will make you have a ſweet breath. Alſo to make the face white, put the powder of *Sepia* in oyntment of *Citerium*, and annoint the face: Or make powder of the root of Serpentine, and of this bone, and mingle the ſame with Roſe-water, and let it dry, and then

then put it to the ſame water again, and let it likewiſe dry, do this four or five times, and then uſe it to annoint the face therewith.

For a Childe that is jaw-fallen, or mold-fallen, or roof-fallen.

Take a handful of Chick-weed, and wrap it in a red Cole-wort leaf, or elſe a linnen cloth, and roſt it in the hot embers in the fire, and it will become a green ſalve, then lay thereof to the bone of the neck, as hot as may be ſuffered, and take ſowre leaven of white bread, and crum it on the mould of the childes head as a plaiſter, and it will raiſe up the bone or mould, by the grace of God within nine hours.

For ſhortneſſe of breath.

Take a Gallon of Ale, and put thereto a penny-worth of Lycoris ſcraped, and a half penny-worth of Anniſeed, a little Linſeed, and a handful of Iſop, and as much Penyroyal clean waſhed, let them ſeeth to five pints, and drink hereof morning and evening till you have eaſe.

For a hoarſe voyce

Take the broth that red Coleworts have been ſodden in, and mingle it with ſeven or eight Pennydis, and one ounce

of ſirrup of Maiden-hair, and give it the Patient when hee goeth to bed. Take *Dyaris* ſimple, and a loſing of the ſame at morning, and alſo at night.

Another remedy for a hoarſe voice.

Take great Raiſons, Figs, Sugar, Cinamon, and Cloves, of each a ſmall quantity, ſeeth them in good Wine, and give the Patient to drink thereof morning and evening, two ounces at a time, except hee have a feaver. It is alſo good to take morning and evening a ſpoonful of the ſirrop of *Jujubes*, mixed with a root of Licoris in manner of a *Locſanum*, if with the ſaid hoarceneſſe there diſcend abundance of water to the mouth. Alſo it is good for to make an electuary of half *Dyaris*, and half *Diadrigantum*, and uſe thereof firſt in the morning, and laſt at night.

A very good Medicine for to open the Piſes and to make the voyce clear.

Take a Figg, and put it in the powder of Iſop, and eat every morning one at a time till you bee well. This will help you on warrantiſe.

For a ſore throat or mouth.

Take Cinckfoyle a good quantity and ſtamp

ſtamp it, and boyl it in fair water in a Poſnet, then hold thy mouth open over the ſume thereof as hot as poſſible thou canſt ſuffer it, that it may enter into thy throat, and ſtill as it cooleth in thy mouth ſpit it out, and ſo take freſh and freſh.

A Sirrop for a ſore Throat.

Take half a pinte of the juyce of Mulberries, a pinte of clarified hony, and a quarter of a pinte of good Claret Wine, ſeeth them all together till the Liquor bee conſumed: take alſo, Sage, Sugar, Woodbine and Roſes, of each a handful, ſeeth them in fair water till the ſtrength of the hearbs bee ſodden, then take ten or twelve ſpoonfuls of the fore-ſaid ſirrup of Mulberries and put therein, and with this uſe to gargel your throat luke-warme oftentimes, and ſpit it out again: proved.

For a ſore Throat.

Take oyl of Camomile and oyl of Violets, and the oyl of Almonds, and the greaſe of a Hen as much as of all the others, firſt waſh it well and pick it, then mingle all together, and annoint the throat therewith. Take the dung of an Aſſe, and the dung of Swallows, and make it in powder, and put the ſame in wine,

wine, and gargel it in your mouth and throat as hot as may bee ſuffered. Take alſo the Swallows in the Neſt, and a pound of the oyl of Camomile, and the oyl of Almonds, as much of the one as of the other, and lay it to the place.

For the ſwelling in the throat.

Take the green bark of the Elder tree, and a little Bay-ſalt, beat them well together till they bee ſomewhat ſmall, then lay the ſame to the ſwelling of the throat.

For the Quinſie in the Throat,

Take Cinkfoyle, and ſeeth the ſame in running Water, and put it in a pot with a narrow mouth, and let the party grieved hold his mouth over the mouth of the pot, ſo that the fume may paſſe into his throat, and when the water waxeth cold, waſh the throat well with the ſame, both within and without, and the diſeaſe will vaniſh away: proved.

Another for the ſame.

Firſt let the party thus diſeaſed bee let blood on the left arme, or in the Liver vein three or four ounces, and let him gargaſe it with Wine-vinegar and water warmed together, of each a like quantity; gargaſe it oftentimes, and ſpit it out, and let

let him have *Methridatum* in white wine, and let him ſweat upon it an hour or two. And if the Quinſie bee twolne already in his throat, then let him uſe this remedy following. Take a Swallows neſt as you finde it, with birds, or with eggs or without either of them, and put to the ſame eight handfuls of Mallows, with as much Water-creſſes, boyl them all together in milk until they become ſoft, and till the milk bee clean conſumed, then beat it in a bowle until it come to a plaiſter, then take as much as your fiſt of the ſame, and while it is warm, ſpread it like a Plaiſter, and binde it as hot as may bee ſuffered about the place where the ſwelling is, and ſo change it often till the pain be gone.

Another for the ſame.

Take hot bread and put it in hony, and lay it to the place as hot as may bee ſuffered, and it will drink it up. Take alſo the juyce of Plantain, and gargel it up and down thy throat, and it will eaſe the pain thereof. Alſo take the berrys of the Mulberry-tree, and make juyce thereof, then ſeeth them in a little oyl and wine, and put Vinegar thereto, and ſo gargel it. Alſo an electuary made of the juyce

of

of the ſame berries, with a quantity of ſcummed hony, is good for the ſame: and it may be kept ten years in ſeeds of *Dianorum*, for the Quinſie.

For the Cough.

Take Iſop, great Raiſins, and Figgs of each a little handful, and one ounce of Licorice; boyl them in fair water till the third part be conſumed, then give the party grieved for to drink thereof twice a day, in the morning two hours before meat, and at night two hours before ſupper: alſo it is good to eat a loſing of *Diaris* or *Diapeaideon*. If you will have it ſtronger, put thereto the decoction of a little Coleworts, Anniſeeds, and Fennel ſeeds, with the ſeeds of Nettle, of each two drams.

Another for the Cough.

Take Sage, Rue, red Fennel, Iſope, Cummin, and the powder of Pepper, of each alike much by weight, and ſeeth them well together in hony, and make thereof an electuary, and uſe thereof a ſpoonful in the evening, and another in the morning till the cough be gone.

Another Medicine againſt the Cough.

Take the root of *Enula campany*, Horehound, Holihock, of each of them alike much,

much, ſeeth them all together in white wine with a dozen of fat Figgs, and with a little Licorice, and uſe to drink hereof a draught at a time every day twice.

For a dry Cough.

Take Anniſeeds, Aſhe ſeeds, and Violets, and beat them to powder, and ſtamp them with even portion, then ſeeth them together in fair water till they waxe thick, then put the ſame into a box, and as you need, let the ſick eat firſt and laſt of the ſame till hee be well.

For the Cough, or ſtoppings.

Take the powder of Iſope, the powder of Anniſeed, the powder of Ginger, the powder of Licorice, and mingle them with clarified hony, and eat daily thereof till thou bee whole. Alſo for the Cough take a little Brimſtone, and make powder thereof, and put a little of the ſame upon a board or trencher, and take a ſtick, or coal of fire, and put it in the brimſtone, and let the party grieved hold his noſe over the fume of the Brimſtone, and it ſhall break the force of the cough and ſtoppings. Alſo this is good for the poſe and the Rhume in the head, as hath oft been proved.

To make a powder for the Cough.

Take Sugar-candy, *Enula campana* roots dryed, but nothing ſo much *Enula campana* as Sugar-candy, then take two or three crops of dryed Iſope, and one race of Ginger, and beat all theſe together, and afterward uſe to eat of theſe powders till thou be whole.

To make a ſirrup for the Cough.

Take a pinte of Iſope water, half a pinte of clipped Roſemary, a quarter of a pound of Sugar-candy, three ſpoonfuls of Anniſeeds bruiſed, three ſpoonfuls of Licoris ſliced, ſeeth all theſe together upon a ſoft fire until it come to ſirrup, then ſtrain it, and take a ſpoonful thereof morning and evening, and let it go ſoftly down by gowlps.

For the perilous cough.

Take white Horehound and ſtamp it, and wring out the juyce, and mingle the juyce with Hony, and ſeeth it, and give the ſick to drink hereof. Take alſo a Garlick head and roſt it, then take away the pils and eat it. Alſo take a Colewort leafe and ſtrike the inner ſide thereof with May butter, and lay it to the ſick mans ſtomack or belly every morning and evening and give him no milk, butter nor cheeſe,

nor

nor any kinde of ſalt meat, nor ſalt pottage, nor nuts, nor apples, but make the party pottage with leaves, and roſt him an Onion, and let him eat it with a little pepper and hony put therein, and uſe it often, and it will help him.

Another for the ſame.

Take the juyce of Sage, and the juyce of Rue, of each alike much, and a quantity of Cummin, and as much of the powder of Pepper, and ſeeth them all very well in clarified Hony, and ſo make an electuary thereof, and let the party grieved uſe of this medicine daily, three ſpoonfuls at night, and three in the morning until hee be whole.

A good Medicine to help the cough ſpeedily.

Take two or three Garlick heads well pilled, ſtamp them and put them into Hoggſ-greaſe or ſuet, and ſtamp them well together, and at night when thou goeſt to bed, warm well the ſoles of your feet, and annoint them with the ſaid confection as hot as may be ſuffered, and alſo the ſmall of your leggs, and put a warm cloth about your feet, and within three nights he ſhall bee holpen. Alſo take Brimſtone and put it into powder, and

put

put a little thereof into a new laid Egg ſoft roſted, and mingle it well together: then put thereto of *Benjemin* as much as a fitch peaſe lightly ſtamped, and drink it in the morning at your breakfaſt, and at night.

A remedy for the dry Cough.

Take a pound of Licorice, and ſcrape it clean and ſtamp it in a morter, and put it in an earthen pot, and put thereto three quarts of the beſt woort that may be gotten, and one ounce of Sugar, and a quarter of an ounce of Ginger in powder, and a pinte of Clarified Hony, and ſeeth them all together till they bee half waſted, then ſtrain it through a clean cloth into a fair veſſel, and let the party grieved uſe thereof firſt and laſt, at night hot, and in the morning cold, till hee be whole.

Another for the Cough.

Take Anniſeeds, Smallage-ſeeds, and Violet-ſeeds, of each alike much, beat them all together in powder, and temper them with Wine as the quantity giveth, then ſeeth them well till they wax thick, and ſo uſe it. Alſo if you take the ſeeds of Nettles, and ſeeth them in oyl, and afterward annoint your hands and your feet therewith, it will do away the cough.

Alſo

Alſo take the ſirrop of Violets, and of *Jujubes*, and drink thereof. Alſo it is very good to take firſt in the morning and laſt at night, a loſing of *Diadragagant*, and afterward to drink a draught of good *Ptiſan*, and this is a preſent remedy for the cough when it proceedeth of a hot cauſe.

A dyet for them that have the cold cough.

Yee muſt abſtain from Vinegar, and all ſalt meats, from fruits, and raw herbs, from Fiſh, Lemons, and all kind of groſs meats, and too much replexion: Alſo ye muſt drink no wine between meals, nor ſleep in the day time, eſpecially after meat.

For the ſtopping of the Pipes, and for fleam, a Medicine proved.

Take a good bowle full of Barley, and put to the ſame a gallon of clean well-water, and boyl them together till the Barly bee as ſoft as any Wheat or Formaty, then ſtrain it through a clean cloth, and take that water, and put thereunto as much good Woort, with a penny worth of Lieorice bruiſed, but not made into powder, and a handful of good Iſope, another of Sage, and boyl them all together till one half of the Liquor bee boyled in: then ſtrain that Liquor through a cloth,

cloth, and that that cometh through the cloth put into a close vessel, and let it stand a day, and then let the Patient drink thereof a spoonful or two every morning, and so much likewise every evening until hee bee well. This hath been often proved.

For straitnesse in the pipes.

For straitnesse in the pipes, or in the breast, take dry Isope, roots of *Enula Campana*, of each one a handful: sticks of Licorice scraped and soft bruised, four ounces; and boyl all together in a gallon of running water, till half bee wasted, then strain it, and to all the above said Liquors hot put half a pinte of clarified hony, and drink thereof milk warme, a good draught every day first and last.

A medicine for to stay a vomit.

Take half a pinte of running water, an ounce of Sugar: and a good race of Ginger, pick it and scrape it clean, and shred it in good handsome peeces, and so put it to the water and the sugar, and boyl them together from half a pinte to a quarter of a pinte, and so give it to the party to drink, for it will stay the vomit in a very little space.

For

For them that may not digeſt their meat.

Take Horſ-hoof and Hilwort, of each of theſe alike much, waſh them clean, and ſtamp them, and put thereto the powder of Pepper, and ſeeth them together in fair water, and let the patient drink thereof lukewarm firſt and laſt.

A remedy for a vomit.

For them that have a vomit, and for them that have not their breath at will, and hath ſtopping in their breaſts; take a dram and a half of the powder of Betony, with a Goblet full of water, and drink it faſting.

Another for the ſame.

Againſt the vomit cauſed of weakneſſe, heat, or odor collerick: mingle the powder of the three-leaved graſſe, with the white of an egg, and roſt them on a tyle, and give it to the patient to eat: Alſo for the vomit cauſed of retentive weakneſſe: take the powder of Gum *Arabick*, and powder of Canel.

For a man that vomitteh too much.

Take Roſes and boyl them with ſtrong Vinegar, and make a plaiſter thereof, and lay it to his ſtomack all hot. Alſo vomitting cometh ſometimes without great violence, and thereby one getteth health, where-

wherefore yee need not give him any remedy, for it is a good action of the naturall vertue of the ſtomach, ſometime vomiting cometh by a great violent moving of the vertue expulſive of the ſtomach. For the evil things contained in the ſame, a remedy: One may well help a man to vomit, giving him water warm with a little oyl to drink, or elſe to put thy finger in his mouth very low, or a feather wet in oyl the better to vomit, and to mundifie the ſtomach, if ſo be the perſon have a wide throat, and that vomitting doth not hurt him much, as they bee that have but ſmall and ſtrait throats, and long necks, and lean, for all theſe are evil to vomit. Sometimes vomiting commeth by weakneſſe of the ſtomach, cauſed by a hot and evil complexion, yee ſhall cure it after this manner: Take ſirrop of Roſes, Quinces, Mirtles with water ſodden and cold again, or elſe water of Purſlain to quench the thirſt. Alſo it is good to annoint the ſtomach before dinner and ſupper, with an oyntment of the oyl of Roſes, and Quinces, and the juyce of Mints, and a little waxe, or elſe make a plaiſter of Mints, Roſes, Wormwood, and oyl of Roſes, and lay to his ſtomach,

mach, as hot as yee may.

For to make a man caſt and perbreak.

Take two parts of the juyce of Fennel, and once part of Hony, and ſeeth it till it bee thick, and drink thereof morning and evening, and it will cauſe a man for to caſt, or perbreak.

Another for the ſame.

Take the juyce of ſpurge, and uſe to drink thereof, and it will cauſe you to caſt. Alſo the juyce of ſtonecrop put into white Wine, cauſeth a man to caſt preſently.

For to comfort the Patient after his Vomitting.

Take and give the Patient in the morning an ounce of the ſirrop of Wormwood, or Mints, in ſtead of which it is convenient to take a loſing of *Aromaticum roſatum* or *Diagalanga.* Alſo take evening and morning three hours before meat two Cloves in powder, with a ſpoonful of the juyce of Mints, or half a ſpoonful of Rue dryed with a little Wine. Alſo it is good to take powder of Cloves, and *Lignum aloes* the weight of a Crown, two hours before meat.

For one that abhorreth his meat.

Sometime there chanceth in the ſto-

mach

mach a diſeaſe called *Faſtidium*, or abhorring of meat, whereby the perſon againſt his will taketh in hate all manner of meats that is offered unto him, like as the whole man taketh pleaſure and delight in the ſame. The cauſe of his diſeaſe is repletion of chollerick humours, or flegmatick, and groſſe, and viſcouſe, which are in the ſtomach: and the Patient hath great thirſt, a dry tongue, the mouth bitter, and ſometime doth vomit yellow choller. And if the veins bee full, let the Patient be let blood on the right arm, and give him to eat and drink ſuch things as are fit for a party ſo grieved; alſo you may give him the juyce of Pomegranates.

For to provoke an appetite.

Take Sage, Parſley, Pepper and Mints, and ſtamp them, and temper them with Vinegar, as you do make ſauce for fiſhes, it will cauſe appetite: alſo fleſh eaten with Vinegar comforteth, and giveth apperite. If vinegar bee uſed with a full ſtomach, it unbindeth the womb, with an empty ſtomach bindeth it. It is good for them that bee weak with ſickneſſe, if it be taken in this manner: Toaſt bread, and wet it in Vinegar, and with the toaſt rub the mouth and noſtrils, and bind it on

on the pulſable veins, for it comforteth the Patient, and the appetite, but for the appetite onely, it were better wet in the juyce of Mints. Alſo to them that have loſt their appetite by ſickneſſe, two drams of the powder of Betony, with four Ciote roots in drink, taketh away both ſadneſſe and evil taſte of meats. Alſo take and confect *Cardamomum*, with the juyce of Mints, and uſe for to wet your meat therein, it provoketh appetite.

Againſt the letting of the breath.

Take and lay Orpiment upon hot embers, and let the Patient ſtoop down, and receive the ſmoke thereof through a pipe or funnel. Alſo take three drams of Orpiment, with reare eggs, or with wine, or womans milk once or twice in the week.

Againſt pain of the breath called *Aſma*, cauſed of cold, take the powder of *Philixendula*, with the powder of *Gentiana*, and uſe it in his meat and drink.

Another for the ſame.

Againſt the pain of the breath if it bee of a long continuance: take the powder of *Gentiana* with Wine, and Barly water, or elſe with meats, or with new bread. Alſo take two drams of *Galbanum*, with

a rear egg, or with Barly water. Alſo to take Figgs and ſeeth them in Wine, is good againſt the letting of the breath, and againſt cold rhume, or humours in the Breaſt. Alſo Pancakes made of Docks, with meat or eggs, is very good for letting of the breath called *Aſma*, if you eat thereof.

An Oyntment for the ſhortneſſe of the breath.

Take two ounces of the oyl of ſweet Almonds, and one ounce of May butter unſalted, a little Saffron, and new wax, and make an oyntment therewith, and annoint the breaſt morning and evening.

Alſo for him that lacketh winde.

Take Mallows, Mercury, and Borrage, ſeeth them together in a peece of Pork, and make thereof pottage, and eat and drink of this broth with Wine, or with Whey that is good.

For arms being conſumed, and fallen away.

Take Dear ſuit, and thine own water being diſſolved in a baſen warm, then therewith waſh thy arms every day morning and evening.

For the Marrow being cold and numb'd in the arms.

Take three ſpoonfuls of Mace, three ſpoonfuls of *Aqua vitæ*, and three ſpoonfuls of urine, and three ſpoonfuls of Capons greaſe, and put them all in a porrenger, and warm them on the fire, and waſh your arms morning and evening. Alſo if that you bee ſore in any part of the arms, take Roche Allom, and Madder, and boyl them with Conduit water, from a pottle to a pinte, and ſo waſh your arms.

For Aking of the hands, and ſtiffeneſſe of the fingers.

Take a handful of red Sage, as much red Fennel, as much red Nettles with a quantity of Bay leaves in powder, and long Pepper, ſtamp all theſe together in a Morter, then ſtrain the ſame through a Canvas cloth with *Aqua vitæ*, and with this liquor annoint your hands when you go to bed.

For ſwelling of wounds in the hands.

Take Wormwood, ſtamp it, and ſtrain it, and boyl it with Vinegar, and put thereto Wheat-bran, and make a plaiſter, and lay it to the ſore hands.

For Worms or heat in the hands.

Take Chick-weed and bruiſe it a little, and ſeeth it in running water till the half bee waſted, and waſh your hands as hot as the party can ſuffer it, for the ſpace of ſix daies, and it will drive away the heat or worms in the hands.

For to make your hands white.

To make the hands white and ſoft, take Aſſodil in clean water till it wax thick, and put thereto powder of *Cantarium*, and ſtir them together, then put thereto raw Eggs, and ſtir them well together, and with this oyntment annoint your hands, and within three or four daies uſing thereof they will be white and clean.

For itching of the worms in the hands.

Take and annoint the place that itcheth with the juyce of Mints, or of Rue, and it ſhall put away the worms. Or elſe take the berries of the leſſe Morrel, and therewith annoint the worms and the hands.

For to make nails to grow.

Take wheat flower and mingle the ſame with Hony, and lay it to the nails, and it will help them.

For the nails that do fall off.

Take powder of Egrimony, and lay it

it there as the nail was, and it ſhall put away the aking and it will make the nails for to grow.

For cloven nails.

Take Virgin wax and Turpentine, and mingle them together, and lay it on the nail, and as it waxeth or groweth, cut it away, and it will heal.

For nails that are rent from the fleſh.

Take the leſſer Violet and ſtamp it, and fry it with Virgin wax, and ſtrankenſence, and make a plaiſter and lay it to the nail, all whole.

Alſo annoint thy fingers with the powder of Brimſtone, Arſnick, and Vinegar, and in ſhort time you ſhall finde great eaſe.

For ſtench under the arm-holes.

Firſt pluck away the hairs of the armholes, and waſh them with white-wine, and Roſewater that *Caſſia ligna* hath been ſodden in, and uſe it three or four times.

For to deſtroy the heat of the ſtomach.

Take fair clear water and boyl it well, and skum it, and put therein ſhivers of brown bread, and let them lye therein an hour, till the water bee almoſt cold, and drink thereof two or three daies, the oftner a day the better, and eat green

Parſley, and Gallingal, and it ſhall help thee.

For to avoid flegm out of the ſtomach.

Take the powder of Pellitory of *Spain*, and the powder of Cummin, powder of long Pepper, powder of Ginger, Muſtard, Vinegar: and mingle them together, and chafe them on the fire till they wax thick, and then as hot as you can ſuffer it, put part thereof in your mouth, gargelling it in your throat up and down, but let none enter into your ſtomach, do this divers times, ſpitting it out by the ſpace of an hour, and this is a Gargariſm, proved.

For the ſtomach that is hot and ſwollen.

Take the root of *Smallage*, ſtamp it, and put it in ſweet wine, or in other good wine, all day and night, and ſtrain it through a fair linnen cloth, and put it in a clean veſſel, and uſe to drink a little thereof every day faſting, take this eight or nine dayes.

For riſing under the ſtomach.

Take long-Pepper, Grains, Saffron, Ginger, Anniſeeds, Licorice, and Sugar, and ſeeth them all in good Ale till it bee thick, and give it to the party to drink, and he ſhall bee whole.

A

Aplaiſter for riſing under the ſtomach.

Take Yarrow, Milfoyl, red Fennel, red Mints, Rue, Borrage, Featherfoy, Cloteler, Pellitory, Egrimony, of each of theſe alike much, and the greaſe of a barrow Hog, that is of a Sow kind, and ſeeth them all together in good Ale, and make thereof a plaiſter, and lay it to the ſtomach as hot as may bee ſuffered two or three times, and hee ſhall bee whole God willing, the hotter the better for to be taken: this hath been proved.

For the gnawing of the ſtomach.

Take and ſeeth Betony in the juyce of VVormwood, and let the party drink it with warm water if his ſtomack bee not well. And drink wine that Nep hath been ſodden in, next to the heart faſting early.

For the ſtomach that aketh.

Take an herb that is called *Poleo*, and dry leaves, and a handful of Houſleek, and as much of this *Poleo*, and put it in a veſſel with fair water, and let it boyl on the fire till the third part of the water bee ſodden away, and put thereto ſtone Sugar, and a little Hony, and let the Patient drink thereof ſix daies faſting, and he ſhall bee whole.

For to force the ſtomach.

Take three parts of Cannel, and one part of Maſtick, and one part of the parings of Pomegranates, and half a part of Gallingal, and ſtamp all theſe together, and temper it with Hony that hath been clarified on the fire, and well ſcummed, then uſe as much of this as a Nut, every day during ten daies together: this hath been proved.

For the winde chollick in the ſtomach.

Take a handful of Time and waſh it clean, and put it into a cup of Ale or Beer, and let it ſtand all night, then take three ſticks of Licorice bruiſed, and let the party ſo grieved drink thereof morning and evening.

Another for the ſame.

Take Onions, and put them into running water, and change them into four waters ſeething, and when they are tender ſod, take them and wring them between two trenchers, and butter them, then put thereto groſſe pepper, and ſo eat of them morning and evening, until you do finde your ſelf eaſed of your ſtomach.

For fleagm in the Stomach.

Take red nettles a good quantity, a good

good quantity of clarified butter, and ſeeth them in fair running water till the hearbs bee tender, then take them up and eat the hearbs, and drink the Liquor: proved.

For to make Loſings to comfort the ſtomach.

Take a pinte of Roſe-water, a quantity of Rubarb, grate it upon a Grater, twice as much Setwel, as much *Calamus aromaticus*, as much Spicknard, a little Cinamon, as much *Ennula Campana*, as much Ginger, and a little clean water: put to theſe ſpices one penny worth of Sugar, and let all ſeeth on the fire till it wax very thick, and bee well ſodden, then uſe hereof both morning and evening.

For all manner of evil in the ſtomach.

Take Aſhe-ſeeds, Lin-ſeeds, Cummin, of every of them alike much, give theſe to the ſick to drink with hot Woort, or elſe with fair hot water.

For the feaver in the ſtomach.

Conſerve of Roſes is very good for the Feaver in the ſtomach: alſo it is good for all evils in the ſtomach that is engendred of hot humours.

For the ſwelling in the ſtomach.

Take the roots of Fennel, and the roots

of Smallage, of each of them alike quantity, then ſtamp them and ſtrain out the juyce, and temper the ſame with good Wine, and uſe to drink thereof firſt and laſt, in the evening warm, and in the morning cold.

For Impoſthumes in the ſtomach.

Againſt the Impoſthume in the ſtomach, and of the bowels, ſeeth Fennegreek very ſoft, with water that Mallows have been ſodden in, and lay it to the ſtomach in manner of a plaiſter, and this will ripen and break the Impoſthumes that be in the ſtomach: proved.

For Impoſthumes that be in the ſtomach, or in the liver, or in the bowels.

Take the juyce of Morrel with *Ptiſane* and Barly, and give it to the patient to drink, and it will both ripen and deſtroy the Impoſthume in the ſtomach. Alſo take the oyl of Mandrake, and annoint the grieved ſtomach therewith.

For an Impoſthume in the ſtomach.

Take Barly, dryed Beans, and Licoris, and let them boyl all together, of each of theſe alike much, drink thereof with Sugar every day faſting, and at night when thou goeſt to bed; let the Patient uſe this

ſeven or eight days together, and it will caſt out the impoſthume in his ſtomach.

For to cleanſe the filth in the ſtomach.

For the filth and dirt in the ſtomach, which reſteth there by reaſon of the Impoſthume that hath been in the ſtomach, or in the bowels, take the powder of *Salnatry* with warm water, or elſe with hony.

For a ſtomach over-charged with raw meat.

Take Stonecrop that groweth on the wall, and it purgeth both upward and downward, it purgeth the ſtomach of evil humours, and helpeth the Dropſie, the Stone, and the Flux. Alſo for the Spleen, for the Tiſſick, and for the feaver it is a precious medicine.

For the ſtomach and head, and for a man that may not well ſpeak.

Take and give the ſick to eat nine daies in May, Scabias, Mugwort, Smallage, *Morſus diaboli*, Ivy, Myltoyle, VVormwood, and Featherfoy, ſtamp all theſe together, then ſeeth them, and when they bee well ſodden take whites of eggs, and purge the Patient evening and morning.

For

For a man that cannot digeſt his meat in his ſtomach.

Take Centory, and ſeeth it in water, and drink thereof warm every night when thou goeſt to bed. Alſo take Sage, Rue, Cummin, and Pepper, ſeeth them together with Hony, and eat every day a ſpoonful therefore. Alſo drink the wine that Nep hath been ſodden in; or ſeeth Betony in the juyce of Worm-wood, and drink it with warm water.

For wind in the ſtomach and bowels.

Take three ounces of Scene, half an ounce of Ginger in powder, Cummin, and Anniſeeds, three pound weight of both, mingle all theſe together, and eat thereof every day a ſpoonful. Alſo take Calamint, Ginger an ounce made in powder, with a little Hony, and eat thereof firſt and laſt.

For unkind heat in the ſtomach.

Take Lettice and drink it with VVine every day, or elſe eat thereof, and it will take away the heat of the ſtomach, alſo to eat Rue every morning is good for the ſtomach.

For the weakneſſe of the ſtomach.

Take Maſtick and *Labdanum* of each one ounce, take alſo a dram of the pow-

der

der of VVormwood, and Turpentine as much as needs, to incorporate them together, make a plaiſter hereof and ſpread it upon leather, then lay it to the ſtomach. It is good to annoint the ſtomach with the oyl of Spicknard, and Maſtick, or to lay upon it hot bread ſteeped in good VVine, on the which bread ſtrew the powder of Cloves and Nutmegs. Alſo it is wholeſome to eat afore your meat, Anniſeeds, and Fennel-ſeeds, and when you begin to eat take a toaſt dipped in ſodden wine, or elſe in good Malmſie, without drinking of the ſame wine, except it bee a very little draught after meat.

A medicine for the bulk.

Againſt pain of the members in the bulk, as the Lungs, and other that ſerve to the breath, and againſt apilation of the Liver, and milk of the bladder, and pain of the ſtomach, drink the wine that the root of *Ireos* hath been ſodden in.

Another for the ſame.

Take and make a manner of pottage, with barly and water, and put the powder of Balme-mint thereto, and give it to the Patient, and it will help him.

For the bulk in the ſtomach.

Uſe to drink the Wine that is ſodden with

with *Dragagant*, it warmeth the parts of the Bulk and cleanſeth them. Alſo it warmeth the ſtomach and the bowels, and is very good againſt the Chollick, and to open the milt; alſo it is very good againſt the hindrance of urine, bee it either Strangury, or Diſſury. There be two kinds of *Secadors*, that is to ſay, *Arabick* and *Cytrine*, and both of them approved to the ſinews and brain.

For ſpitting of blood.

For the party that uſeth to ſpit blood, cauſed in the bulk, make pills of the powder of Dragons blood, and gumm *Arabick*, and *Ptyſane* that *Dragagant* hath been molten in, and let the patient hold it on his tongue, and when it is all relented, ſwallow it down. Alſo for them that ſpit blood becauſe of the diſeaſe in the bulk, take pills made of the powder of *Sumach*, and gum *Arabick* confected in Roſe-water. Alſo for them that ſpit blood, take hony and Vinegar, and it helpeth the ſame.

Another Medicine for the ſpitting of blood.

Take pills confect with the powder of Mummy, and with a little Maſtick, and confect them in water that gum *Arabick* hath been molten or laid in: and hold theſe pills

pills in thy mouth till they melt, and then ſwallow them down, and if the blood come to thy mouth by reaſon of the nutritive members, as the ſtomach, the liver, and the milt, eat this powder with a raw egg, and drink it with the juyce of Plantain.

Another for the ſame.

For them that uſe to ſpit blood at the mouth, out of the belly and ſtomach, and againſt the pain thereof; take and beat the roots of Sow-thiſtle ſmall to powder, and drink it with wine, or elſe take two drams of the powder of Betony, with Cups of old Wine for three daies, and it will help the Patient that is grieved herewith.

For ſpitting of blood.

Take Aſhe, Mints, Rue, and Betony, of each a like quantity, and ſeeth them well in good milk, then give the Patient thereof to drink and it ſhall help him.

Another for the ſame.

Take the juyce of Betony, and temper the ſame well with Goats milk, and let the party troubled drink thereof three daies together. Alſo take Smallage, Mints, Rue, and Betony, and give thereof to the Patient to drink in Goats milk, and let him ſup up a good draught at a time, as hot

as

as hee may well ſuffer it.

For ſtraightneſs of the breaſt.

Take a quart of good ſtale Ale, and a quart of fine Woort, take half a penny-worth of Liver-wort, and half a penny-worth of Licorice ſliced very fine, and ſcraped clean, then bruiſe it, take alſo a half penny-worth of Figs and waſh them clean, and half a handful of Iſope a quantity of Clarified Hony, a quantity of Set-wel, and three roots of Parſly, and cut them ſmall with half a root of Fennel, cut likewiſe very ſmall, boyl all theſe together till half be conſumed; then uſe to drink hereof morning and evening reaſonable hot.

For the party that is incumbred in the breaſt with any kinde of fleagm or glart.

Take the powder of Betony, and drink it with warm water, it voydeth and purgeth the fleagm wondrouſly, and doth away the glart or fleagm.

For pain in the breaſt.

Take and gather a good quantity of ripe Sloes, and beat them ſmall in a morter, then put them in an earthen pot, and fill it full of new Ale, and ſo drink thereof.

Another

Another for the ſame.

Take Iſope, Parſly, and Sage, ſtamp them and lay them to the breaſt of the Patient very hot, Take alſo the marrow of a Calf, Fenegreek, Linſeeds, bray them ſmall in a morter, and mingle the powder with the yolks of Eggs, then temper all theſe together with freſh greaſe or oyl, and lay it to the ſore as hot as you may ſuffer it.

For the breaſt that is incumbred.

Take Iſope, and ſeeth it in a pottle of Wine till it come to a quart, and let the Patient uſe thereof firſt in the morning cold, and laſt in the evening hot.

Another for the ſame.

Take three pottles of running water of a Well that ſprings, and boyl it to a pottle, then take half a pinte of hony, and one pound of the powder of Anniſeeds, a pound of the powder of Licorice, one penny-worth of Sugar, and caſt all theſe into the Liquor, and let them boyl well, then put it into a veſſel, and ſtop the mouth thereof cloſe that the air go not out, and let the Patient drink thereof in the morning, but not faſting, and at night, and he ſhall be whole.

For the Breaſt and the Lungs.

Take a quantity of Clarified hony, and boyl it, and when it is boyled, put thereto an ounce of the powder of *Enula campana*, and one ounce of the powder of Licorice, and let them boyl till they be ſomwhat thick, then take it from the fire, and when it is cold put thereto an ounce of the powder of Ginger, and ſtir it well together, and uſe this firſt and laſt.

For a man that is ſtopped in his Breaſt or Pipes.

Take *Enula campana*, Iſop, and Licorice, dry them well, then beat them in a morter as fine as flower, then take Ginger, Anniſeed, Cinamon and Galingal, beat them alſo, and when thou haſt done, take a quantity of Hony and boyl it well, and ſcum it clean, then take the *Enula campana*, the Iſope, and the Licorice, and boyl them well together in the Hony; afterward take the Ginger, Anniſeeds, Gallingal, and Cinamon, put them all in hony, and let them ſeeth together: then put it in a diſh, then take Sugar and put upon it while it is hot, and eat a quantity thereof morning and evening, but drink not till two hours after, and it will help thee. Alſo if you take and ſeeth Rue in Vinegar, and

and drink thereof, it will likewiſe help you.

For ſwelling of the Breaſts.

Take Worm-wood, Sage, and Calamint, of each a like much, and ſtamp them well, put thereto a quantity of Vinegar, and temper them well together: then take white bread, and toaſt it till it bee brown, and grinde it ſmall; then boyl them together, and ſtir it that it burn not too, and lay thereof to the Patients breaſt as hot as may be ſuffered.

Another for the ſame.

Alſo if a plaiſter be made of Cheſnuts with Barly meal, and vinegar or wine, and laid to the paps, it will aſſwage both the ſwelling and the pain thereof.

For all manner of evils and pain in the Breaſt, or the Ribs.

Take and bruiſe Mugwort with Vinegar, and lay it to the breaſt, and it will bee whole in three daies. Alſo take the water that gum *Arabick* and Myrrhe hath been ſodden in, and waſh the breaſt therewith. Alſo take the Electuary called *Diaphenicon* made into pellets, it is very good for the ſame purpoſe, as hath oft been proved.

Alſo for Drought in the breaſts, and the mem-

members in it, and for them that be Coſtiffe, ſo that the breaſt bee not ſtopped, nor the breath ſhort, lay *Piſilium* in water a certain ſpace, and then pour out the water, and take the ſame ſeeds with other clean water that is cold, and uſe it to the Patient.

Alſo take and make a plaiſter of Knotgraſs and butter, and lay it to the ſore breaſt, and it helpeth the ſame.

For Veins broken in the breaſt.

Take the root of Camphire and ſeeth it, and when it is ſodden, ſlice it with a knife, then hang it in the Sun to dry, this may bee kept three years in goodneſſe and vertue, and if a vein bee broken in the breaſt or guts, it will reſound and knit it, and rejoyn it marvellouſly, if that the powder thereof bee taken green with wine or water, or if you fry the root green like a fritture with Eggs or Meal, and ſo eat thereof.

For Impoſthumes in the Breaſt.

Take and fill a Bagg with meal of Fenegreek, and ſeeth it in water that Lyſmachie and Hollihock hath been ſodden in, and lay it often to the Impoſthume of the breaſt.

Another

Another for the ſame.

Take the water that Licorice hath been ſodden in, or the juyce thereof, and it is very good, being uſed againſt the impoſthumes of the breaſts or ribs, called the pluriſie.

For blood of the breaſts.

Take two dramms of Leeks-ſeed, and Myrrhe, it ſtancheth the blood that cometh out of the breaſt by ſpitting, although it bee grief to the teeth and throat.

For the Canker in a womans Paps.

Take picked Garlick, and Rye meal, or Barly meal, and bray them togethter with Vinegar, till they become as thick as a plaiſter, then lay it to the ſore, till it bee white, then take Pimpernel and beat it ſmall, and put thereto life Hony, and lay the plaiſter to the ſore pap, and it will heal it fair. Or elſe take the ſenne of a white Gooſe, and the juyce of Elidony, and bray them well together, and lay it to the pap, and it will kill the Canker, and heal it ſoundly.

Another for the ſame.

Take VVorm-wood, and the white of an Egg, and skin it, then temper it with oyl of Violets, and let her blood on the

the Veins about the Paps.

For the Feſter in the breaſts.

Take the juyce of the root of Fox gloves, and temper it with mans urine, and wring it through a cloth, and waſh the ſore oftentimes therewith, and it will cure it.

To make a woman to have ſoft Breaſts.

Let the party that deſireth to have ſoft breaſts, drink in Ale Nettle-ſeed, and Salt, and it ſhall quickly help her.

For a Woman that hath her breaſts rankled.

Take Linſeed, and bray it with the white of an Egg, and lay it on her breaſts and then take the juyce of Aſhe, and of Rye-meal, and lay it on her breaſts, and let her drink the juyce of Vervain, Fennel-ſeed, and Amber.

For to make a drink For womens paps that are ranckled, and be full of ache.

Take Groundſel, and two times as much of Brouſwort, and waſh them both, and ſtamp them, and temper them with ſtale Ale, and ſtrain it through a cloth, and give to the Patient thereof firſt in the morning, and laſt at night.

For the evil ſwelling in a Womans breaſt.

Take Oke Apples, and ſtamp them to powder, and put them in Oyl of Roſes, and lay it to the ſwelling: or elſe take the juyce of petty Morel, and Daſies, and the dregs of Vinegar, and a hard Egg ſodden with the ſhell, and Barly Flower, and ſo make thereof a plaiſter, and lay it on the ſore.

For Biles on a womans breaſts.

Take the juyce of Morrel, the oyl of an Egg, and Bean-flower, make thereof a plaiſter, and lay it cold thereto.

For a Woman that deſireth to have great plenty of milk in her breaſts.

Let her take the juyce of Vervain or Fennel, and uſe to drink oftentimes thereof, and ſhee ſhall have great plenty of milk. Alſo if ſhee drink the broth that VVhitings have been ſodden in, it is very good for the ſame purpoſe.

For pains in the breaſt with overmuch Milk.

Take very clean water without any gravel in the ſame, and mingle it with Vinegar, and the yolk of an Egg, and a little Saffron, then lay it upon a cloth plaiſter-wiſe, and lay it to the breaſt, and when

when it is dry take it away, and lay another in the place.

Another for the same.

Take Vinegar and Hony boyled together, and spread it upon a cloth, then lay upon it a little powder of Cummin, it will asswage the milk.

For the milk that is curdled in a womans breast.

Take wheat mingled with Rue, and sodden in water, and lay it to a womans hard breasts that be curdled with milk, and it will soften them.

Another for the same.

If the seeds of Lentiles be mingled with water of the Sea, they be good for milke that is curdled in womens breasts.

For the heart-burning.

Take a crop of Fennel and chew it in thy mouth, and suck the juyce thereof, then spit it out, and take another; use this very often, and it will help him that is heartburnt.

For the pain at the heart.

Take Centory and seeth it in stale Ale, and when it is well sodden stamp it in a morter, and seeth it again in the same liquor, then cleanse it through a cloth with two spoonfuls of the juyce, and three spoon-

ſpoonfuls of hony, and then boyl it well together again, and put it in a box, and give it to the Patient every day three ſpoonfuls faſting till he bee whole, and this ſhall do away the glut from him, and make him have an appetite to his meat.

For weakneſſe of the heart.

Take Roſewater, and mother of Pearl beaten ſmall to powder, and mingle it with Sugar, and give it to the Patient to drink three or four daies, and he ſhall be whole.

For faintneſſe at the Heart.

Take the filings of Gold, and the powder of the bone of a Harts heart, and mingle them with the juyce of Borrage, and Sugar made in Sirrup, for it is very good for ſowning.

For all ſickneſſe about the heart.

Take Roſemary, Iſop, Centory, Betony, and Iris, and ſeeth them in fair water, and ſtrain the water, and the juyce of the hearbs, and put thereto hony, and boyl it again, and ſcum it, and put thereto as much butter as hony in the ſeething, and mingle them together, and take it down and cover it well, and drink thereof at evening hot, and in the morning cold.

An Electuary for the heart.

Diantes: This Electuary is good for the heavineſſe in the heart, and for feebleneſſe of complexion in a mans ſtomach, for the Cardiake, and for the bad lungs, & *alia cauſa.*

For evils at the heart.

Take Hartwort, Gallingal, Harts tongue, and Savine, ſtamp them, and wring out the juyce, and temper them with good wine, a good quantity of Roſes, and give it to the party ſo grieved to drink firſt in the morning, and laſt at night, and hee ſhall bee whole God willing.

A Sirrup for the pain of the heart.

Take and ſtamp Betony, and herb Benet, Horehound, and Vervain, ſeeth them in fair water to the third part, then put thereto hony, and make thereof a ſirrup.

For all diſeaſes in a mans heart.

Take Sage, and Mints, by even proportion, ſeeth them in white wine, and make a plaiſter thereof, and lay it to his heart till he be whole: take alſo the wine that it was ſodden in, and give it to the Patient to drink evening and morning, and he ſhall have good deſire to his meat within

within ſix daies after at the furtheſt.

For to comfort the heart.

Take the powder of Setwel, and put in the ſick mans meat, it comforteth the heart, and is very good for them that have weak hearts, and bee diſpoſed to ſowning.

Another for the ſame.

Temper the Patients Wine with water that Spicknard is ſodden in, and with the ſame water make a ſirrup, and let the ſick drink thereof, it is good againſt the diſeaſe of the Heart, and Sowning. And for the weakneſſe of the brain, ſmell it at thy noſe; alſo ſeeth the flowers of Roſemary leaves mingled with Roſe-water, and give it to the Patient to drink.

Another for the ſame.

Take the juyce of Roſemary leaves mingled with Roſewater, and a little of the juice of Panay, and make ſirrup thereof: it will alſo be good if ſome of the bone in the heart of an Hart be put thereunto, and given to the Patient.

For pains in the heart.

Take the powder of Gallingal, with the juyce of Borrage, and the ſeeds of *Ireos*, with the milk of a Goat, and drink it warm: it will aſſwage the pain of the heart.

Another for the ſame.

Take the powder of Cannel, with the powder of the leaves of July-flowers, it is very good againſt the paſſion and ſowning of the heart, being given to the party.

Againſt the paſſions of the heart.

Take and make ſirrop with the juyce of Borage, and put thereto of the powder of the bone in the heart of a Hart.

Alſo take Bugloſſe, and eat it often either raw or ſodden, it driveth out the noyſome humours.

Alſo againſt the paſſion of the heart and ſowning, take ſirrop made with *Caſſia lignea* and Roſes, and the bone of a Harts heart, and give it the ſick to eat.

For feebleneſſe of the heart.

For them that are weak in the heart, and do take their breaths in manner of ſighs, take and give them the juyce of Bugloſſe with hony, and it ſhall help them.

Againſt the fainting of the heart.

Take and make pills with a dram of Amber, and an ounce of *Lignum Aloes*, and two drams of the bone of a Harts heart beat to powder, and beat the pils in Roſe water, and give two or three of the ſaid pills to the Patient when he goeth to bed.

Alſo

Alſo to take the quantity of four drams of *Cucubes*, with the juyce of the root, or the leaves of Parſnips, is very good.

Alſo for them that be faint at the heart, or be like to ſown, give them Roſe-water for to drink, and alſo bedew their faces therewith. Alſo if the faintneſſe come from the Brain or Liver, or pain of the ſtomach cauſed of cold: take two wheat corns of muſk in wine, and it will help the ſame.

Againſt Sowning.

Againſt ſowning and faintneſſe of the heart: take Roſe-water, that the hearb Baſſel is ſodden in, and for the ſame take wine that the hearb is laid in all night.

Alſo againſt ſowning, take the powder of Roſes, and put it into a reare egg.

Alſo take the powder of Ginger in your meats, and it is good againſt ſowning.

Againſt ſowning: make ſirrop with the juyce of Borage, and Sugar.

Alſo againſt the ſowning of the heart coming of cold: take and ſeeth the Hearb *Cardamomum*, in ſweet ſmelling wine, with a little Roſe-water, and uſe it.

For Sowning.

For ſowning and weakneſſe of the heart, bee it in Feavers or Sickneſſes; or if it

come of either cauſe, Camp Mints with Vinegar, and a little wine: if the Patient have no Feaver, then toaſt a ſhiver till it bee almoſt burnt, and put it therein till it be well ſteeped, then put of it in his noſe, and rub his lips, his tongue, gums, teeth, and the temples, and let him chew it, and ſuck the moiſtneſſe thereof, and ſwallow it.

For the pain of the Lungs.

Take Figs, and let them be ſodden with Iſop: they cleanſe the Lungs, and heal the old cough.

Alſo take the root of the wilde Rape, and ſeeth it with Licorice, and the water that it is ſodden in given to the Patient to drink, is very good to cleanſe the lungs.

Alſo take the hearb Southern-wood, and mingle it with Iſope, and ſodden in Wine or water, make it ſweet with Sugar, and ſo drunken is very good for all diſeaſes of the Lungs, and the breaſt: when ſickneſſe commeth of cold, annoint the breaſt.

Another for the ſame.

If you take the broth of Crevis, it is good for pain in the Lungs, named *Perpleumonia*, or conſuming of a man, called *Ptoſis*, becauſe when a man hath a ſwelling

ſwelling about the Lungs, then hee commeth to drineſſe, and conſuming of the natural moyſture till he dyeth.

For the Liver and Lungs.

For the Liver and the Lungs waſting with over unkind heats, take water made of Borrage, and of red Fennel roots, Ach, Iſop, Endive, Betony, Calamint, Lettice, Nutmegs, Mace, flowers of Camomil, Cloves, Anniſeeds by even portions; one ounce of Licorice, and Anniſeeds half a pound, make of all theſe herbs and ſpices a water, and it ſhall reſtore you marvellouſly, and if you cannot get all theſe herbs, then take the more of Borrage. Alſo to reſtore his kind, make a confection of the flowers of Borrage, and of red Roſes with the aforeſaid ſpices, and with Sugar.

For the heat of the Liver.

Take *Spodium & eborii in roſe*, Coral Barly meal, *Triacendaly*, three pennyworth, mingle all theſe with the juyce of Endive, St. *Mary* Berry, and Houſleek.

Another for the ſame.

Take red Roſes, *Sandolorum cum Ivory*, and water of Lillies an ounce, ſtamp them ſmall, and put thereto Barly meal, and the juyce of Marigolds and Vinegar, and

the juyce of Wormwood, and make a plaister thereof, and lay it to the Liver.

For chafing of the liver and of the Spleen.

Take yellow Rubarb, Barly meal, and Vinegar, and temper them together, and make thereof a plaister, and lay that plaister to a mans right side, let him blood in the veine of the Spleen, and give him to drink in Winter Sugar rosat, and in Summer Scabious.

For the chafing of the Liver.

For the chafing of the Liver, and opilation of the Milt caused of humour, take Rubarb with warm-water, but it is better to mingle it with *Trefera farazenico*, and this you may use with the juyce of Endive, and give it to the Patient.

Against chafing or heat of the Liver, take and wet a cloth many times double, and lay it to the Liver.

Also take and annoint the Liver with the oyl of Roses for the chafing of the Liver.

Also the oyl of violets is good against the chafing of the Liver: Proved.

Against the chafing of the Liver, scrape the uppermost of the Gourd, stamp the said scraping, and wring out the juyce, and

and put Vinegar thereto, wet a cloth therein, and lay it to the Liver outwardly.

Alſo take Endive, and lay it in water, and uſe it in your broths for the Patient ſo grieved.

For the heat of the Liver.

Take Fennel, Endive, Succory, Plantain, of each alike much, and diſtil them with red wine, or milk, and uſe it every morning, nine ſpoonfuls at a time, with a draught of wine and ſuger, or elſe five ſpoonfuls thereof alone.

For the Liver waſting, which cauſeth a ſcabbed face.

Take three gallons of ſweet woort, and put thereto four handfuls of Liverwort, and four handfuls of Violets, two handfuls of Harts tongue, four handfuls of Marigolds, four handfuls of Mattelin, and ſtamp all theſe together, and boyl them a pretty while in the Woort, then take them up, and when they are cold ſtrain them, and put thereto Barly meal: uſe this faſting, and at night the ſpace of a month, then take an oyntment that is made for a dry ſcab, and therewith daily annoint thy face, and uſing this drink aforeſaid the party ſhall finde help.

For the unkind heat of a mans Liver, which cauſeth his colour to wax yellow.

Take the water of Chickorie, and the water of Lettice, and the water of the leaves and ſmall branches of a Moryel tree, take the herbs and ſtamp them all together, as much of the one as of the other, and take the juyce thereof, and as much Sugar as will ſuffice, boyl all theſe together till they bee as thick as a ſirrup, and put unto the ſame a poys and a half of Rubarb, and uſe a quantity of this ſirrup in cold water every day faſting, till he be whole.

For the Liver that is corrupted and waſted.

Take a quantity of Liverwort, and bruiſe it a little, then ſeeth it in good ſtrong Woort with a quantity of Rubarb, and uſe this medicine till thou be whole.

A drink for the Spleen.

Take Hartſ-tongue, wild Hop leaves, and Borrage, with the flower of Fumitory, and Parſly roots, ſeeth them in Whey, and clarifie them with the white of an Egg, and ſtrain it, drink thereof morning and evening, and ſo continue a fortnight, and it will help you many ways

A plaiſter for the ſpleen.

Take three or four Hollihock roots, two handfuls of Mallows, and ſeeth them well together, then ſtamp the roots by themſelves, and ſtrain them with the ſame water wherein they were ſodden, then ſtamp the Mallows together with the juyce of the Hollihock roots, and put in eight or nine Figgs and two ounces of Sugar, a little leavened bread, and half a diſh of ſweet butter, then lay part of the ſame upon a woollen cloth, and as hot as may be ſuffered lay the ſame to the ſide, and roul it very faſt with a ſtrong rowler, and every day once renew the ſame with a freſh plaiſter very hot, until ſuch time as the party be well.

Another plaiſter for the Spleen.

Take Wormwood, Mallows, Cammomile, and Melilot, of each of theſe a good handful, boyl them in fair water till the liquor bee half conſumed, then put unto the ſame half a handful of Wheat-bran, or more, and boyl it to the thickneſſe of a plaiſter, then quilt it, and as hot as you may ſuffer it lay it to your left ſide.

An Alebury for the Spleen.

Take a pinte of Ale clarified, and put there-

therein a cruſt of bread, then take the powder of *Gentiana*, Spicknard, Gallingal, of each two penny-worth, let them have a boyling or a walme, then take it off the fire, and drink thereof morning and evening, and it will cure the ſpleen.

A reſtorative for the Liver, Lungs, and Spleen.

Take two parts of Fennel, and three parts of hony, ſeeth them together till they bee as thick as an Electuary, and let the ſick uſe it morning and evening.

For the ſtopping of the ſpleen.

Take the Elder root, and ſeeth the ſame in white Wine until the third part thereof be conſumed, and drink of the ſame, and it cureth the Spleen marvellouſly.

Another for the ſame.

Take the Lungs of a Fox, and make it into powder, and uſe to drink thereof, and it will certainly cure the Spleen.

For the Spleen, a good experiment.

Take two pound of Boars greaſe, and two pound of aſhes made of Aſhen wood, and one gallon of fair running water, and ſeeth them all together till half be conſumed, then ſtrain them through a cloth, and let it ſtand all night, and in the morning fleet off the greaſe, and caſt away the

the water, and mingle the greaſe well together, and put it in a boxe, and therewith annoint upon the Spleen. You muſt likewiſe give the Patient this drink following: Take the roots of young Aſhen Plants, and a good quantity of Wormwood, and ſeeth them well together in a gallon of Wine, till the one half bee waſted, and let the Patient drink thereof in the evening hot, and in the morning cold; and let the Patient uſe this oyntment, and drink of this drink the ſpace of nine daies and it will help him: Proved.

Another for the Spleen: Proved.

Take the inner rinde of the Aſhe tree, ſtamp it, and ſeeth it in Wine, and it will doubtleſſe help the ſpleen.

For the heat of the Liver.

Take the juyce of ſoure Apples, and ſweet Apples, of each a pinte or more, and two pound of Suger, and mingle theſe together, and let it boyl on a ſoft fire, till it bee as thick as a ſirrup, and uſe of this a little every day faſting, being made luke-warm at the fire.

To purge the Liver of choller and ſalt flegme.

Take the weight of a gold Noble of Rubarb, and cut it in ſmall pieces, and a half

half penny-worth of Spicknard, and the weight of two groats of Sene in the cods, lay all theſe in ſoke in nine ſpoonfuls of VVhey, by the ſpace of twelve hours, and ſo give it to the Patient.

For the Liver that is chafed.

Take and uſe Saunders in thy pottage or broth, and drink it, and waſh thy right ſide with cold Urine, but firſt boyl it and ſcum it, and put thereto vinegar, and lay it to thy right ſide, but not hot, for it will chafe the Liver.

For waſting of the Liver.

Take VVater-creſſes, red Fennel, and Sorrel, boyled with a Chicken in a pot, and uſe it nine daies together.

Another for the heat of the Liver.

Take a quart of Barly, and put thereto a gallon of well-water, and boyl them together till the Barly bee as ſoft as any wheat or Furmety, then ſtrain it through a clean cloth, and take the ſame water, and put thereto as much good woort, with a penny-worth of Licorice beaten, but not to powder, and take a good handful of Iſope, and a good handful of Sage, and boyl all theſe together till the one half thereof bee waſted, then ſtrain them again through another clean cloth, and that which

which cometh forth put it into a clean veſſel, and let it ſtand a day and a night, and drink of the ſame firſt in the morning, and laſt at night when you go to bed.

For ſtoppings in the Liver and the Milt.

Take and ſeeth Hartſ-tongue in water or wine, and drink it: or if the hearb be eaten it is very good for the ſame. Alſo to unſtop the pipes of the Liver and the Milt, take Smallage and ſeeth the ſame with a like quantity of Elder leaves, then ſtrain it, and drink the broth thereof.

Another for the ſame.

If you uſe to drink the juyce of Chiccory, it openeth the opilation of the Liver and Milt cauſed of heat. Or if you take the wine that *Silios* hath been ſodden in, and drink thereof faſting, it is a very good medicine againſt the ſtopping of the Liver, Milt, and Reins, and againſt the let of Urine.

Another for the ſame.

Take and drink the wine that wilde Time hath been ſodden in, and you ſhall finde it very good againſt the ſtopping of the Liver, Milt, and Reins, and the hindrance of Urine, as hath often been proved.

Alſo

Alſo if you take the juyce of the hearb called wilde Minte with hony, and the VVine that it hath been ſodden in, it is very good to unſtop the conduit of the Milt, and the Liver and Urine.

Againſt the opilation of the Liver, the Milt, the Urine, and the Bladder, uſe the decoction of *Caſſia Ligna*, or the ſirrup that it is made with.

To uſe alſo the juyce of Night ſhade made in ſirrup with a little Sugar, is very good for the Liver and the Milt.

Alſo if you make ſirrup of the juyce of Fennel, and the decoction of the hearb called Dawk, it is good againſt the ſtopping of the Liver and the Milt, and againſt the Dropſie.

For the Liver and Milt.

Againſt the opilation of the Liver, or the Milt, take *Aloe Hepatick*, with the juyce of ſmallage warm; or make a decoction of the roots of Smallage, Parſly, Fennel, Bomwort, and ſpurge, with two dramms of Maſtick, and uſe this two or three times in the week till you bee well.

Another for the Liver and the Milt.

Alſo who ſo uſeth often to eat the hearb Chervel, it cauſeth the ſtopping of the Liver

Liver and the Milt to ceaſe. Or if the Patient take the ſeeds thereof, and make them into powder, and afterward either eat or drink of the ſame, it will help him.

Alſo if the juyce of VVolf-thiſtle bee drunk with wine, it is very good for the Liver.

Alſo to drink the water that Lovage hath been ſodden in, is likewiſe good for the Liver, and the Milt.

Alſo againſt the ſtopping of the Liver and Milt, take the powder of Barberries, with the juyce of Morrel, and drink often of the ſame.

For the Liver, Milt, Reins and Bladder.

Againſt the opilation of the Liver, Milt, and Reins, and the hindrance of Urine, take and ſeeth the hearb *Germander* and *Camphithis* in oyl, and lay it to the place where the party is grieved. Alſo take an Electuary confect with hony, and two parts of theſe herbs, and ſo uſe it.

For the Liver, the Milt, and the Jaundiſe.

Againſt the opilation of the Liver, Milt, and Jaundiſe, take the juyce of wormwood

wood and Sorril, or elſe make them in ſirrop, and uſe it with warm water: alſo againſt opilation of the Milt, take the juyce of worm-wood, and the powder of Coſty, it is alſo good for the ſame.

For all pains in the Milt.

Take of the drink that Gold hath been quenched in red hot, and it helpeth the pain in the Milt.

Alſo an oyntment made of *Aſſa Armoniac*, and waxe, ſoftneth the hard Milt, and it diſſolveth the milk curdled in the paps.

Alſo make juyce with Smallage, and put thereto oyl and waxe, and conſect it into a ſirrup.

Alſo for the Milt, take Armoniac, and Galbane, of each of theſe alike much, ſoften them well in Vinegar, and with wax, then put thereto powder of Coaſt, and worm-wood, make thereof an oyntment, and uſe therewith to annoint the place againſt the Milt, and it will help the ſame.

Alſo take Egrimony, and eat thereof oftentimes, and it healeth the pain of the Milt.

Againſt the opilation of the Milt or Dropſie, take the wine that *Ambroſiana* hath

hath been ſodden in, for being oftentimes drunk, it healeth the pain of the milt, coming of cold.

Alſo againſt the Ache of the milt, drink the wine that Betony hath been ſodden in, and it profiteth.

Alſo make an oyntment of the hearb called Bears-foot beaten, and then lay it long in oyl, and with waxe make an oyntment; the leaves ought to bee uſed while they bee green.

Alſo the hearb *Amios*, with the roots of Oats in wine helpeth much the pain of the Milt.

Alſo for the Milt and Liver, take the juyce of Fennel ſodden in an apple, and take the powder thereof.

Alſo for the pain of the Milt and Liver, take the wine that Coperas hath been ſodden in.

Alſo for the pain of the Milt and the Liver, drink the wine that *Caſſia ligna* hath been ſodden in.

Alſo for the pain of the Milt and Liver, take the Electuary that *Diocoſtum* hath been ſodden in.

Alſo uſe a dram of Cammomile in powder, with wine forty daies. Alſo uſe to drink the wine that Hony ſuckles hath been ſodden in.

Alſo

Alſo ſeeth Ivy in wine, and then ſtrain out the juyce, and drink thereof, it helpeth greatly.

Alſo the water that the root of Fearn hath been ſodden in is very good for the ſame.

Alſo you may uſe the water or wine that the rinde of Fennel roots hath been ſodden in.

Alſo the water or wine that the bough of an Aſhe hath been ſodden in, is good for this purpoſe.

For to ſoften the Milt that is hard.

Take the root of the wilde vine, and ſtamp it with Porks greaſe, then melt it on the fire, and ſtrain it, and take meal of Linſeed and oyl, and put thereto: and this oyntment is very good for the hardneſſe of the Milt and Liver, and to ripen impoſthumes.

Another for the ſame.

Take the rinde of the root of Horehound, and ſteep the ſame a fortnight in wine and Oyl, and then let it bee ſodden and ſtrained, and in the ſtraining put thereto water and oyl, and make thereof an oyntment, and uſe the ſame at your need for this purpoſe.

For

For ache in the Guts and belly.

Take the powder of Mugwort, and let it bee drunk with wine aud hony, it eaſeth greatly the ache in the bowels, and is good againſt divers other diſeaſes. And for the pains in the guts, take a ciate of the juyce of Clot leaves, and it will eaſe thee.

For pains in the Belly.

Take and ſtamp Mugwort, and lay it to the belly, it helpeth the ſame marvellouſly, take alſo an ounce and a half of Wart-wort with as much wine, and it will likewiſe aſſwage the pain in the belly.

For the pain in the belly.

Take and make an Electuary of hony, and ſeeth it with water to keep it from cleaving to, then put to the ſame two ounces of Hermodacts, and one ounce of Fennel-ſeeds, and give thereof to the party ſo grieved, that hath the pain in his belly, and it will help him: Proved.

For the pain in the belly.

Take wild Time, and ſeeth the ſame with wine and oyl, and it is very good againſt the pain in the belly. Alſo if you take the brain of a Hare roſted, and eat thereof, and drink ſome good wine afterward,

terward, it is good for the pain in the belly.

For the pain the belly.

Take three pints of Malmſey, and a handful of Oris powder, and a handful of Cummin, with a handful of red Roſe leaves dryed, a handful of Cammomile flowers, and one diſhful of wheat bran, ſeeth all theſe together, and put them in a bagg, and make it plaiſter-wiſe, then lay it to the belly of the Patient ſomewhat warm.

For the griping or pulling in the Belly.

Take half a pinte of Malmſie, a bigg root of Tormentile, and grind the root into powder, with a little Treacle, and make it blood-warme, and ſo give it to the party to drink. Or elſe take a penny pot of Malmſie, and a little Treacle, and two penny-worth of Myrrhe, and grind it to powder, and ſo put the Treacle and Myrrhe into the Malmſie, and make it reaſonable warme, and give it to the patient.

Another for the ſame.

Take a little quantity of the earth that worms caſt up out of the ground (which moſt commonly you ſhall finde in ſome ſoft foot-path-way, or elſe in ſome Gar-

den-

den-path) and when you have gathered the ſame, mingle therewith a like quantity of Hony, and give the Patient half a ſpoonful in the morning, cauſing him to faſt two hours after: this within four mornings eating thereof, will certainly help the ſame, as hath been by ſundry perſons proved.

To break winde in the belly, and for wringing in the ſame.

Take Cummin-ſeeds, Fennel-ſeeds, Anniſeeds bruiſed, and ſeeth all in wine, and drink thereof in the morning, at noon and at night. Alſo take Pellitory and boil it in broth, and give the ſick thereof to drink.

For women that have very great bellies being not with Childe.

Take a handful of Iſop, a handful of Hearb-grace, a handful of Arſmart, and ſeeth all theſe Hearbs in a quart of Ale till it come to a pinte, then preſerve the ſame in a glaſſe, and give the woman ſo grieved a quarter of a pinte at once, firſt in the morning, and laſt at night.

Another for the ſame.

Take Savoury and ſtamp it, and put thereto good Ale, with a little Jet and white Amber made into powder very ſmall

ſmall, and give the woman thereof to drink with the Savoury; alſo make a plai of Savoury, of Iſope, and of Leeks fryed with freſh Butter, and lay it to her belly, and to her reins, and ſhee ſhall bee whole.

For a Woman whoſe Womb is hard.

Let the party grieved drink the juyce of VVaybread with old wine, and ſhee ſhall bee eaſed.

Another for the ſame.

Take Cinkfoyl, that is to ſay, five-leaved Graſſe, and ſtamp it, and ſtrain it with hot milk, and give the woman thereof to drink, and it will help her.

For a ſwolne or aking womb.

Take the juyce of Rue, and let the patient drink thereof with VVine or Ale, and it will help her: proved. Alſo take Southern-wood, Tanſie, Rue, and eat them with ſalt, and ſhe ſhall be whole.

For to unbind the belly and the wombe.

Take Hony and ſeeth it till it waxe black, and put thereto powder of Salt, and mingle them both together, pour it upon an even ſtone, or ſome other even thing, and then being made an oyntment put thereof into the parties fundament, and

and it will cauſe him to go to ſtool very well.

Sundry other Medicines for to unbind the Belly.

Seeth the root of Mulbery in water, and drink thereof, and it will looſen the Womb and the Belly, and drive out the worms that be rough and ſhort.

Alſo you may uſe a Gargariſm of vinegar and water, wherein *Aſſa fetida* hath been ſodden, it abateth the ſwelling of the womb or belly.

Alſo if you lay the leaves of Hollihock very hot upon the womb, it helpeth the ſame.

Alſo you may uſe the wine that Roſemary and Cummin hath been ſodden in, againſt the ache of the womb.

Alſo to take Pears and dreſſe them in your meat comforteth the womb, and unbindeth the ſame.

For to looſe the Belly and Womb.

Take the juyce of the hearb called *Britannica*, as much thereof as you think neceſſary for the ſtrength of the Patient, and it will looſe the womb without any danger. Alſo if you take Mallows and ſeeth them, and make pottage of them, it looſeth the womb, as hath been oft

proved. Alſo the heads of Leeks being ſodden in the oyl of ſweet Almonds, or of oyl Cockil, called *Zizanium*, looſeth the womb, and keepeth it moiſt.

Againſt the worms in the belly.

Take and make Pancakes or Fritters of meal, with the leaves of ſmall Tapſebarb, and eat thereof, for they are very good againſt Worms in the belly. Alſo the juyce of Scabius being drunk, is very good for the ſame. Alſo a plaiſter made of parcht Beans, with a little vinegar, Mints, and worm-wood, and laid to the Navel, is good againſt the worms in the Womb. Likewiſe the juyce of Plantain being drunk, killeth worms in the wombe. The juyce of Mints and of Horehound being drunk, doth the ſame.

For Worms in the Belly.

Take Betony and Savine, and dry them, and make powder of them, and let the Patient drink thereof in hot water, and as ſoon as the powder is in the belly it will kill the worms, and bring them out on warrantiſe: Proved.

Another for the ſame.

Take Sengreen, Featherfu, and Mints, ſtamp them, and drink the juyce there-

of

of in warm wine, and it will kill the Worms, and bring them out.

For Worms in the belly.

Againſt Worms in the belly, take Garlick, Pepper, a little Parſly, and the juyce of Mints, make of them ſauce, and wet your bread therein. Alſo for worms in the belly, make Pills of *Galbanum*, and annoint them with Hony, and uſe thereof. Alſo for the worms in the belly, take *Armoniack* made in powder, with the juyce of worm-wood, and Arſmart, and it will help the ſame.

Againſt the Flux of the Belly.

Take ſmall Raiſens, and uſe to eat of them often with your meat, it taketh away the belching, and helpeth greatly to ſtop the flux in the belly.

Alſo for the Flux in the belly, let the Patient take the root of Tormentile and ſtamp it, and ſtrain out the juyce thereof, and drink thereof warm with the water of Plantain, and it will help him.

Alſo if the party grieved take the roots or beards of Leeks dryed on a hot Tile-ſtone, and receive the ſmoke thereof beneath, it is good to cloſe the flux of the belly.

Alſo the juyce of the crops of Bryers

taken with a gliſter, is very good for the ſame purpoſe.

Alſo the juyce of ſloes given to the patient to drink in wine helpeth the pain thereof.

The powder of five-leaved Graſſe, being put into the juyce of Plantain, and given unto the Patient to drink thereof faſting, ſtoppeth the flux in the belly.

A very good experiment to ſtop the Flux of the Belly.

Take the roots of Fearn, Roſes, wild Creſſes, Figg-tree leaves, and flowers of Cammomile, of each alike much, and beat them together, and ſeeth them in rain water till the half bee waſted, and then receive the ſmoke thereof beneath, and waſh your feet alſo in the ſame water.

For worms in little Children.

Take the hearb called *Rodalia* and ſtamp it, and make a plaiſter thereof, and lay it to the childes belly, and it will help the ſame: proved.

For the worms in childrens bellies.

Take a penny-worth of *Aloes ſiccatrina*, and as much *Colla curcadia*, and make them both in fine powder, and boyle theſe two powders on the fire with half

half a pound of ſweet Butter, and ſo dreſſe the Childe three or four times over the ſtomach and the belly againſt a good fire, but remember firſt to ſtrain this medicine through a fine cloth after it be boyled, and then uſe the ſame in manner as is aforeſaid,

A drink for worms in Children.

Take of VVheat flower as much as will cover a French Crown heaped three times, and put it into a Goblet, then take of fair water almoſt a pinte, and ſet it to the fire and let it ſeeth, and ſcum it very clean, then take of penidis two ounces in powder, and put it into the water, and let it boyl well, then take the ſame from the fire, and poure thereof in the flower, and ſtir it alwaies in the pouring, that it may bee as thick as milk, and no thinner, then give the party to drink thereof warm, a good draught at a time.

A plaiſter for worms in Children.

Take of *Alloes ficcatrina* the quantity of two beans beaten into very ſmall powder, and put it into a ſpoon, with as much of the juyce of wormwood as will make the ſame moyſt like unto a ſalve, then take a peece of red Leather, as

much in breadth as your three fingers, and ſmear the oyntment thereon, then warme it a little, and lay it upon the Navel, and binde it faſt, letting it lye there unremoved the ſpace of three days, and then take it away, for it will help the Childe, on warrantiſe, as hath oft been proved.

For a Stitch in a mans ſide.

Take a reaſonable peece of white leavened bread, and toaſt the ſame on both ſides, and then ſpread it on the one ſide with the beſt Treacle you can get, and cover it with a fine linnen cloth, and ſo lay it warm to the ſore ſide where the pain is, and it will help you God willing. This Medicine coſt five pound the learning.

Another for the ſame.

Take Oats, and fry them with vinegar, then put them in a cloth, and lay them very hot to the parties ſide, and it will help the Stitch: Proved.

For broken Sides.

Take and ſtamp the roots of Mallows, and put thereto the blood of a Goat, and fry it together, and lay it hot to the ſide; renew it but once in three daies.

For ſore ſides within, or without.

Take Aliſanders, Parſly, Lovage, red

red Fennel, Smallage, Burnet, and Gromel, and ſeeth them in white wine till the one half bee conſumed or waſted, then ſtrain it, and let the Patient drink thereof firſt and laſt, in the evening cold, and in the morning hot.

An Oyntment for ſore Sides.

Take a handful of Mallows, a handful of Groundſel, a handful of Sowthiſtle, as much of Nightſhade, a quantity of Vervain and Dill, theſe hearbs muſt bee ſtamped as ſmall as may bee, and tempered well with May Butter, or ſheeps ſuet over the fire, and ſo make it an oyntment, and annoint the body or ſide that is ſtiffe by the fire, the oftner the better. Proved.

For the Impoſthume in a mans ſide.

Take wormwood, Mint, Calamint, hearb Bennet, Mallows, Chervil, Sage, Roſemary-flowers, pound them together, and put thereto Cummin, and crumbs of leavened Bread, and boyl them in wine or Piſſe, and make a plaiſter thereof, and lay it to the ſide.

For the impoſthume in the ſides.

Take Rue, and drink it oftentimes. Alſo ſtamp Figgs with oyl Olive, or

with greaſe, and plaiſter it to the ſore ſide

Another for the ſame.

Take the juyce of Scabious, and half a pound of the powder of Coral, and mingle them together, and drink thereof a good draught, and it ſhall break the Impoſthume of the ſide.

Another for the ſame.

Take Marſh Radiſh, Rue, wormwood, Centory, Savine, ſtamp all theſe together, and drink it faſting, and thou ſhalt break the impoſthume inwardly, and avoid it outwardly.

For the ache in the ſide or ribs.

Take and annoint the ſides or ribs with the juyce of Knot-graſſe, and with the oyl of Roſes, and it will help them.

For ache under the ſide.

Drink Sage with wine a little warmed, and it will eaſe the ache under the Sides, and of the womb, and it is good for the Dropſie, or the palſie. Alſo Chervile drunk with wine, eaſeth greatly the pain in the Sides.

For all diſeaſes in the ſides.

Take worts, and make balls thereof being ſodden, and grinde them to powder, and brew them in a new earthen pot,

pot, and after that gather them together, with hony, and ſmear them well together, and make a plaiſter for the ſore ſide.

For a womans ſides that be ſore.

Take Hilwort, Aliſander, Parſly, Lovage, red Fennel, Radiſh, *Enula campana*, and ſeeth all theſe hearbs together in white wine, from a pottle to a quart, and let the Patient drink thereof morning and evening till the pain bee gone.

For the pluriſie, and for ſuch as are uſed to be let blood, to ſave them from letting of blood, and to diſſolve all ill blood.

Take Rye bread, and cut it in ſmall ſhivers, and ſet it in the winde for to dry, and when yee ſhall bee pained with the Spleen, put the Bread in the ſtrongeſt Vinegar that you can get, and let it ſteep therein four hours, till it be well ſoaked, then ſet it on the fire and ſeeth it together, and make a plaiſter thereof, and lay it on the ſide whereas the grief is, as hot as the party may ſuffer it, and it ſhall diſſolve ill blood, and take away the pain in their ordure, this hath been proved for the Pluriſie.

A notable Plaister for the Pleurisie.

Take the roots of wilde Mallows, the greaſe of a Hog, the greaſe of a Fox, and of a Gooſe, or a Duck, of each alike much, but not above an ounce of either: of freſh butter half an ounce, of *Terbinthium* half an ounce, of the fat of Veal, ſix drams, of the oyl of Dill half an ounce, of the marrow of a Deere half an ounce, the powder of the ſeeds of Flax, Vinegar and Bay-berries, of each three drams, and eight Figgs, beat all in a Morter, then put all in a pan, putting Flax therein to bind it together, and ſtir it with a ſtick upon the coales, then take the whole, or part thereof, and ſpread it upon leather, and cover it with ſilk, and baſte it with thread like a quilt, and ſo apply the plaiſter to the place ſo grieved, as cloſe as may be, and by Gods grace you ſhall find great eaſe: Proved.

For the ache in a mans back.

Take Burre roots, and make them clean, and ſtamp them, and temper them with ſtale Ale, and boyl it well, and ſtrain it, and drink thereof in the morning cold, and at night hot.

For

For the pains of the back, of either Man or Woman.

Take VValwort and ſeeth it, and preſs out the water, and bray it in a morter, then fry it with Sheeps tallow, and put thereto clean bran, and plaiſter it to the back either of man or woman, and it ſhall help them by Gods grace.

For the Reines of the back.

Take two new laid eggs and put away the whites, and fill the ſhell with the juyce of Clary, beat it well, and ſtrain it, and ſtir well the yolks and the juyce together over a few coals for the time it is boyling, and then take one and eat it, and uſe this nine daies faſting, and it ſhall ſtrengthen your Reines, and comfort nature, although the Patient be right feebl; it hath been proved.

For a ſore back.

Take Mallows and ſeeth them in fair water, and lay it upon a red cloth to the Sore, as hot as ye may ſuffer it.

Another for the ſame.

Take Kirnels of Haſle Nuts, and the dung of a houſe Pidgeon, and May butter, ſtamp them together, and it will make any ſore for to break, and to heal, and is good for the great pain in the back. Often proved.

For

For the Reins of the back.

Take two Gallons of ſtrong piſſe, and ſtill it, and take a handful of ſappy Sage, and Hemlocks, Mallows, Rue, Egrimony, Scabious, and ſtill all theſe together to a pinte, and when it is ſtilled, put thereto four ſpoonfuls of oyl Olive: this is made principally for the Reins of the back.

For the Reins, a Drink.

Take the juyce of Betony, of wine, an ounce, and of the Betony a ſpoonful, and the powder of Pepper, mingle theſe together, and drinke it for three daies faſting.

For the waſting of the kidnies, and for pains of the back.

Take a handful of Plantain, a handful of Parſley, a handful of Betony, a handful of water Betony, a handful of Sorrel, a dozen crops of Roſemary, ſeeth theſe in three pintes of Ale till it bee waſted, and ſtrain them, and put thereto a pinte of Sack, and a good piece of Sugar, and burn it well together, and ſo give it to the party all hot, evening and morning: proved

For the Whites, or running in the Reines.

Take white waſhed Turpentine, and make it up in balls like pills, then take Cinamon and Ginger, and rowl the balls in it, and take them as you would do Pills morning and evening: Proved.

For the Whites.

For the whites or weakneſs in the back; take an earthen veſſel, and put in it a quart pot of fair water, wherein you muſt quench two or three gads of ſteel being red hot, then ſteep therein an ounce of Lettice-ſeeds, four and twenty hours, then ſtrain the ſame, and ſeeth it half away, and ſcum it very clean, and keep it in a covered cup, and drink this morning and evening with powder of Ivory.

Another for the ſame.

Take Archangel, and ſeeth it in drink, and drink it morning and evening, it is very good, the red for the woman, and the white for the man.

For all manner of aches in the back.

Take Egrimony, Mugwort, both the leaves and roots, and ſtamp them with Swines greaſe and Vinegar, and ſeeth them, and lay it to the back.

Another

Another for the ſame.

Take a good quantity of Peniroyal, and put thereto vinegar and oyl Olive that is green, and lay it to thy back plaiſter-wiſe.

For him that hath loſt his complexion, from the back.

Take Lin-ſeed and ſtamp it ſmall, and temper it with Goats milk, and ſtrain it all warm, and drink it three or four times faſting, and thy complexion will come again.

For the pains in the back.

Take *Unguentum Roſarum*, and chafe your back morning and evening, and lay to this plaiſter following: Take Featherfue, Tanſie, Houſleek, of each a handful ſhredded and ſtamped fine, then fry them well together with a ſaucer full of Hony, and two ounces of *D*oves dung, of the neweſt you can get, when it is thick like a plaiſter, put it in the end of a ſmall ſleeve, and ſo lay it to your back all warme.

For all manner of ache in the back.

Take Smallage, Egrimony, Mouſear, and ſtamp them all together, but waſh them well firſt, and temper them with Ginger, and fry them well in Boares greaſe,

greaſe, and make a plaiſter, and as hot as the ſick may ſuffer it, lay it on the ache, and he ſhall have eaſe.

Another for the ſame.

Take Lilly roots, Cammomel Anniſeeds, and ſtamp them all together, and fry them in Boares greaſe, and put a little Wine thereto, and in a manner of a plaiſter lay it on a cloth, and bind it faſt to the back or reins all hot, and after three or four daies remove it; with renuing of the plaiſter thereto, with more freſh.

For the running of the Reines.

Take Pellitory of the wall and ſtamp it, and ſtrain it, and drink it with Malmſie, or white wine, or Ale, and do this often till that thou bee all whole. Alſo if the Patient make a Tanſie of Clary, and eat thereof, it is very good for the ſame Diſeaſe, as hath been proved.

For Womens terms.

Take Selandine, and let a woman put it in her hoſe under the ſoles of her feet, and it will help her.

Alſo Mollet leaves, and the red flowers of Hollihocks are very good for this purpoſe.

Alſo

Alſo the great leaves of Burres being ſodden in ſtrong Ale, and this ſame afterward drunk, is very good.

For waſting of Nature.

Take a pinte of Malmſie, and put thereto a penny-worth of Cinamon, and another of clean Mace, and boyl them over the fire with the Wine, but firſt make powder of your ſpices, then take Treacle as much as a Damſon, and put thereto, and ſtirr all together, and let the ſick drink thereof hot at all times, and it ſhall avoid all flegme and winde in the interiour parts of man, and reſtore his nature: Proved.

For all Impoſthumes in the body.

Take Centory, Roſemary, Wormwood, Horehound, and make it in firrup with white wine, and let the ſick take thereof, and it ſhall cauſe the Impoſthume to go down, and when it is broken, let him uſe to drink of the ſame firrup warm.

For to deſtroy all Impoſthumes either in Man or Woman.

Take the root of Hollihock, and waſh it clean, and ſeeth it till it bee tender, and then put the water into a veſſel, and then take Lin-ſeed and Fenegreek, of each

each of them a like much, and ſee that thou have as much of them two as the root that is ſodden, then ſeeth them in the ſame water till it rope as it were bird-lime, then ſtamp the root, and do thereto Barly-meal, and mingle them well together, and fry them with Boares greaſe, and lay it to the ſore plaiſter-wiſe, as hot as you may ſuffer it, and within nine daies yee ſhall bee whole. Alſo take Tormentile, and let the Patient drink often of the juyce thereof, and it ſhall cure him: Proved.

An experiment to take away the Mother.

Take a great deal of Mugwort, and as you gather it, ſlive the leaves downward, then waſh them clean, and boyl them in running water till they bee ſoft, and when the Party goeth to bed, let him or her, waſh themſelves therewith, from the Navel downward with flanks and members, and alſo the Mother, ſo hot as is poſſibly to bee ſuffered, remember the parties that they waſh not upward at any time, and within three daies waſhing, the parties either hee or ſhee ſhall be whole, God willing: Proved.

Another Medicine for the Mother.

Take a handful of Mother-time, a handful of Motherwort, a handful of Isop, a handful of Sage, seeth all these in a gallon of fair water until it bee half consumed, then mash it upon a half peck of malt, so let it stand an hour, then take the wort of it as you do drink, and put yest to it, and being thus made, let the party drink it morning and evening.

A drink for the pain of the Mother.

Take a dram of *Methridatum*, and dissolve it in an ounce and a half of water of Worm-wood, and give it to the woman for to drink before that she goeth to meat four hours, and let her not drink a good while afterward: proved.

A most excellent Medicine for the Mother, the Chollick, and Stone.

Take Fennel-seed, Coriander-seed, Carroways seed, Parsly-seed, Galingal-seed, Gromwel seed, an ounce of each of these; also an ounce of leaves and cods of *Sene*, a quarter of an ounce of Spicknard, a quarter of an ounce of Time; take all these and make them into powder, and searse them through a searcer, and drink them in white Wine,

or

or good Ale first and last, and in all manner of sauces that you eat with your meat, and this Medicine shall cure the Mother, the Stone, or the Chollick: Proved.

Another for the Mother.

Take Mugwort, and herb Simonde, sundry and red Mints, and strain all these juyces with red Wine, and give it to the woman that is pained with the Mother to drink.

A good medicine for the Mother, coming of what cause soever.

Take the rasing of Ivory, and the rasing of an Hartshorn, with the hair of a Hare dryed, and made into powder, and as much of Goats claws burnt, and powdered, if they may be gotten, and instead thereof Sheeps claws; take all these and use to eat of them in your pottage, or otherwise in your drinks.

For the Genitories.

For the pain and swelling of the Genitories, seeth well the root of Bruise, and make a plaister thereof, and put suet to it, and binde it fast thereto with a band, and it will ease the pain and swelling of the Cods.

For

For the ſwelling of the Cods.

For them that have ſwolne Cods with flegme, ſo that they ſhine, ſtamp Doves-foot with ſmall green Lettice, and lay it plaiſter-wiſe thereto.

Another for the ſame.

Take Barly meal, and hony, and fry them together, and make a plaiſter thereof, and let the party ſo grieved lay it warm to the griefe of the Cods.

For ſwelling of a mans Cods.

Take Rue, and wormwood, and ſtamp them together, and put thereto Hony, and make thereof a cold plaiſter, and lay all about the cod, and when you will take the plaiſter away, then waſh the cod with Vinegar, and hee ſhall bee whole.

For a man that is bruiſed, or that his Cods be ſore.

Take the wool of a black Rams cod, and put that wool into oyl, and powder of Cummin, and heat it hot, and thereof make a plaiſter, and as hot as the party can ſuffer it, lay it to his Cods, and it will take away the aking, and make it whole within three or four times dreſſing therewith.

For

For ſwelling of the Cods.

Take Roſe-leaves, Roſe-water, red Wine, Camomile, or Camomile flowers, and bean flower, let them boyl together, and make a plaiſter of it, and lay it to the cods as hot as he may ſuffer it.

Another for the ſame.

Take the juyce of Walwort, Vinegar, and Hony, put thereto Barly flower, and ſeeth them till they bee thick, and bind it to the ſore all hot.

For a mans Yard that is ſcalded.

Take Bruiſe-wort, Vervain, hearb *Robert*, Pimpernel, of each of theſe a good quantity, and moſt of all of Pimpernel, ſtamp them all together as ſmall as you may, then fry them with butter, and ſtrain it through a cloth, and put it in a box, and therewith annoint your Yard cold, and of theſe hearbs make a plaiſter, then lay it all about the Yard cold, dreſſing it every day two or three times a day.

For a mans Yard that is burnt.

Take a Linnen cloth and burn it to powder, and take oyl of Eggs, and annoint the ſore, and fill the grief with the ſaid powder. Alſo for a mans yard that is ſore, and full of holes: take a good com-

company of Daſies, and ſtamp them, and change them often. Alſo take Linſeed and burn it, and make powder thereof, and do it in a cloth, and lay it to the ſore.

For a ſore in a mans Yard.

Take Swiniſmore, Hocke leaves, Ambroſe leaves, Vervain, Pellitory, Chervile, Maſtick, bruiſe theſe hearbs together in a morter, and mingle them together with Maſtick, and Swines greaſe, and oyl Olive, and boyl them, and ſtrain it through a cloth, and with this Unguent annoint the ſore Yard ſo grieved.

For the ſwelling of a mans Yard.

Take Leeks and bray them in a morter, and fry them in freſh greaſe of a Bore, and make a plaiſter, then lay it all about the Yard, and it ſhall aſſwage and heal it: Proved.

Another for the ſame.

Take Clay, and beat it to powder, and ſift it, and take wine Vinegar, and ſeeth them together, and make a plaiſter thereof, and it will take away the ſwelling thereof.

For pain in the bladder.

Take four drams of Betony, and four roots

roots of Smallage ſodden in water, but firſt ſeeth the roots till the water bee half waſted, then ſeeth the Betony therein, and drink thereof.

A decoction for to drink with Wine, for them that make bloody water, by fracture of any vein within the body, as the Liver, Reines and Bladder.

Take of Knot-graſſe, *Burſa Paſtoris*, of each a handful, the cups of Acornes, of Camphire one leaf, of Cinamon a dram weight, of Licorice clean ſcraped and ſliced, one dram weight, of water a quart, of Suger two ounces, all this muſt boyl to the conſumption, of the third part, and then let it run thorow a fair cloth into a clean veſſel, and when it is cold put it into a glaſſe, and in your drink uſe thereof, either in Ale or Beer, and it ſhall eaſe the bladder of pain.

For him that piſſeth blood.

Take Ambroſe, *Burſa Paſtoris*, Parſly ſeed, ſtamp them and temper them with Goats milk, and give the party to drink, and it will quickly help him.

For a man that piſſeth blood.

Take of the earth that is on the Swallows neſt, and put it into hot water, and

and give the ſick for to drink, and the bleeding ſhall ſtanch within a while.

For a man that may not hold his water.

Take the claws of a Goat, and burn them in the fire, and make thereof powder, and let the ſick uſe of this powder in pottage a ſpoonful at once, and hee ſhall be whole.

For a man that may not piſſe.

Take Mallows, a good quantity of Gromel, and ſeeth them in vinegar a good while, and then let the ſick drink thereof warm, and hee ſhall piſſe ſoon after.

Another for the ſame.

Take Lanberd, and make powder thereof, and then let the ſick drink thereof with white Wine, and hee ſhall quickly piſſe, for this medicine hath been proved.

For a hard womb, and for to piſſe.

Take Parſly-ſeed, Ache, and Spurge, of every of them four ounces: ſtamp them to powder, and put it either into wine or water, and drink it morning and evening.

For to make a man to piſſe well.

Take Pellitory, ſtamp it, and fry it, and lay it all hot to a mans Yard. Alſo make

make a plaiſter of the flower of Cockle; and water, and ſo lay it to the ſick mans yard. Alſo Linſeed being ſodden well in Hony, and applyed to the place, cauſeth the man to piſſe well: Proved.

For a woman that may not hold her water.

For a woman that may not keep her water, take Egrimony and Salt, and ſtamp them together very ſmall, then ſeeth it in old VVine until the third part thereof be conſumed, and then give her thereof to drink.

For a man or woman that may not well piſſe.

Take *Galbanum*, and lay it to the end of a mans Yard, and for a woman lay it to her Navel, and being thus applyed, it will help either man or woman.

Another for the ſame.

Take a few of the crops of red Nettles, Sheeps tallow, Senſon of a houſe top, and fry it well together, and as hot as the man may ſuffer it, lay it to his Yard, and for the woman lay it on her Navel all hot: Proved.

For one that may not well piſſe.

Take a quart of white wine, and a good peece of ſtone-pitch, Anniſeeds, Parſly

ſeeds, and a peece of Suger, let it ſeeth from a quart to a pinte, and drink it warm evening and morning: and it ſhall help the party ſo grieved.

For ſtraightneſſe of piſſing.

Take and ſeeth Camomel in wine or water, and oftentimes drink thereof, it eaſeth and profiteth greatly for the ſtopping of the Milt, and of the Liver: proved.

Another for the ſame.

Take the leaves of Stamarch, or Aliſander, and put them on a Tile-ſtone being warm, and lay it all hot to the privie Members, and it will eaſe the ſtraightneſſe of the piſſing, and abate the pain therewithal: Proved.

For Gonorrhea paſſio.

Gonorrhea paſſio is flowing of a mans ſeed againſt his will, and cometh of divers cauſes, either of feebleneſſe of the reines, or of plenty of blood, or of a Palſie in man: this paſſion is Perillous, or it maketh a man or woman unluſty, and their joynts as ſore as a man that is weary with travelling, and hath no will unto a woman.

Take the ſeed of Lettice, and make it in powder, and drink it with water, for

it

it ſtoppeth the Flux of kind, that paſſeth forth in the Patients water againſt his will.

Alſo the powder of Mints dryed in an Oven, beſt reſtoreth kind, and reſtraineth the errours of the Flux.

Alſo *Caſtorium* boyled in the juyce of *Agnus caſtus* that is called Tutſan, and being drunk is good for the paſſion.

Alſo Amber oriental is a precious thing, and *Caldo* plaiſtered and laid on the reins of the back.

Alſo temper the powder of Camphire with Muſtilage, or Verjuyce, or the juyce of Morrel, and therewith annoint cloths, and lay to the Yard.

For all evils in the bladder.

Take Ache, Parſly, Fennel, and Pimpernel, all by even portions, bray them together, and temper it with warm water, and drink it, for it will make the evils to paſſe, and for to caſt out the ſtone that is in the bladder: Proved.

Another for the ſame.

Take Porrets that never was ſet, root and all, bray them, and temper them with wine, or with ſtale Ale, and ſeeth it from a pottle to a quart, and take of the powder of *Philopendula* an ounce and

uſe this nine dayes till thou feel thy ſelf eaſed, and this God willing will help thee.

For a privy Malady that a man taketh of a woman.

Take a dead mans bones, and burn them, and make powder of them, and lay the powder on the hair, and thou ſhalt bee whole by Gods grace.

Alſo if a mans fleſh riſe too much, let him drink often Vervain, and his fleſh ſhall not riſe, nor ſhall hee have any liking unto a Woman: Proved.

A water for a Canker in the Nature of a woman, or in the Yard of a man.

Take an ounce of Roch Aſſom, and half an ounce of Verdigreace, and put therein Smiths water into a glaſſe, and let them boyl for the ſpace of two hours, and waſh the ſore place therewith.

To provoke flowers in Women.

To provoke the Flowers in women, make a Fomentation of the decoction of the hearb called Tutſon, and of the hearb called *Centrum Gali*. Alſo take a gum that is called *Serapini*, and mingle it with powder of Centory, and lay it to the Navel.

Alſo

Alſo let the woman bathe her ſelf in the water that Cammomel hath been ſodden in, and it will help her.

Alſo take the juyce of Marigolds, drunk or eaten with a rear Egg, and meal made in Fritters doth the like.

Alſo to cauſe the Flowers to flow in Women, take the juyce of Nettles, and her Urine, and put in the Matrice.

Alſo make a fume or ſmoke of *Storax calamint e* upon coales, and let the woman receive the ſmoke with a Funnel.

Alſo wine mingled with the powder of Myrrhe, and Southernwood, cauſeth the Flowers to flow in women.

For the exceſſive flowing of Womens Flowers.

The woman that is troubled herewith, muſt be bathed with the water that the herb called Wooddip is ſodden in, and it will help her.

Another for the ſame.

Take and make a Suppoſitory of the powder of *Bole armoniacke*, and the powder of *Sumach*, of Maſtick, and the juyce of Plantain, and put it into the conduit.

Another for the ſame.

Oaken leaves eaten ſtoppeth the

Lungs, and exceſſive flux in Women, and chiefly the water drunk that the middle rinde is ſodden in, or the party therwith bathed.

Alſo to ſtop the flowers that flow abundantly, take and ſeeth five-leaved Graſſe with rain water, and ſo let the party bathe her ſelf therewith.

For a Woman that is in travel with Childe.

Take Leek blades and ſcald them in hot water, and bind them to her Navel as hot as ſhee may ſuffer it, and it will do out the dead Childe, and when the Childe is forth, ſay three times *Quicunque vult* over the woman, and ſhee ſhall bee ſafe.

For ſickneſſe that cauſeth a Woman that ſhe may not conceive with Childe.

Take a Harts horne and burne it to powder, and then take Goats milk, and ſet it over the fire, then caſt of the powder aforeſaid, a quantity into the milk, and drink it off as hot as ſhee may ſuffer it, and this will eaſe her of her pain.

To make a Woman ſoon conceive with Childe.

Take the wine that Nep hath been ſodden

den in, till the third part thereof be consumed, and give it to the woman to drink fasting, for three daies together, and shee shall soon conceive with childe: Proved.

Also *Hipocrates* saith, that a Woman being conceived with a man-childe is ruddy, and her right-side is corny about, but if shee bee conceived with a Maid-childe she is black, and her left pap is corny about.

For a woman in travel of childe.

For the after-Throws of a woman if it bee the first Childe, take the house or bed that the Childe was in, when it came out of the Mothers wombe, and wash that bed fair and clean, and then cast away that water, and then take fair water, and therewith seeth the house of the childe, and let it seeth a great while, then take it out of the water, and bury it where you will, and give the woman a quantity of that water to drink that it was sodden in, and she shall never have the after-throws again.

A powder for women labouring with Childe.

Take Betony and make it in fine powder, and give the party thereof to drink,

and it will cauſe her to have a good deliverance quickly.

For the Whites in Women.

Take *Galbanum* an ounce, Maſtick two penny-worth, Galingal one ounce, Cinamon two ounces, *Calamus aromaticus* three ounces, *Cucubes* two ounces, long Pepper two penny-worth, white Pepper two penny-worth, beat all theſe together in a morter, with a quartern and a half of white Suger, and let it be fine powdered, and let the Patient take it in the morning in warm poſſet Ale clarified, and one penny-worth of Maces boyled in the Ale, and at noon in her broth, and at night with a little boyled milk, the weight of a dram at a time.

To bring down Womens Flowers.

Take a ſpoonful of the juyce of Iſop, and a ſpoonful of the juyce of Germander and Southernwood; in like manner take the wild Tanſie, and wilde Time, and boyl them in white wine, and give the patient for to drink till ſhe be whole.

For to make a Woman conceive a Childe ſpeedily.

Take Time, and make oyl of the crops and branches, and it is good to anoint

noint the woman about the Navel, the Wombe, and the Reines, that is to comfort her, and to make her conceive with childe quickly. Also to restore Nature, take *Spermacety* and *Burras*, and grinde them together, and give it to her to drink in VVine or Ale.

For to make a womans paps small that be great.

Take the seeds of Hemlock, and seeth them in vinegar, and annoint oftentimes the breasts and paps, and mingle the powder of Incense therewithal.

A Medicine for paps that run, and be sore.

Take Sorrel debays, lay it in VVoort leaves, and put it in the embers half an hour, then stamp it as small as you may, and do thereto Hony and Vinegar, and mingle them together, and do it in a box, first lay a plaister of Garlick upon the sore, so boyl it in vinegar three or four times, and it shall cease the running thereof.

For a woman that is troubled after her travel with looseneſſe of her Privie Members.

Take a quantity of *Venice* Turpentine, and roll it in white Sugar, and give it to her, and cause her to swallow it down

not chewing it at all. After that cauſe an Aleberry to be made for her, and put into it powder of Camphire, and give it to her to eat, and the Turpintine ſhall cleanſe, the Camphire ſhall cloſe: your Camphire muſt be dryed in the ſhadow; ſo that the winde and Sun do not come to it.

For to deliver a dead Childe forth of the Mother.

To deliver a dead Childe, ſeeth the root of *Ariſtolochia longa* in Wine and Oyl, and make therewith a Fomentation. Alſo to deliver a dead Childe out of the Mothers wombe, and the web that is in the Woman, make an Injection or Peſſarie of the juyce of the herb Dittany, and mingle the powder of the root therewith. Alſo make a plaiſter of Hollihocks, with a little Salt, and Gooſe-greaſe, and lay it to the Matrice.

For a Mans Fundament that goeth out.

Take the red nettle crops, and bray them ſmall in a morter, and do them in an earthen pot, and do thereto a good portion of white wine, and ſeeth them well together to the half, and give thereof to the ſick to drink firſt and laſt warm, and

and lay the ſubſtance of the herb to the Fundament as hot as hee may ſuffer it, till he bee whole.

Another for the ſame.

Take Marſh and drink the juyce, and lay a plaiſter thereto for that diſeaſe. Alſo againſt the pain of the Fundament, or of the Matrice, and of the bowels, ſeeth the leaves of Hollihock in water, and make a ſtew of that water, and waſh thee oftentimes. Alſo make a plaiſter of Scabious, and lay thereon, but the Patient muſt firſt receive the ſmoke thereof beneath.

For the Fundament, another.

For the ſmall clifts that bleed in the Fundament, lay thereto the powder of *Anthera*, and annoint them with water that Dragagant hath been chafed in.

Another for the ſame.

Take black Beans, and grind them very ſmall, and ſearſe them well, and powder it on the Fundament, and then put it in again, then ſeeth the ſaid meal in a pan, and mingle it with white wine, and let it ſeeth till it bee thick, and then ſpread it on a cloth plaiſter wiſe, and lay it as hot on the Fundament as may be ſuffered, and remove it twice or thrice a day;

day; and renew it alwayes with freſh meal, and you ſhall be whole God willing.

For the Piles and the Emerods, and for the evils of the Fundament.

Take Ekeſpire, Tapſebarb, and bathe the Patient in the ſame to the Navel, or binde the hearb hot in a cloath, and let the Patient ſit thereon.

Alſo take dry Bulbecks, and put into the Fundament, and it ſhall be whole.

Alſo heal the Fundament cloſe with a leaf of St. *Mary Capper*, and when one is dry, then take another, and it ſhall help you quickly by Gods grace.

For to help the piles.

Take *Engliſh* hony, and the juyce of Wormwood, or the ſmall leaves, or the roots of Daiſies pound very ſmall, and put them in a linnen cloth, and put to the ſore place, and uſe it thus till thou be whole.

For the Piles and Emerods.

Take Muſcle ſhels and burn them in the fire, and then take the white of them and make it in fine powder, and put in a little *Engliſh* hony, and temper them together, then lay it upon a little linnen cloth

cloth, and ſo lay it upon the ſore Piles.

To ſtaunch the bleeding of the Piles.

Drink the juyce of Milfoyle, and it will help you: Proved. Or the powder of burnt Garlick, and the Piles ſhall dye: Alſo take black Wool and black Sope, and binde it to the Piles, and it will help you.

To deſtroy the Piles.

Take oyl of Roſes, Frankenſence and Hony, and make an oyntment of them, and put it in with thy finger into the Fundament, and put Myrrhe unto the ſame, and uſe often to annoint the Fundament therewith, and let the fume thereof go up into the Fundament.

For the Piles that do grieve a man or woman.

Take the reddeſt and the neweſt Tarre that you can get, and make it in a plaiſter upon a new Lockeram cloth, and make bolſters of ſome other thing, and ſo put two Tapes to every corner to tie about the Patient, and once a day dreſſe the ſame with clean clothes.

Another for the Piles.

Take a great Onion, and cut out the core thereof, and fill it full of Suger, and

and ſtop the hole again, and wrap it in a brown paper, and binde it faſt with a Pack-thread, and roſte it as you would roſte a Warden; and when it is roſted open it, and lay it to the ſore place as hot as the party may ſuffer it.

Another for the Piles.

Take the roots of Vervain, and the roots of the Bur, and ſtamp them, and ſeeth them, and ſo lay them hot to the place, but firſt take a little fire, and on the ſame put powder of Frankinſence, and let the heat go up into the ſore.

For the Piles.

Take Mollet leaves, and ſeeth them in fair water till they be ſoft, then take May butter, and make an oyntment of the ſame, then uſe thereof for the piles, for it is a medicine very well and often proved.

For the Emerods.

Take *Indie* Sope, and make a plaiſter thereof, and lay it to the Piles or Emerods, or to the Fiſtula, till ſuch time as they do fall away of themſelves.

For the Emerods.

Take new Milk, and a little fine flower, and ſeeth them together, and make a plaiſter of the ſame, and burn an Oyſter-

ſlet-ſhell, and make it into powder, then ſtrew it thick upon the plaiſter, and as hot as ye may, lay it to the place. Alſo let the party that hath them blow his noſe upon a cloth, and ſtrew Soote upon the ſame; and as hot as he may ſuffer it, lay it unto the place, and it will help the ſame.

For the Emerods

The Emerods bee five veins that come to the Fundament, that void mellancholly blood, and may not bee ſtopped too ſoon; it is good for this Diſeaſe to bleed in the Liver vein on the arme, and under the ancle, and let him drink morning and evening the juyce of Milfoyle, mingled with warme wine, and plaiſter the herb to the Fundament: if the matter bee plenteous, then hee muſt be purged before yee cloſe up all, for fear of a Dropſie, or a breaking out. Alſo take the root of Flonny, and make powder of it, and take the yolke of an Egg, and wheat meal, and mingle the powder and them together, then fry them well with greaſe or oyl, and uſe the ſame nine or ten times, and the party ſhall bee whole.

For the Emerods.

Take the crops of Elders and ſtamp them,

them, and lay them to the place. Alſo Leeks and Salt is good, and if they riſe again, lay them to again. Alſo take the root of wilde Pellitory, and grinde it, and put thereto the powder of Arſenick, and lay it to the place: Proved. Alſo Vinegar, Allom, and Deeres ſuet, of each a like much being boyled together, is very good.

For the pain of the Emerods.

Take Houſeleek and Sheeps dung, and ſtamp them both together in a morter very ſmall, then take of ſheeps ſuet and chop it very ſmall, and put it in a pan, and let it ſeeth upon the fire, then put in the Houſleek, and the Sheeps dung, and boyl all together, and when it is well boyled, take it off, and ſtrain it through a linnen cloth into a deep diſh, and then annoint the Patient therewith, as hot as hee may well endure. This hath been proved.

For the Emerods.

Take a ſtool with a ſeege, and let it be cloſed to the ground, and then take a pan with Charcoal, and ſet under the ſtool, and as hot as may bee ſuffered ſit thereon, then take Frankinſence beaten into powder, and caſt a good quantity thereof into

into the fire, and ſit on the ſtool as cloſe as you can, and when the ſmoke is gone, caſt in more powder in the fire, and ſit thereon in this order as long as ye may.

Another for the ſame.

Take an Onion, and cut away the top, of a reaſonable breadth, then pull out the heart thereof, and take powder of Pepper and put thereto a good quantity, and ſet on the top again, and take a great linnen cloth, and wet it in water, and wring it well with your hand, and wrap the Onion therein, and lay it in the fire till it bee ſoft, and then take it out, and put it in another cloth, and lay it as hot as may bee ſuffered to your Fundament, and when it is cold, lay another on the place, and ſo have alwaies ready five or ſixe to ſerve your turn, or as many as you think needful.

Another for the ſame.

Take an Egg and roſt it hard, and lay it to the Fundament, and when it is cold, take another, as you did by the Onions; and if you put Verdigreaſe into your Onions, ſome think it better then Pepper, likewiſe, you may cut the Eggs in the midſt, and take out the yolks, and

and put in Verdigreaſe, and ſo lay them to the ſore.

Another for the ſame.

Take Neatſ-foot oyl, and a little Harts ſuet, and annoint the ſore well therewith, and take a Tile-ſtone, and heat it in the fire as hot as yee may well ſit thereon, and if yee have no Tile-ſtone, then take a Stoole, and heat it very hot, and ſo ſit thereon; and if the place bleed, take a quantity of *Bolearmoniack*, and as much of the Hartſ-ſuet, and ſo uſe them both together.

Another for the ſame.

Take the gum that cometh of the Ivie-Tree, and annoint the ſore well therewith, and take a Tile-ſtone, or a Stoole, as I ſaid before, and ſit upon the ſame very hot; but if you bleed, take a good quantity of Mouſear, and a little Betony, and ſtamp them together, and drink the juyce thereof with a little ſtale Ale firſt, three or four mornings together, and laſt at night when you go to bed.

Another for the Emerods, proved.

Firſt take a good quantity of Shoomakers peeces, and burn them on a Tile-ſtone very ſmall, ſo that powder may bee

bee made thereof, then take a little quantity of Allom and burn it likewise, and make powder thereof, then mixe them together, and put thereunto the liquor of a Swines gall, and if it happen that the Swines gall be dryed up by reason of long keeping, then lay it in fair water all night, and it will return again into a ruddy colour; and if you can get no Swines gall, then take a little of the Oyl that Curriers use to dresse their Leather, and mixe it with your powder, so that it may bee somewhat thick like a plaister, and if you think it smart too much, take more Liquor and lesse Allom, and if you think it bite not sore enough, then put more Allom thereto; and when this Medicine is thus made, annoint the sore therewith; and if there be any paps coming out of the Tuel when the sore is annointed, take a peece of the skin of the gall, and lay the inner side of the skin upon the paps, and it shall ease them greatly; but if the sore be within the Tuel take and annoint it within with your finger, as far as you can, and it will help the same.

For to destroy the Emerods.

Take old shooes and burn them to pow-

powder, then take a ſaucer ful of Hony, and then take as much oyl Olive that is old, and temper them till they bee thick and lay this medicine to the ſore place, either for the Piles or Emerods.

For the Emerods.

Take red Worts, and ſeeth them in a pot, then take the pot, and ſet the ſame under a cloſe chair, and ſit over it, and wrap your clothes ſo cloſe that no air come forth, and ſit ſo ſtill till it waxe cold, and then take of the ſame liquor, and therewith annoint the party. Alſo take a plate of Lead, and rub thereon a quantity of Bores greaſe for a man, and Swines-greaſe for a woman, and waſh it out with white wine, and annoint the Emerods, and it will heal the ſame.

For all evil in the Flanks.

Take nine Bay-leaves and dry them, and make them into powder, and mingle them with what Liquor you will, and drink thereof evening and morning.

Another remedy for to help the Flanks.

Take Capons greaſe, and make an Oyntment thereof, and annoint the ſore Flanks therewith.

Alſo the root of the flower-deluce being dryed, red Roſes dryed, Galingal and

and Maſtick, of each a like quantity, theſe being beaten to powder, and made into oyntment with a little oyl of Roſes, or oyl of Linſeeds, eaſeth the pain.

Alſo the decoction of Plantain, *Burſa Paſtoris*, Horſetaile, and Knotgraſſe, all theſe are exceeding good to help the chafing of the skin and flanks.

For chafing of the Flank.

Take Bean-flower, Barly-flower, and the flower of Fitches, tempered with a little oyl of Roſes, it maketh a precious oyntment for the ſame.

Alſo if the chafing bee very great, it is good to make a bathe of Hollihocks, Dill, Violets, and Linſeeds, with a little bran, and then to waſh the place often therwith.

For ſore knees that do ſwell and ake.

Take Rue and Lovage, and ſtamp them together, and put thereto hony, and make thereof a plaiſter, and lay it to the ſore Knees, and it ſhall put away the ſwelling and the Ache within three or four times uſing thereof.

For the ſwelling of the Knees.

Take the water of the party grieved, after that it hath ſtood three or four daies made, then ſeeth it, and ſcum it very clean, and waſh the place as hot as may bee

bee ſuffered therewith. Alſo Milfoyle fryed either with Dears ſuet, or Sheeps ſuet, and laid hot to, is very good for the ſame.

For the ache or ſwelling in the knees.

Take two handfuls of Lavender leaves, or the flowers, or both together, ſtamp them in a morter very ſmall, and ſteep the Lavender two hours in a pinte of Malmſie, then ſtrain it through a cloth, and boyl it well, and then with a Spunge all to bathe the ſwelling of the Knees, or the Ache thereof, and within ſixe or eight daies uſing, it will help you God willing.

For the ache or ſwelling of the Knees.

Take Sorrel, Vinegar, Smallage, and Sheeps ſuet, and melt the ſuet, and put in the hearbs, and make a plaiſter thereof, and lay it to the ſore Knee.

Alſo againſt the Ache and ſwelling thereof, bruiſe the flowers of Plantain with ſalt, and lay it thereto. Alſo the leaves of Plantain ſtamped and laid thereto helpeth.

Alſo the juyce of an Onion being mingled with the greaſe of a Hen, and made in manner of an oyntment, and ſo uſed, helpeth the ſame.

Alſo

Alſo bathe your Knees in the water that Elder leaves have been ſodden in, and it will help you.

For him or her that is diſeaſed in their Knees, or in their Joynts, that they may not go.

Take a black Sheeps head, and ſmite it all to peeces, wool and all, and put it into a pot with water, and ſeeth it till it be as ſoft as Pap, and then pluck out all the bones, and ſet it on the fire again, and then put unto the ſame a good quantity of Oatmeal, and let them ſeeth till they bee thick, and then lay it upon a peece of Leather, and while it is very hot, lay it to the parties joynts, and they ſhall finde great eaſe of the ſwelling of their joynts: Proved.

For a ſore Knee.

Take and ſeeth Beans, and Hony, and raw Eggs, and make a plaiſter, and lay it upon the ſore Knee as hot as you may ſuffer the ſame.

For the ſwelling in a mans Knee.

Take a blew woollen blanket of cloth, as much as will lap about the Knee, then take the whites of two or three Hens Eggs, and beat them well in a diſh, and ſpread it upon a cloth, this done, put the

the yolks of the Eggs into a diſh and beat them, and put thereto as much or more of black Sope, and beat them well together, and when they bee well beaten, make thereof a fair ſalve, and ſpread it thick upon the cloth, and the whites of the Eggs thereon reaſonable thick; then lay this upon the ſore Knee, and roule it faſt thereon for three daies, and it will put away the ſwelling and the Ache thereof; proved.

For ache and ſwelling of the Knees.

Take a quart of Malmſie, and a handful of Time, boyl them very well together, and when it is half boyled, put therein a good peece of ſweet butter, and let them boyl together from a quart till it come to a pinte, and when you do go to bed, bath your Knees well therewith, and alſo wet a cloth three or four times double therein, and lay it alſo upon them as hot as may bee ſuffered, letting it lye on all night, and uſe this ſixe or ſeven times, and it will help you by the grace of God.

For a great ache in the Knees.

Take Ground-Ivie, which hath leaves like Catmint, and hath a red flower, and the leaves of Penneroyal, and the leaves

leaves of Elder, and let them bee ſodden in Swines greaſe, and the marrow of a Mare, and annoint the party ſo grieved therewith.

For the ache of the Leggs.

Take the leaves of the Elder tree, and Penneroyal, and Sinckfoyle, and make thereof a plaiſter with Barrows greaſe, and lay it to the Ache of the Leggs, and it ſhall help them.

For ache of the Leggs.

Take and drink the juyce of five-leaved graſſe; Alſo you may uſe Sowthiſtle, Chick-weed, Elder leaves, Groundſel and Cleavers, of each of theſe a handful, dry all theſe between two Tiles, and lay them to the place that is pained, but let the hearbs bee firſt waſhed ere they be dryed and it helpeth.

For ache, or ſwelling of the Leggs.

Take Oatmeal and Milk, and put thereto the juyce of Houſleek, and Sheeps tallow, and let them boyl all together till it bee thick, and make a plaiſter thereof, and lay it about the ſore, and that ſhall eaſe the aking, and take away the ſwelling of the Legges: Proved.

For all manner of Ache in the Legges.

Take Sage, Rue, Wormwood, Sorrel leaves, Horehound, red Nettles, and ſtamp them all together and mingle them with May butter, and let it ſtand ſo ten daies, and fry them often, and ſtrain them clean, and melt therewith Incenſe, and this ſerveth for all manner of Aches in the Leggs, if you uſe thereof when you ſtand in need.

For black horrible ſwolne Leggs.

Take Selandine, Horehound, hearb Bennet, and ſeeth theſe together in water till the half bee waſted, and therewith waſh the ſore Leggs every day three or four times, and make as much at a time, as will ſerve ſixe or ſeven times.

For a hot ſore Legg.

Take petty Morrel, Plantain, Smallage, Herb Bennet, Sengreen, Violet leaves, and the leaves of Tutſan, Marigolds, and grinde all theſe together, and wring out the juyce, and put in it a little Wheat-flower and Hony, and the white of an Egg, and mingle all theſe tother, and lay it upon the ſore all cold.

For

For ſwelling in the Leggs.

Take three ſpoonfuls of Roſe-water, and three ſpoonfuls of Fennel water, and three ſpoonfuls of good Wine-Vinegar, and put them together cold, and skum off the foame of it, and then take a linnen cloth and dip it in, and lay it to the ſore place.

For a Legg, bee it never ſo ſore.

Take the moſt part of a Cow-turd, and lay it upon a cloth plaiſter-wiſe, and lay it to the ſore place, and if there bee a hole in the Legg, make a tent of the ſame, and put it into the hole, and lay the plaiſter thereto, and let it lye till that it do come off of it ſelf, and you ſhall finde great eaſe.

For a ſore Legg.

Take the flowers of Camomel a handful, of Southernwood, Mallows, Groundſel, Sage, a handful of each of theſe, beat them ſmall in a Morter, and boyl them in Milk, and put in the ſeething thereof, the ſeed of Fennegreek in powder half an ounce, Anni-ſeeds, Fennel-ſeed in powder, of each an ounce, and a little May Butter, boyl all theſe together, and when it is but warme, put into it four or five yolks of Eggs, and min-

gle them all together, and lay it to the ſore Legg, and in the boyling, put thereto a pinte of good red Wine, and it will be the better.

Another for a ſore Legg, proved.

Take Celandine, Sage, and VVoodbind a handful, ſeeth them in a gallon of running water to a pottle, and then ſtrain it, and ſeeth it again, and put thereto a pinte of Hony, a handful of the powder of Allom, a penny-worth of Grains beaten to fine powder, and skum it till it bee very clear, and then keep it in a glaſſe, till ſuch time as you ſhall have need to uſe it, then take a cloth and wet it therein, and waſh the ſore therewith oftentimes.

For pain in the Feet.

Againſt the pain of the Feet, if any hath been bruiſed or cruſhed, take and eat the root of the middle Mugwort with Hony, and it will eaſe the pain thereof.

Alſo let the party annoint his feet with the juyce of Clary veryoften, and it will help him.

For the ſwelling of the Feet.

Againſt the ſwelling and aches of the Feet, bruiſe the flowers of Plantain with Salt,

Salt, and lay thereto.

Alſo ſtamp the Leaves of Plantain, and lay thereon.

Alſo take the juyce of an Onion, being mingled with the greaſe of a Hen in manner of an oyntment, and annoint your feet often therewith.

Alſo bathe your Feet in the water that Elder leaves was ſodden in.

For Cornes in the Toes.

Take of unſlacked Lime a little, and quench it with ſtrong Vineger, and when you will occupy it, pare the corne, and mingle it with Roſe-water, and lay it to.

Alſo take the gall of a Swine being dried, but firſt waſh it with hot water, and ſtrew the powder thereon.

Alſo take and cut away the Corne, and drop into it a drop or two of a black Snail, and put thereto the powder of Sanders, and it taketh away the Corne.

Alſo take Marigolds ſtamped, and lay upon the ſore evening and morning, and it profiteth; or elſe pare your Corne, and lay thereto Turpentine, and red Waxe boyled together, and make a plaiſter thereof, and it helpeth the Corne of the Toe.

Rules for Blood-letting.

Galen, *Hippocrates*, and *Avicenna*, and other Maſters of Phiſick, accord and ſay; That letting blood of the Vein, and that is called, *Phlebotomy*, or it is ventoſing, carving, or cutting and letting blood any of theſe wayes, is good for mans health of body; for blood mingled with other humours, that is too much, or elſe corrupted by the cauſe of much Sickneſſe; it is therefore good to know which Veins in a man ſhould bee let blood, and for what ſickneſſe.

The Vein in the fore-head is good for the Frenſie, and aking of the head, and for the Megrim, and for the Morphew, and ſcab in the face, for the Impoſtumes in the eyes both hot and cold.

The Vein of the heart is good for a mans minde, and for the Rheum that is within the fore-head, and for the wating eyes.

The

The Veins in the Temple is good for the Megrim, and for the Head-ache, of the eyes, and that hath long lasted, for the sickneſſe of the eyes, for ache in the eyes, and for the great heat in the temples.

The Veins behind the ears, is good for the blains and pimples of the head, for Megrim and Ache of the head, it helpeth mans minde, it is good for the tooth ache, and for the gums, and for all vices in the mouth, and it purgeth the rheume of the head.

The Veins in the corner of the eyes next to the noſe, is good for the Megrim, and for all the ſickneſſe of the eyes, and for the ſight, *Cephalica tum prius aperta.*

The Veine in the top of the noſe, it purgeth the brain, it is good for ache and flux of the eyes, and for the Ache of the noſe.

The Vein in the cheeks is good for the Megrim, and for ſpots or ſcabs in the head.

The Vein in the Mould is beſt for to bleed, and for to waſh thy head with the ſame blood.

The Veins of the over lip, and the

nether, bee good for hot blains in the mouth, and for impoſthumes, and for hot evils in the mouth or gums.

The Veine under the tongue is good for Impoſthumes, and rheums of the head, the gums, and all manner of vice in the eyes, mouth, tongue, tooth-aching, and blains of the noſe, mouth, gums, and for the Impoſthumes and ſwellings under the throat.

The Veines under the chin is good for the Kings-Evil, and for Sauce-flegme, for ſpots and blains in the face, and other ache of the eyes, the gums, and for ache in the noſe.

The Veins of the neck before, is good for the Squinancy, and for all manner of Impoſthumes, and ſwellings that come from the head to the ears, or to the gums, that cauſeth tooth-ache, when the breath beginneth to bee ſhort.

The Veine of the Liver, that is called *Baſilica*, it is good for the Jaundice, and for chafing of the Liver, and for all manner of Dropſie, and it is good for all Evils in the breaſt, and aking of the back, ſhoulders, ſides, and ſtomach, and for the Impoſthumes that is called *Pleuriſies*.

The

The Head Veine that is called *Cephalica*, it is good for the Megrim, and for the head-Ache, and for madneſſe of the minde, for Ache and all other vices in the eyes, teeth, tongue, the Squinancy, and other evils that come to the throat.

The Heart veine that is called *Cardiaca aut medium*, it is by gentle Purgations, for it draweth blood and humours of all the body, but namely, it is good for ſickneſſe, and purgations of the Heart, Breaſt, Stomach, Liver, and Lungs.

The Veine above the thumb is good againſt all Feavers, and moſt Feaver quartain, and for all evils of the Gall, and for ſtraitneſſe of the breaſt.

The Veine between the thumb and the fore-finger, let blood for the hot Head-Ache, for Frenſie and madneſſe of wit, and for ſickneſſe of the Head, *Cephalica*, let the blood of the veine in the fore-head if it be need.

The ſame Vein of the left hand is good for Lethargie, and afterward bleed in the fore-head.

The Veine which is between the little finger and the next thereto, is called *Salvatella*, you muſt let blood in the right

hand for Impoſthumes, and ſickneſſe in the ſtomach, and for all evil humours about the Liver.

The ſame Veine on the left hand is to let blood for Impoſthumes, and gathering of evil humours about the Milt and Spleen; it is good for the black Jaundiſe.

The over-Veine in the Yard is good for the Cramp, and for *Sciatica paſsio*, for ſwelling of the Womb, for the Dropſie, and for the Stone.

The nether Vein of the Yard is good for the ſides, for the Reines, bladder, for ſwelling of the Stones, and for the Emerods.

The Veine beneath the Knee helpeth the Knees; and it is good for aking of the thighs and the joynts, that is called *Sciatica paſsio.*

The Veins beneath the knees, both within and without, is good for the liver, ſides, and thighs, and for the matter that is above, and for to draw downward.

The Vein in the Hams is beſt for withholding of VVomens purgations, for it is the next matter, as ſaith *Avicen*, and alſo it cleanſeth mans body.

The

The Veine that is under the Knuckle which is called *Sophena*, it is good for Impoſthumes, ſwellings and akings, and other evils that come to mans body from the head to the foot, it aſſwageth them, it is good for the ſtone, and letting of Urine, it helpeth the Matrice, and womens purgations, it is good for the ſcab that is called *Malum mortuum de baſilica.*

The veine that is under the Knuckle without, that is called *Sianca*, it is good for aking that is in the thighs, and goeth down to the Leggs, and to the Feet, and for the *Podagra*, and for the Scab, it helpeth moſt the aking of the thighs and joynts, that is called *Sciatica paſſio.*

The vein that cometh to the great Toe on either foot, it is good for the Gout in the eyes, for blains and ſpots in the face, and for Impoſthumes and evils of the ſtones, for the blood, for Cankers, Feſters, and Sores in the thighs and legs, and for with-holding of Womens purgations.

As for the time of letting blood, to wit, that neither in hot weather, nor yet in great cold, nor in rainy weather,

nor

nor in misty weather, nor in the weather of great tempest, nor in the old Moon, nor in the New, that is to say, four daies before the Change, neither four daies after, but the three first quarters bee good, see that the Moon be in a good sign, and from St. *Bartholomew* tide to St. *Peters* tide, till *February* let the blood on the left Arm, and in *January* on the right, that is to say, *Ver* or Summer, from the twenty fifth day of *July* to the fifth of *September* let no blood, for then the canicular daies be, after the teaching of *Galen* and *Avicenna*.

Rules concerning Blood-letting to be observed.

Also be ye alwaies well advised, and wary, that yee let no blood, nor open no Vein, except the Moon bee either in *Aries*, *Cancer*, the first half of *Libra*, the last half of *Scorpio*, or in *Sagittarius*, *Aquarius*, or *Pisces*, remembring also that you ought not to do it in the day of the changing, nor in the day next after the same, or when the sign is in the place where the incision should bee made, neither in heat of Summer, as from the middle of *July* unto the middle of *September*, nor in the cold time of Winter, when

when there is much froſt and ſnow, except urgent neceſſity forceth you thereunto. Alſo if you chuſe out theſe ſigns following, appointed unto each complexion, doubtleſs you ſhall do the better, ſo that time and occaſion will ſuffer it, as thus.

Open a veine in the Flegmatick perſon, when the Moon is in *Aries*, ſaving in the Head.

In a Melancholy man, the Moon being in the firſt half or fifteenth degree of *Libra*, except in the Hips; or when the Moon is in *Aquarius*, ſaving in the Leggs.

In a Cholerick body, it is beſt to let blood what time the Moon is in *Cancer*, ſaving in the breaſt; the laſt half of *Scorpio*, ſaving in the privy members; or in *Piſces*, ſaving in the feet.

The Sanguine man may bleed in any of the afore-ſaid ſigns, ſo that he do it not what time the Signe is in the member, or the ſeaſon inconvenient therfore. Beware alſo ye Chirurgions, that you make no notable inciſion, as to cut Ruptures, take out the Stone in the bladder, devoyd from the body any natural Excreſences, Wenns, or Nodes, to depart

depart deplurate or rotten members, to root out the Canker in the breaſt, or let out the water collected in the belly through the diſeaſe *Aſcites*; to be ſhort, to make an inciſion or cautherization in any member, or to remove the Catircle from the eye, or to attempt any other like thing by manual working upon the body of man, when the ſign governing the ſame is in the member in the which ſuch attempts are to bee made, for the remedy of any of theſe diſeaſes aboveſaid; or when the Lord of the Aſcendent or firſt Houſe, is the ſame Sign that governeth that part of the body at that time, or when there are any Oppoſitions, Conjunctions, or Quartile aſpects of *Saturne* and *Mars*, or when any Planet is evil aſpected unto another, or when the Moon is in the ſign of *Leo*, or in the day of the change or full, except great neceſſity require it.

Moreover, I would wiſh no inciſion to bee made about the full of the Moon, where after any great Flux of blood may bee feared to enſue, though the Sign be never ſo meet, but rather let it bee done in the wane of the Moon.

As

As touching the Stone, Ruptures, Dropſies, to bee holpen by way of inciſion, I have rather mentioned them in this place, becauſe that the rude and ignorant Chyrurgion may bee brought to the true practiſe and knowledge hereof. I doubt not but to make many partakers of the benefit thereof, whoſe good intent I would wiſh either to follow in thoſe attempts, and ſo to uſe it in utter refuge, when other means will take no place in that caſe; it being a moſt aſſured remedy for the true and due obſervation of letting blood, right well allowed, and practiſed at all times.

Rules for Purging.

ALſo it is good to take Purgations when the Moon is in *Cancer*, *Scorpio*, and *Piſces*, to give Pills eſpecially when the Moon is in *Piſces*. Purge by drinks, electuaries, boles, when the Moon is in *Cancer* or *Scorpio*; remember that you purge not in the Change, nor

nor in any unfortunate aſpect of the planets unto any other, neither in the extream heat or cold of the year.

Now if any man would know what commodity purging or bleeding bringeth, being rightly uſed and done in ſuch ſort as it ought to bee done, or what diet and exerciſe ſhould bee uſed after bleeding, and order obſerved in purging, with the inconveniences and harme, which may and doth daily proceed of the negligence and unskilfulneſſe in the contempt of the ſame.

For all Diſeaſes through the Body, and for all kinde of Agues.

TAke Purſlain, Gentil, *Burſa Paſtoris*, and ſtamp them all together, and do thereto vinegar, and bind it to the Pulſes, and it will greatly help you. Alſo take the powder of Cloves, and Pepper, of each a like quantity, and eat faſting

faſting at one time as much as will lye upon a ſixpence, and drink not in one hour after.

Alſo let the party ſo grieved with the Ague, take half a Pinte of his own water, and a penny-worth of Pepper bruiſed, and put therein, and let the party ſo grieved drink thereof all, an hour before that the fit doth come upon him, and let him lye down and ſweat as much as he may.

Another for the Ague.

Take a pottle of thin Ale, and put thereto a handful of Parſly, as much red Fennel, as much Centory, as much Pimpernel, and let the Ale bee half conſumed away, and then take and drink thereof.

Another for the Ague.

Take three Burre roots, and waſh them, and ſtrain them, ſeeth them with half a pinte of Ale, and ſo drink thereof luke-warme before that the fit doth come.

Another for the ſame.

Take Endive, Sow-thiſtle, Dandelion, Lettice, Sorrel, of each a like much, and diſtil them all together, and give it to the party ſo grieved, it is very

good

good againſt the Ague.

Another experiment for the Ague.

Take four handfuls of Groundſel, and ſtamp it ſmall in a Morter, and put thereto three ſpoonfuls of vinegar, and three ſpoonfuls of Bay-ſalt, grinde them all together, then put them in a pewter diſh, and ſet them on a chafingdiſh of coals, and ſtir them together till the Liquor bee almoſt dry; then lay it to the wriſts as hot as the party can ſuffer it, every time an hour before the fit doth come.

For the Ague, another Medicine.

Take a handful of red Sage, and a handful of red Nettles, and a handful of Hearb-grace, and two ſpoonfuls of Bay-ſalt, and a ſpoonful of ſtrong Vinegar, and a peece of leavened bread, and let all theſe bee well beaten together, and bind it to the pulſes of your wriſts before that the fit doth come, and it ſhall help you by the power of God. Proved.

For the hot Ague, a remedy.

Take the juyce of Sengreen, and the whites of four Eggs, and fair flower of Wheat, and mingle it well together, and make thereof a plaiſter, and lay it to the Patients ſides, then take the water

ter of Betony, the water of Pimpernel, Scabius water, water of Tormentil, the water of Radish, of each of these alike much, and mingle all these together, and give the Patient to drink all hot before that his fit doth come.

Another for the same. Proved.

Take a pinte of the juyce of Sorrel, and put it into a pot of Milk, when it beginneth to seeth upon the fire, then take it off the fire, and let it stand, and it will have a curd upon the same like unto a posset curd; then take the curd off, and let the Patient drink thereof a good draught at a time, as hot as hee can possibly endure to drink it, and by Gods grace it will help him within two or three times severally drinking. This Medicine hath been proved.

Another for the same.

Take a handful of Smallage, a handful of *Bursa pastoris*, and so much white Frankinsence, as will cover two shillings at thrice, and as much Bay-salt, and bray them in a Morter, and so lay them upon a thin cloth to the wrist, and about the arme at night when you go to bed, an hour or two before that your fit doth come upon you.

For

For the burning Ague.

Take a handful of Smallage, a handful of Fetherfu, a handful of red Sage, ſtamp them all together, and take three or four ſpoonfuls of the parties water, and as much Vinegar, and boyl them all together on the fire a little while, and take a quantity of the ſame hearbs; and wringing the liquor out of them, lay them upon a cloth, and binde it hot upon your Temples, and not upon your fore-head, then take the reſt, and binde it to the parties wriſts as hot as hee may ſuffer it, before that the fit cometh, and within three or four times dreſſing, hee ſhall find great eaſe, and bee helped of his Ague.

Another for the ſame.

Take a pottle of Water, with half a pinte of Vinegar, take alſo Endive, Succory, Violet leaves, five-leaved graſſe, and Strawberry leaves, of each of them a good quantity, and ſeeth them to a quart, and put thereto half a pound of Suger, and drink thereof morning and evening.

For the quartain Ague.

Take Ribwort, Beet roots, and the leaves, to the quantity of three or four hand-

handfuls, waſh the hearbs clean, then ſtamp them in a wooden diſh, with a wooden peſtle, and ſtrain the juyce from the hearbs, and drink it Milk warme, and this taketh away the humours of the ſtomach, and from the heart, within five or ſixe times uſing; it cureth and helpeth the party ſo grieved with the Ague. Proved.

For the Ague coming with Cold.

Take five crops of Roſemary, and five crops of Sage, and five crops of Marigolds, nine Bay-leaves, and a quart of ſtrong Ale, ſeeth all theſe together well, and drink it with Pepper being warme, and uſe it.

For Feaver-Agues in Children.

Take the powder of Chriſtal, and lay it to ſoake in wine, and give it to the Childe to drink, and the ſucking childe ſhall be whole.

Alſo take *Morſus Diaboli* the root and the hearb, and hang it about the neck of the Childe.

For all manner of Aches, a Seare-cloth.

Take Waxe, Turpentine, Roſin, hard Pitch, Boares greaſe, powder of Cummin, powder of Bayes, Frankinſence, oyl *De nuce de popilion*, and take

take all theſe things ſave the powder, and ſet it over the fire, and ſtirre it faſt till it be molten, and ſet it downe and skum it not, nor ſtrain it not at all, ſtirre it faſt till it be nigh cold, and then ſtrew in thy powder with thy hand, as thou wouldeſt ſtrew flower into a Childes pap, and when it is all in, and well nigh cold, ſpread it with a ſlice upon a peece of Leather, and when it is ſpread upon the Leather, take a new linnen cloath and lay it upon, and couch it faſt, and at your need uſe it.

For a cold, and ache of the Limbs.

Take a handful of Suger, a handful of Endive, a handful of the red flowers of Arch-Angel, and a quantity of Dandelion, and ſeeth the ſame with Mutton, and eat the Mutton, and drink the broth, and you ſhall finde eaſe.

Another for the ſame.

Take a handful of Balme, a handful of Roſemary, a handful of Mallows, a handful of Smallage, a handful of Wall-flowers, and all manner of ſweet hearbs that you can finde, and ſeeth them in a Tankard of water, with half a peck of wheaten bran; and when it is ſodden, ſtrain the herbs through a cloth

as

as you would do a Buck, and ſet it on the fire, and with other water ſtrain it, and ſo bathe you and ſweat, and you ſhall be whole God willing.

For aking of the Joynts.

Take Marſh Mallows, and ſweet Milk, Linſeeds, powder of Cummin, the whites of Eggs, Saffron, and white greaſe, and fry all theſe together, and lay it to the aking of the joynt: This hath been proved.

For Ache in any place, an Oyntment.

Take and chaſe a Steer till hee ſcummer, then take that dung, and fry it with Sheeps ſuet, or elſe with Sallet Oyl, and it will come to a fine Oyntment, and then annoint the place therewith. Proved.

Alſo take the Oyl of Mace, and annoint the ache withal, and it will help you.

For ache in the Bone, or Joynt.

Take a Pricket Harts skin, ſliver or draw him, and cut it in ſmall pieces, bones, fleſh, and all; take that and waſh it clean that no blood bee therein, then take clean water, and ſet it over the fire, and as it ſeeths ſcum away the fat, and

and ſave it, and let it ſeeth till that no fat will come off him, and then caſt away the fleſh, and put it in a Boxe, and annoint with the greaſe where the Ache is, and it ſhall be whole; and do this three or four times.

A Medicine for all Aches.

Take half a pinte of Wool oyl, a quarter of a Pinte of Neatſ-foot Oyle, and half a pound of Barrows greaſe, firſt ſet the Barrows greaſe upon the fire, and skum it clean, then put in your Neatſ-foot oyl, and beat them all three together being on the fire, then ſcum it clean, and put in your Wool-oyl, and beat them altogether, then boyl them together, and take them off the fire, and uſe it at your need.

A Medicine for all aches in the Bones.

Take the gall of an Oxe, and ſet it one the fire, and ſeeth it, and ſcum it till it bee very clean, and put it into a Glaſſe, and ſtop it cloſe, then take Neatſ-foot oyl, and gather it very fine, and put it into a Glaſſe alſo, and ſtop it cloſe; then take *Aqua vitæ* in another Glaſſe, and ſtop it cloſe; then take of the oyl and waters aforeſaid, of each e-

ven

ven portions, and two times ſo much in portion of the *Aqua vitæ*, and put them together in one veſſel, ſo warm it and annoint your griefe, and it ſhall help you God willing.

Another for the ſame.

Take Swans greaſe, Gooſe greaſe, Hens, or Capons greaſe, of each of theſe a quantity, but the more of Swans greaſe then of all the reſt, and when they are mingled together, then take a pinte of Malmſie, and a handful of Lavender-ſpike, Roſemary as much, and let your Malmſie ſeeth till it bee almoſt waſted, and then put all together with a little Boares greaſe, and ſo boyl them, and uſe them for your ache, and it ſhall eaſe you.

For him that is fallen broken.

Take a Truſſe, and truſſe the party ſo ſtraight as hee can, and it will very much help him.

Alſo take the juyce of Madder, the juyce of red Nettles, the juyce of Hemp, the juyce of Bugle, the juyce of Camphire, the juyce of Cawle, of each of theſe two Saucers full, of Wine, four Saucers full, of Hony three Saucers ful, boyl them all together, and skum them

well, and then take it down, and drink thereof daily, firſt and laſt, ſixe ſpoonfuls at once, for the ſpace of fourteen daies.

A Plaiſter for a man that is Broken.

Take of Bugle, of Cawle, of each a like much, ſtamp them ſmall with a little of the hair of a Hares skin, then take an ounce of Waxe, and melt it with a ſpoonful of water, and put to your Bugle, and Cawle, and the hair, and ſtamp it with a little *Bole armoniack*, and fry them all together, and ſtirre it, and make thereof a plaiſter, and lay it on a peece of Leather, and lay it ſtraight upon the place of your ſore, and ſo ſerve it three or four daies, and ſo give it for the ſpace of twelve daies.

For a man, or childe, that is well-nigh Broken, and to heal them.

Firſt make ſixe pellets in this manner, take the root of *Polipodie*, and the root of Betony, the crop and root of Daiſies, of every one an ounce, and make powder thereof, then take *Bole armoniack* an ounce and a Half, of Hony clarified an ounce, of theſe make a plaiſter, and if it bee too thin, put more powder ther-

to,

to, and if it bee too thick, put thereto more Hony, and take and roul it, and make pellets thereof as many as ye may take thereof; then take more of the root of *polipodie*, and the root of Betony, and the crops and roots of Daiſies, of each two ounces, and beat them as you do Green-ſauce, and put that juyce into a quart or more of Ale that is ſtale, and boyl it to a pinte, and ſtrain it through a cloth, then boyl it again with Suger three penny-worth, and when the Suger is molten, then put it in a glaſſe, and every day eat a pellet thereof in the morning firſt, and in the evening laſt, and drink every time the quantity of three ſpoonfuls of your drink in the Glaſſe, then if your drink bee done, you muſt make more; but you muſt underſtand, that the ſick man muſt lye upright ſixe daies, and that he be bound wiſely and fair, and that hee eat laxative meats for ſtraining of the humours, and it ſhall heal him mightily, and ſurely: proved.

If a man-childe be new broken, this will cure him.

Take the root of Camphire, and the leaf of Oſmond, and the young root of

Elme, leaves of Avens, and leaves of Madder, and the leaves of Caſtire, of each of all theſe alike much, theſe muſt bee ſodden all together in new Ale, with a good quantity of clarified Hony, and skum it, and put it into a pot, and every day drink thereof faſting, and alſo at evening; and binde it up very ſtraight.

For Broken bones, in what place ſoever they be.

Take a new Tyle, and neile him in the fire, and make it all to powder, then lay it in the fire again till it bee red, let it cool, and take that powder, the juyce of Daiſies, and the juyce of Camphire by even portions, and mingle all together, and make a plaiſter thereof, and lay it to the bone that is broken, and every day renew it thereto. *Item*, take Daiſie, and Camphire, and Egrimony, and temper them with Vinegar, and lay them thereto, and it ſhall help them ſo grieved.

For the bone-ache, and to take it away.

Take Spere-wort, Olives, Crow-foot, hearb Chriſtopher, VValwort, Henbane, Hony-ſuckle flowers, Culrage, Roſemary, Mallows, red VVort-leaves,

leaves, red Onions, and Ribwort, ſtill all them by themſelves, and after mingle all together, ſave onely the Spere-wort, which muſt bee mingled with half a part of the other waters, mingle them before the heat of the fire with your hands, and annoint the place therewith oftentimes.

To knit a broken bone.

Take Avens, Camphire, Egrimony, and temper them with Vinegar, and lay it to the Bone. Alſo take Daiſies, the crops of Hemp, and red Coleworts, and red Nettles, and Bramble-leaves, Southern-wood, Tanſie, Pimpernel, Betony, Bugloſſe, Madder, waſh them and beat them ſmall, and drink the juyce thereof both morning and evening.

For all manner of Bones, that Ake.

Take a pinte of VVhite-wine, and the gall of an Oxe, boyl them well and skum them clean, then take crumbs of white bread, and put them thereto, and make thereof a plaiſter, and lay the ſame to the grief four or five times, and it ſhall help you.

For broken Bones.

Take Crey-land that is burnt, and grinde the ſame to powder, and put therto the juyce of Daiſies, and the juyce of Camphire, and ſtrew on the powder till it bee thick, and lay it to the place plaiſter wiſe, and the broken Bone ſhall knit again very ſhortly, and become whole.

To make an Ointment for burning of Gun-powder or for ſcalding with water.

Take a quart of Boares greaſe, and two handfuls of Groundſel, and two or three heads of Houſleek, and ſtamp the hearbs together, and then put to it of new ſheeps dung two handfuls, and as much of Gooſe dung, and ſtamp all together, and fry them, and being hot, ſtrain them through a cloth, into an earthen pot, and with the ſame liquor annoint the ſore that is burnt with Gun-powder.

To take away a heat or burning with Gun-powder.

Take a good quantity of Houſleek, ſtamp it, and wring out the juyce; then take the whites of ſixe Eggs, and beat them in a diſh till they be thin, and then take off the ſcum, and put the reſt together

gether, and wash the sore with a linnen cloth, and after lay a wet cloth on the sore.

A remedy for Burning, or Scalding, or any hurt with an hand Gun.

Take the Dung of Geese of one nights making, and fresh butter unsalted, or else clarified Sheeps suet, and fry the same in a frying-pan a good while, until your suet be almost consumed, then put them in a course linnen cloth, and strain them into a small vessel, then take a feather, and dip it in the liquor and annoint the place where the Patient is so burned or scalded, and when you have so done, wet a fine linnen cloth in the said Liquor, and cover the sore withal, and use to do this twice or thrice a day.

For Burning, or Scalding.

Take half a pound of sheeps suet, and as much of the crindels of sheeps dung, and a quarter of a pound of the inner rindes of Elder-trees, and fry them all together and drain it through a cloth into a pewter-dish, and it will be fast, chafe it against the sore.

For Burning, a Medicine, Proved.

Take the white of Hens dung, and of Sheeps dung, of ground Ivy, of Houſleek, Sheeps-ſuet, and boyl them all together, and ſtrain them, and ſo annoint the burning ſore, and take a Roſe-campion leaf, and lay it aloft upon the place, and a thin cloth upon that, and it ſhall help it.

Another for the ſame.

Take a quantity of Boares greaſe, and put the ſame into a frying-pan, and wring out the greaſe, reſerving the ſuet, then take not fully half ſo much Rape-oyl, and put it thereto, with two or three ſpoonfuls of clear Vinegar and Water, labouring them all very well together; and ſo reſerve it to your uſe, but ſtop it very cloſe till ſuch time as you need, and this will help you.

For burning with fire.

Take black Varniſh, and all to annoint the place with a feather, and it will both ſtay the heat, and heal it as fair as ever it was, this you may uſe till you bee whole.

For burning or ſcalding.

Take a good handful of Ayens, and

as

as much of Sheeps dung, and fry them well together in *May* butter, and ſtrain it, and uſe to annoint the grieved place with the ſame cold twice a day, and annoint it firſt with grey or black Sope, and it will help thee: this oyntment muſt bee ſpread upon a flaxen cloth, if you can get it.

Another for the ſame.

Take Oyl-Olive, and beat the ſame with water, till it waxe very white, and annoint the ſore place therewith.

Another for the ſame.

Take Snow water, and that will aſſwage the heat, and then take the white of an Egge, and clip the hairs of a Conies skin, and dip them in the white of an Egg, and lay it to the burnt place, and it will heal it, and it will cauſe the skin to be more fair then all the other: Proved.

For all bruiſes a Medicine.

Take Plantain, Orpin, Camphire, Hollihock, and flower, and make a plaiſter, and lay it to the ſore.

Alſo take the grounds of Ale or Beere, and wheat-bran, and Chick-weed, and lay it to the grief three or four times a day, upon a red cloath, not too thin.

For a Bruiſe.

Take Pitch, Roſen, and wrought VVaxe, and Boares greaſe, or Swines greaſe, of each a like much: boyl all theſe together in a pan till it come to a ſalve, and then ſtrike it upon a linnen cloth, and lay it to the bruiſe, and let it lye four or five dayes thereto, and you ſhall finde great eaſe.

Another for the ſame.

Take half a pound of Sheeps ſuet clean tryed, and as much unwrought Waxe, two ounces of Roſen, and a ſpoonful of Frankinſence in fine powder, and weil ſearced, then boyl them all together, and skum it clean with a feather, and when it is boyled take it from the fire, and when it is halt cold then wet or dip a linnen cloth in the ſame, ſo that every part bee thorow wet, and lay it abroad till it bee thorow cold, and rowle it up, and it may be kept all the year, and uſe it as need ſhall require, for this is a precious Seare-cloth for all manner of aches or bruiſes: Proved.

Another for the ſame.

Take Mallows, Smallage, Bruiſewort, Plantain, the moſt of Smallage, and temper it with Sheeps ſuet, and make

make this ſalve in *May*, and you may keep it all the year after, and uſe it as your need doth requite.

For all manner of Botches.

Againſt Botches, mingle the hearb *Timbalaria* with ſheeps dung, and lay it thereto plaiſter-wiſe, and it ſhall ripen the Botch quickly.

Another for the ſame.

Alſo to ripen Botches, confect five or ſix drams of *Electrum* with Barly meal, and the white of an Egg, and lay it to the Botch, and it will ripen the ſame.

For to break the Botch.

Take Bramble-leaves, Elder-leaves, and Muſtard-ſeed, and ſtamp them all together, and then take of it and make a plaiſter thereof, and lay it to the ſore, and it will draw out all the venome.

Another for the ſame.

Take one ſpoonful of Hony, and the juyce of Spurge, two ſpoonfuls and a half, of Wheaten flower a good quantity, and one ſpoonful of Turpentine, temper all theſe together, and lay it to the Botch, and it helpeth.

For biting of a Serpent.

Againſt the biting of a Serpent, or venemous beaſt, take two drams of the pow-

der

der of Egrimony, with two meaſures of VVine that is called *Ciates*, and it will caſt out the venome.

Another for the ſame.

Take Centory and ſtamp it with its own water, and give the ſick to drink, it is as good for Beaſts as Men, for the biting of an Adder. Alſo bear Vervain about thee, and the Serpent as ſome report, ſhall have no power to hurt thee.

Another for the ſame.

Take and ſeeth two or three handfuls of Vervain, and waſh the place therewith, and ſtamp the leaves, and lay thereto, and it will abate the ſwelling thereof, and bray this hearb Vervain with hony, and lay it often thereto, and it will reſounder and heal it fair again.

Alſo the juyce of Cinkfoyle being drunk, putteth out all venome, ſo doth the juyce of Plantain.

For the biting of a mad Dogge.

Take of the ſeed of Boxe, and ſtamp it, and temper it with water, and give it to the parties ſo grieved, and it helpeth them God willing.

Alſo take Savoury and temper it with bread, and lay it thereunto, and it

it hath the ſame Vertue.

Alſo ſtamp long Plantain, and lay it to the grieved place, and it will cure the ſore: Proved.

Another for the ſame.

Take VVallnuts, and ſtamp them with Salt, and an Onion, they be good for the biting of a madd Dogg being layed thereto.

Alſo Betony that is green being laid thereto, helpeth the biting of a madd Dogg, in very ſhort ſpace.

For biting of venemous Beaſts.

Take Garlick and bray it, and lay it to the place ſo bitten, and it will in ſhort time cure the ſame.

Alſo if Garlick bee eaten, it putteth forth the venome from the body, and cleanſeth the ſame.

Alſo take powder of *Ariſtolochia rotunda*, with the juyce of Mints.

Alſo if the root of Bruiſe-wort be bruiſed and laid thereto, it healeth the biting of venemous beaſts.

For a Man or Woman that is in a Conſumption.

Take a braſſe pot, and fill it with water, and ſet it on the fire, and put a great earthen pot within that pot, and then

then put in theſe parcels following.

Take a Cock and pull him alive, then flea off his skin, then beat him in pieces; take Dates a pound, and ſlit out the ſtones, and lay a layer of them in the bottom of the pot, and then lay a peece of the Cock, and upon that ſome more of the Dates, then take Succory, Endive, and Parſley roots, and ſo every layer one upon another, and put in fine gold, and ſome pearl, and cover the pot as cloſe as may bee with courſe dow, and ſo let it diſtill a good while, and ſo reſerve it for your uſe, till ſuch time as you have need thereof.

For a weak perſon in a Conſumption.

Take a quart of red-Roſe water, and a pottle of the ſtroakings of the Milk of a Cow, two penny-worth of fine Manchets, the yolks of thirty Eggs, half a pound of Raiſins of the Sun, Cinamon one ounce, Nutmegs one ounce, Mace half an ounce, Cloves a quarter of an ounce, of long Pepper half an ounce, your bread muſt bee fine grated, and your Raiſins ſtoned, and your Dates ſcraped, and all your other ſpices beaten all together, then put in your Eggs and Milk ſo ſtirred together, and then laſt

of

of all your Roſe-water, and ſo diſtil it in a Limbeck of Glaſſe, and ſo reſerve it to your uſe, and as need requireth uſe it.

For to reſtore health in a Conſumption.

Take a handful of Yarrow, and ſtamp it, and ſtrain it into a diſh, and put thereto the yolk of an Egg, and a little Suger fine beaten, and with this juyce being heated luke-warme, temper as much of wheat-flower as will make Paſte, then the Paſte being well wrought, make thereof little cakes, as bigg and as thick as an old teſtorne, and bake them upon a little ſhard, and being baked, let the Patient eat one of the cakes every day three times, or as much as he or ſhe can eat, and by the Providence of God it ſhall make them ſtrong and luſty. This hath been proved.

For a Conſumption in the Reins.

Take Clary leaves and prick them, and fry them with two or three yolks of Eggs, and put thereto Saffron dryed upon a ſtone, and grinde it ſmall, and put all together, and fry them with freſh butter, and eat it warme next your heart, and it will help you God willing.

For

For one that is in a Conſumption.

Take a great number of young Nettles that ſpring at the root, and waſh them clean, and ſtamp them and ſtrain them till you have a pinte of the juyce thereof, then put them in a fair Skillet, and ſet it over the fire, and let it ſeeth, till it waxe ſomewhat red; then take it from the fire, and put thereto a quart of Malmſey, and brew them together a good ſpace, then take the yolks of ſixe new-laid Eggs, and beat them together, then brew it again, and put thereto as much Suger as will make it ſweet; then let the party ſo grieved take every night and morning a reaſonable draught thereof blood warme, and by the grace of God it ſhall eaſe the party ſo grieved in very ſhort ſpace.

To help, to reſtore him that is in a Conſumption.

Take a Cock which is neither fat nor lean, and wring his neck, and hang him up by the leggs, and let him beat himſelf to death with his wings, and when hee is cold, flea him, and take out the bowels, then cut off his neck and leggs, and ſee that his body within bee wel dryed with a cloth, and quarter him;

and

and at four ſtills, ſtill the quarters, being firſt well hacked and chopped, and the water that ſhall come out of the Cock being ſtilled, you muſt give the Patient in his Broths or Drinks, being blood-warme, and within ſhort time by Gods grace it will reſtore him or her. But remember that the party, grieved do neither eat nor drink in all the time, any meats or broths dreſſed with hot ſpices, or ſharp ſauces.

A notable Reſtorative and Electuary for a man that is waſted or conſumed, called the Electuary of life, practiſed by Mr. Baltazar.

Take two pound of Dates, and waſh them clean in Ale or Beere, then cut them and take out the ſtones, and the white skins, and cut them ſmall, and bray them very ſmall and fine till they bee as tough as waxe, then take a quart of clarified Hony, and caſt the Dates therein till they bee diſſolved, then take half an ounce of long Pepper, as much of Mace, and Cloves, and Nutmegs beaten in fine powder, then ſeeth the Dates and Hony over a ſoft fire, then caſt on the powder by little and little, and

ſtirre

ſtirre it very faſt, and let it ſeeth long; till it waxe thick, then ſet it to cool, and put it in cloſe Boxes, and eat thereof firſt and laſt, and it ſhall reſtore a man bee hee never ſo weak or low brought; uſe this ſometimes upon a full ſtomach, and you ſhall not ſurfeit; proved by M. *Baltazar*, Chyrurgion.

An Electuary moſt ſoveraign for all manner of Diſeaſes in the body; proved by G. K.

Take four pound of Suger, and boyl it in a pinte and a half of Malmſie, and put thereto a pinte of Roſe-water, and a pinte and a half of white-wine, half a pinte of *Aqua vitæ*, and of running water a pinte; boyl all theſe together, and when it is well ſodden, take of the powder of *Enula Campana* an ounce and a half, of *Calamus aromaticus*, and Licorice, of each half an ounce, Pepper three-penny weight, one half penny-worth of Aliſander ſeeds in powder, of Conſerve of Roſes and Violets, of each four ounces, boyl all theſe to a meaſurable thickneſſe, then put thereto of foliate gold, and all to cut it with a knife, and mingle it with the aforeſaid Electuary, and uſe it as your need requireth, and

and by Gods grace it will help you.

A Reſtorative for the weak and feeble.

Take a pinte of running water, and heat it over the fire, and put in it a handful of Roſemary, let it boyl to the half, and then ſtrain it; then take a pinte of white wine, or claret wine, and a good part of Suger, and powder of Ginger, and Cinamon, a little Mace, and Cloves, and put them all together, then lay ſops in a diſh, and poure thereon the broth, and give it to the ſick and feeble perſons faſting in the morning: Proved.

For a Conſumption: Proved.

Take half an ounce of *Manus Chriſti*, one ounce of white Suger-candy, and a penny-worth of Anniſeeds, and half a pinte of red-Roſe-water, and a pinte of Muſcadine, four new laid Eggs, a quartern of Nutmegs, half a quartern of Cap Dates, and ſtone your Dates, and waſh them before that you do put them in, and boyl them all together, and ſo uſe them, for this hath been proved.

A Jelly proved for a Conſumption.

Take a well-fleſhed Capon, and ſcald him,

him, and draw him, and put into his belly a handful of Barly, and as much Raiſins, Currans, and Dates, and put him in an earthen pot with a gallon of Claret wine, then put therein ſome Cinamon and Ginger, let it ſeeth till the fleſh be fallen from the bones, then beat him in a morter, and put him into an Ipocras bagg, and let the Jelly run into a fair veſſel, and give the Patient of that Jelly evening and morning, and within the ſpending of three Capons, by the grace of God, the Patient ſhall recover much his health; and to comfort his ſtomach, give him *Storax aromaticum*, made in Loſinges at the Apothecaries.

A preſent remedy for the Sciatica.

Take a handful of Violet leaves, and waſh them in good Ale, then take another pinte of good Ale, and ſet it on the fire in a Skillet, and then beat the Violet leaves very ſmall, and ſo boyl them in the Ale, and then when it is half boyled take out the leaves, and ſtrain the juyce into the aforeſaid Ale again, and boyl it very well until that it bee thick, and then take a peece of Sheeps leather, as broad as the place which is grieved, and prick it full of holes, and

ſpread

ſpread the ſame on the rough ſide of the leather, and lay it to the place twenty four hours, and then change it, and lay to it new, and ſo uſe it three daies, and you ſhall bee well; the oftner the better.

To make a water for the Sciatica.

Take a peece of Porke of a male-Hogg which is lean, and perboyle it in water until the blood bee clean out, then boyl it in ſtrong Ale a good while, and after that take it and diſtil it with a ſoft fire, and then keep the water, and waſh the places ſo grieved two or three times againſt the fire.

Another for the ſame.

Take an Oxe Gall, and red Allome, Roſemary tops, bay-Salt, *Aqua vitæ*, and Vineger, bray them well together, and ſet them on the fire, and alwaies ſtirre it, but let it not ſeeth, and ſo uſe it as need requireth.

Another for the ſame.

Take Avens, Cummin, and as much white Salt, a handful of red Nettles, and ſeeth them in piſſe, and when they bee well boyled, put thereto *Aqua vitæ*, and annoint well the ſore therewith three or four times.

Another

Another for the ſame.

Take Time, Lavender Cotten, the runnings or out-laces of Straw-berries, of each a like quantity, a Neſt or two of young Swallows alive, with the feathers and the guts, and ſtamp them very ſmal, and ſo fry them in *May* Butter, that is ſweet and new, boyl them on the fire, then ſtrain it through a cloth, and put it into a pot, and ſo uſe it at your pleaſure.

For the Cramp.

The Cramp cometh commonly of contractions of Nerves, or elſe it commeth of too much fulneſſe of the body, or too much leanneſſe; and note well that in the Palſie the members bee more longer then they ſhould bee by relaxation, and in the Cramp the members are ſhorter then they ſhould be by ſhrinking of the Nerves, but the Cramp that cometh of waſting is ſeldome cured, if the pain bee great, you may eaſe it with oyl of Roſes, or of Cammomile hot, and of yolks of Eggs and *Saffron* together, and wet bread in ſweet hot milk, for this ceaſeth the aking of the Nerves. Alſo make a garter of an Hares skin, but the Liver is ſaid to be full good for the Cramp. Proved.

For

For the Cramp, a remedy.

Take Oyl of Cammomile, and Fennegreek, and annoint the place where the Cramp is, and it helpeth.

Another for the ſame.

Seeth theſe hearbs, Betony, Wormwood, Vervain, and Time, theſe are exceeding good for to waſh the party ſo troubled with the Cramp, if hee make it in a bath.

Another for the ſame.

If you ſay theſe words three times when the Cramp commeth upon you, *Bero, bara, bartora*; it may hap help you.

To make one to have a good colour.

Take and drink the juyce of Iſope faſting, warm it, and it will make you to have a good colour; it is good for the ſight, it deſtroyeth Worms, it is good for the ſtomach, the Liver, and the Lungs.

For the Canker, a remedy.

Take Lentils of the water, which bee called Froggs-feet, or Emets meat, it is of great vertue if it be ſtamped, and the juyce mingled with Porks greaſe, and lay it plaiſter-wiſe on the Canker, it ſtayeth and healeth mightily.

Ano-

Another for the ſame.

Take as much Allom as a Nut, half a glaſſe ful of hony, and a pinte of red Wine, and ſeeth them all together till it come to the third part, then ſtrain it through a cloth, and waſh the ſores therewith.

Another for the ſame.

Take a handful of unſet Leeks, with the roots, and a ſmall quantity of Yarrow, ten or twenty branches thereof, and boyl them in white wine until they bee all very ſoft, and then ſtrain them and clarifie them, and let the Patient drink of it morning and evening blood-warme.

For to kill the Canker in a mans Body.

Take the root of Dragons, and break it in ſmall pieces, and dry it, and make it into powder, and take nine penny-weight of the powder, and put it in Wine, and ſeeth it well, and then let the ſick drink thereof warme a good draught faſting in the morning for three dayes together.

Another for the ſame.

Take two handfuls of Sage, and as much Woodbinde leaves, and the roots of

of a wilde Vine, this being ſtamped and ſtrained, take a little Hony, with a peece of Allom being warmed, and ſo waſh the ſore place where the Canker is.

Another for the ſame.

Take Chriſtal, and make it in fine powder, and the powder of Hartſ-horne burnt, with as much of the rinde of a Pomegranate, and the juyce of Night-ſhade, and give all theſe to the Party, either man, woman, or childe.

For the Collick and the Stone.

Take a handful of Saxifrage, a handful of Pellitory of the Wall, a handful of unſet Iſope, a handful of unſet Time, and ſeeth all theſe hearbs well together with a quart of good Malmſie to a pint and the powder of three whole Egg-ſhells, and as much of the powder of Haſle-nut ſhells; when you have put the Liquor from the hearbs, then put in the powders to the ſame, and let the Patient drink thereof warm in the morning faſting and it will help him.

For the Collick, a remedy.

Take White Time and Parſley, bruiſe them, and ſtrain them with ſtale Ale, and ſet it to the fire, and make it warme,

and put thereto a good quantity of Grains, and ſo drink it. Alſo take Broom ſeed that is green, and give it to the party to drink being dryed and made in powder, and when the pain is upon him uſe it.

Another for the ſame.

Take a pinte of Sallet Oyle, half a handful of white Salt, and ſeeth them, then dip in two or three handfuls of black Sheeps wool, and binde the ſame from the Navel to the bottom of your belly as warme as you can ſuffer it.

For the Colica Paſſio.

Take the root of Quintfoyle, and long pepper, and grinde them ſmall to powder, and drink it in good Ale. Alſo take Time, and Saffron, ſtamp them together, and put thereto a little good Ale, and ſtrain it through a cloth, and then give it to the Patient to drink, and it ſhall eaſe him forthwith. Alſo make a plaiſter of the Hearb *Philopendula* being ſodden with the aforeſaid hearbs.

Another for the ſame.

Take the crumbs of clean VVheaten bread, and white Vinegar, and the powder of Cummin, and boyl them all together, and make a plaiſter thereof; and

and as hot as the ſick may ſuffer it, lay it near to the belly, and hee ſhall ſoon be eaſed of his pain. Alſo take Tormentile and Treacle de Bayes, and eat it; and drink of the water of Eldern flowers ſtilled.

Another for the ſame.

Take unſet Leeks, and cut away the faces and all, then take away the white of the Leek, and bray it ſmall with *May* butter, and fry it, and lay it very hot to the Navel being bound with a cloath.

For the Collick and the Stone.

Take the green pith of an Elder ſtalke that is between the barke and the ſtalke, and ſtamp it ſmall, and drink it with good Ale, and it ſhall break winde.

For a man that is Coſtiffe.

Take Mallows and Mercury, and ſeeth them with Porke, and make thereof pottage, and let the party eat thereof, and drink Whey, and it ſhall make him ſoluble. Alſo take the juyce of Walwort, and mingle it with Hony, and drink it.

For the Dropſie, Proved.

Take two pound of Sage-Royal, and two pound of water Carſen, and two pound of Iſope, take theſe herbs, and

bray them in a Morter, and wring out the juyce thereof, and then take Wheat flower, and blend it with the juyce, and make a loaf thereof, and bake it in an Oven, and all hot break it into two or three gallons of good ſtale Ale, and let there bee no dregs therein, and ſo let it ſtand all night, and ſtop it cloſe, and let the ſick drink thereof at all times, and hee ſhall bee whole. Alſo take Borage, and Langdebeef, and Parſley, and Scabious, and of Water-Creſſes as much as of the other herbs, a handful of Smerewort, and uſe this pottage with that drink, and he ſhall be whole.

Another for the ſame.

Take four penny weight of Scamony, and two penny weight of Rubarb, and ſix penny-weight of Seny, and a penny weight of Setwel, and a penny weight of Spicknard, and a penny weight of the powder of Cammomel, and an ounce of Suger, and bray all theſe Spices in a Morter of Braſſe, and mingle therewith the Suger, and then let the ſick uſe this Medicine three dayes faſting, a good ſpoonful at once, and it will make him for to have a good ſtomach, and do away all evils.

For

For the Dropſie, if it be curable, or no.

Take Barly meal, and the juyce of Spinage, and of Marigolds, and make thereof a plaiſter, and lay it three times unto a mans Liver, and if the plaiſter be quickly dry, hee is curable, and if it dry not, hee is uncurable.

Another for the ſame.

Take a handful of the tender crops of Broom, and ſtamp them, and ſtrain them in a quart of ſtale Ale, and boyl it till it bee half waſted; then put thereto ſome Cinamon, and Ginger, and ſet the Patient upright in a Chaire, ſo that his feet touch not the ground by two foot and a half, then put under his feet a pan of Coals, and lay overthwart the pan a pair of Tongs, or two, and lay thereon green Broom, and let him ſet the ſoles of his feet thereon, and give him of the drink blood-warme, and ſo let him ſweat well when hee goeth to bed, and by Gods grace it will help him.

For a Dormitory.

Take a quarter of a pound of Almonds blanched, and half a pound of Hemp-ſeed, three times waſhed in clean

water, and ſixe Dates, and ſtamp them all together, and put thereto good ſtale Ale, and take an ounce and a half of Poppy-ſeed bruiſed, and let it lye in Ale three or four hours, and then ſeeth them together and ſtrain them, and give the ſick to eat thereof warme, and it ſhall quickly make him ſleep, by Gods grace.

To draw a Bile from one place to another.

Take *Oculus Chriſti*, and Vervain, and make a plaiſter of them, and let the ſame bee laid from the Bile, two fingers, breadth, and when it hath lain a good while renew it, and ſo remove it ſtill from place to place, until it bee laid on the place where you would have it break.

To draw Arrows out of a mans Body.

Take *Polipodion* and grinde it with freſh greaſe that is old, and binde the ſame upon the place, and it will ſoon draw it out, be it Arrow, or Thorne, or any other evil thing.

To draw out an Arrow head.

For to draw out an Arrow head out of a mans fleſh, take red Spere root, temper

per the ſame and ſeeth it with Hony, and then lay it on a cloth, and lay it to the wound, and it ſhall draw it out, by the grace of God, quickly.

For a Dart in a mans body.

Take a worme that is called Piacher, that is as great as a Bean, and is clean blew or ſender, and hath many ſmall feet, and is white under the belly, and when a man toucheth it, it will bee as round as a button; take this Worme, and rub it well againſt the Dart, till it bee all broken, and do this every day three or four times, and at every time take three or four Wormes.

For all manner of Falling-evils.

Take the blood of his little finger that is ſick, and write theſe three Verſes following, and hang it about his neck, *Jaſper fert mirrham, thus Melchior, Balthazar aurum, Hæc quicum ſecum portat tria nomina regum, Solvitur à morbo Domini pietate caduca*, and it ſhall help the party ſo grieved.

For the Falling-evil.

Take the powder of Oſmond, and the root of Piony, and take the powder of Mortegan, and drink all theſe with ſtale Ale, and let them ſay their prayers;

and as ſoon as the party falleth down, take the Gall of a Dog, and give the ſick to drink with good Ale that is ſtale, and by Gods grace he ſhall never have the Falling-evil any more. Proved.

For to cure the Falling-evil in four daies.

Take Swallows, and beat them feathers, guts and all, Caſtorium, Vineger, and ſome Jermander, diſtilled firſt in water, and ſome *Cardus benedictus* water, and then diſtil all, and give the ſick to drink thereof. Alſo take the root of Piony and make it in powder, and put it into Pap for a Childe, and let him or them lick it with a little Suger, and they that bee of Age may eat the more quantity thereof. Alſo the black ſeed of Piony is good therefore.

For the Falling-evil

The filing of gold being taken in meat and drink, is good againſt that Evil, and if the Patients back be annointed with the oyl of Juniper in the very chine, and ſo is a dram of *Caſtorium* very good therefore.

Alſo the powder of *Gentiana*, with the juyce of wilde Sage, is good for the Falling-Evil.

The

The manner and use to be observed and kept in the time of curing of a Fistula.

First you must search the ulcer with your Probe, to know the depth and the length thereof, that you may know of what size to make your tent, and annoint the sore only with *Populion*, and your tent also, and dip the end thereof in the powder following for two daies, once a day dresse it with your powder, and other two daies with nothing but *Populion* to remove the asker, and thus inlarge your tent till the work bee known unto you, so long as it casteth a black, maulty, gory, stincking, or bloody water, still use your powder, until it come grosse, thick, and white, and then apply mundifiers or clensers, and the ulcer cleansed, then use incarnatives, as the green Balme before written, and others that follow; alwaies rather shortning your tent, and making of it lesse till you bee assured of the victory for figillation, scaling or sinking of the water that hereafter shall follow, termed Mother, and the Congealour.

The powder for the Fistula.

Take two ounces of green Coperis, and burn it in a Goldsmiths pot, called a Crusible, *Mercurii sublimati* an ounce, grinde them small on a Marble stone, till that it bee very fine powder, and use it when need requireth.

A skinning water for the fistula.

Take strong Vinegar that is white, for that is best, a quart, of Lithargie of gold finely beaten, and finely searced, a pound, mingle them together, and let them insuse in a glass, three or four daies, stirring them together twice a day then let it settle a day, and take the clearest thereof, and put it into a vial or glass; and so you have the Mother.

The Congealour for a Fistula

Take fair water a pinte, salt Gemme two ounces, common salt a good spoonful, boyle all till the salts be dissolved, then put the cleerest thereof into a glasse, and this is the congealour.

The use of the Congealour.

Take of the Mother three parts, of the Congealour two parts and a little more, put them together, and it will bee an Oyntment, or a thick Cream, lay it on the place that you would have skinned,

ned, or the creeping Tetter, and it ſhall do wonderfully for the long ulcers, that lack nothing but skinning, and it will skin in very ſhort time.

For the Fiſtula.

In what place ſoever it bee, take the juyce of Tormentile, and drop it into the hole, and it helpeth; and ſo doth a tent dipped in the ſaid juyce, and laid to the Fiſtula. Alſo take green Betony with Salt, and make a tent, and put to it a plaiſter of the ſame, and it will heal it.

Another for the ſame.

Take of the powder of Coperis, with two parts of Bean meal, and confect them with French Sope, and ſhape a tent thereof, then put it into the hole of the Fiſtula, it will cleanſe it in ſuch manner, that if there bee any bones corrupt or broken, they may bee taken out, and it will conſume the evil moyſtures.

To ſtop a very great Flux.

Take half a pound of Almonds and blanch them, and ſtamp them very ſmal in a Morter, and then take twelve yolks of new laid Eggs roſted hard, and put them into a Morter, and bray all together,

ther, and then take a pinte of ſtrong red vineger, for that is beſt, and put it into the ſame ſtuffe, then mingle them well together, and then put all into a fair pot of earth, and ſtamp it well, then take thereof five or ſixe ſpoonfuls at once, but firſt warme it, and then drink three or four times upon a day; if need bee.

Another for the ſame.

Take the root of a great Dock that beareth the Burre, and the leaves of Oke, and ground Ivie, and make a bath of them, and put thy feet therein up to the Ankles, but no higher, and let thy feet ſtand long therein, as hot as yee may ſuffer it, and then keep them warme.

A Medicine for to ſtop the Flux, or Laxe.

Take three Nutmegs, and roaſt them, take of Cinamon three ounces, three new laid Eggs, and roaſt them very hard till they bee blew, then take the yolke from the white, as much of *Bole armoniack*, as a Doves Egg, then beat the Spices very fine, that done, take all together and beat them; then put them in a quart of ſtrong Ale, ſtirring all theſe toge-

together, then ſtrain them, and ſeeth the ſame till it come to a pinte, then give the party ſo grieved to drinke thereof firſt and laſt.

Alſo take Alligant and thicken it with Rice-flower, as you would make Pap; then ſpread it upon a piece of red Leather as broad as your hand, and for a childe lay it beneath the Navel ſomewhat warme, and it helpeth.

For the Fluxe, or Laxe.

Take red-Roſe buds, and clip off the whites from the leaves, and dry them, and make powder of them, and give it to the party ſo grieved in a Cawdle, and at three times drinking it ſhall eaſe him; and if the party bee weak make him a Tanſie of Camphire, Plantain, and Archangel, a little at a time, as much as an Egge. You may gather theſe herbs in Summer to ſerve in Winter.

To help the bloody Flux.

Take two handfuls of Plantain leaves, and ſeeth them in fair water, and let it ſeeth till it bee ſodden to the one half, then take the ſame water, and ſtrain it through a cloth without any wringing thereof, then with the ſame water make Rice pottage, and let the Patient eat thereof

thereof a good meſſe, and it will ſtop the bloody-Flux.

Another for the ſame.

Take Hen croſſen, and the crops of Woodbinde, and ſtamp them, and temper them with warme red wine, and give the ſick thereof to drink, and let him eat for three daies together each day five Leeks with bread that is hot, and drink no drink but red Wine warme, and hee ſhall bee whole, and let the ſick have a ſtool with a ſiedge, and make there-under a little Charcoale fire, and let it bee cloſed round about with a cloath that no aire may enter; proved.

For to fret away dead fleſh.

Take Hens bones and burn them, and the ſhells of ten Eggs, ſtamp them, and make powder of them, and lay it to the dead fleſh, and it will fret it away.

Another for the ſame.

Take green Copperis and burn it, and as much burnt Allome, and as much Verdigreaſe, and grind them all together, and uſe thereof as you need, and it helpeth: Proved.

To abate proud Fleſh.

Take Hony and clarifie it, and skum it with a feather, and take the white off,

off, and put to it a quantity of Verdigreaſe till it bee green, and lay it thereto.

To raiſe up Fleſh.

Take red Nettles and bray them ſmall, and put thereto three or four cornes of Salt, and mixe it with butter, and lay it to the ſore, and it will make the fleſh to grow, and to be more fair then ever it was before.

To take the fire out of any ſore.

Take a quantity of Roſe-water, Sallet Oyle, an Oxe Gall, Houſleek, the juyce of each a like quantity, and ſo beat them all together till they be all one, and ſo annoint the place, and it will take away the fire.

For the Gout, a moſt precious Medicine.

Take a good handful of Rew, as much of Plantain, and as much of red Sage, and ſtamp them as ſmall as you can, then take half a pound of black Sope, and a penny-worth of the Treacle of Jane, and mingle all theſe together; then put them in a cloſe veſſel, and when the pain begins to come, make thereof a plaiſter, and lay it thereto, and hee or ſhee ſhall be eaſed within an hour. Proved.

For

For the red Gout.

This experiment is proved beſt. Take Quick-ſilver, Brimſtone three parts, and two of Quick-ſilver quenched with freſh greaſe, and the juyce of Earth-binde, and a little of Swines Gall, and mingle all together, and put it into boxes, and when need requireth annoint the place, and you ſhall be whole.

For the Gout that is bolning.

Take Bean leaves ſodden in water, then mingle it with Swines greaſe, and lay it to the ſore place, and it doth away all the bolning.

Alſo for the ſame you may take a Foxe, and make oyl thereof, and therewith annoint the Patient.

For the Gout that is in the Bones.

Take three toaſts of Rye-bread, and toaſt them well, and then lay on a diſhful of Garlick, and ſtamp them, and lay it on the Gout as hot as may bee ſuffered. Alſo Walwort ſodden in Wine till it bee well thickned, and the ſore annointed with the ſame is very good. Alſo Nettles ſtampt and laid upon the Gout, helpeth it.

Another for the ſame.

Take an old fat Cat and flea her, and draw

draw forth her Guts, and bray the Cat, and put her all together in a fat Ganders belly, and put thereto half a pound of Pepper, Muſtard-ſeed, and Parſly-ſeed, of each four ounces, Wormwood and Garlick, a good quantity, *Bole Armoniack* ſixe penny-weight, then roaſt it, and the greaſe that droppeth from the ſame, keep it, and annoint the Patient withal, and by the grace of God the Ache will go away, for being thorowly annointed therewith, it preſently helpeth him.

Another for the ſame.

Take a handful of Rue, as much Canel, as much Turpentine, and red Sage, of each of theſe a like much, ſtamp them all as ſmall as you can, then take half a pound of black Sope, and mingle all theſe together, and put them in a cloſe veſſel, and when the pain beginneth for to come, make a plaiſter thereof, and lay it thereto, and the party ſo grieved ſhall have eaſe within one hour.

For the Gout in the Toes.

Take the root of Fragon, Matſelon, and the root of Launceroy, ſtamp them and drink them with white VVine, every day faſting.

For

For the green Sickneſſe.

Take Betony, Hartſ-tongue, Liverwort, of each a good handful, a Fennel root, waſh them and bruiſe them, and put them in a Skillet with a quart of Ale, two ſpoonfuls of Aliſander ſeeds, and four good ſticks of Licorice, let all bee bruiſed, and boyl all in Ale, till it bee half waſted, then ſtrain it, and make it ſweet with Suger, and put into it a little Mace and Nutmegs, and uſe to drink thereof warme, morning and evening, three or four ſpoonfuls, and likewiſe when your fit doth come upon you.

Another for the ſame.

Take the keyes of an Aſhen-tree, being dryed and made into powder, and take of red Fennel, red Sage, Marjoram, and Betony, and ſeeth them in running water from a pottle to a quart, then ſtrain them, and drink thereof a good draught with Suger, morning and evening luke-warme.

For gnawing and aking in the Joynts.

Take Herb Bennet, Sheeps ſuet, and Oyl Olive, try them together, then take it off the fire, and make thereof a plaiſter,

plaiſter, and lay it to the ſore, and it will eaſe you.

For a hardneſſe in the Body.

Againſt the hardneſſe of the body, take a good quantity of Lilly roots, with an herbe called *Brancha urſina*, and the root of Mallows, and Hollihock, and temper them all together in VVine, and Oyle, twelve daies, and then ſtrain it, and in ſtraining, put thereto VVaxe and Oyl, and make an Oyntment thereof, and therewith anoint the hard-bound body.

Againſt heat in the Body.

Take and eat Ribe-berries, and drink the juyce thereof, it is very good for them that have over much heat, for it cooleth them; and an Electuary made of theſe berries is very good for them that are grieved with over much heat in the body.

Alſo take the diſtilled water of Oxe dung, it is very good and profitable for the ſame.

A Medicine for the black Jaundies.

Take *Gentiana*, long Pepper, *Calamus Aromaticus*, Avens, Raiſins, Currans, white Sope of *Spain*, of each of theſe an ounce, and take a ſpoonful of

of Muſtard-ſeed, and boyle them all in a quart of VVine till the third part bee waſted.

Another for the ſame.

Take Angel-towchis, and grinde them ſmall, but firſt waſh them as clean as yee may, then put thereto a quantity of Neatſ-foot oyle, and a quantity of Vinegar, drink this Medicine, cold three times, and it will cauſe you to caſt out all the ſickneſſe in your body preſently.

Another for the ſame.

Take Fennel, Sage, Parſley, Gromwel, of each alike much, and make pottage thereof with a peece of good Porke, and eat no other meat that day. Proved.

For the yellow Jaundies, and Greenſickneſſe.

Take of Ivory made into ſmall powder half an ounce, of Turmerick three quarters of an ounce, as much of Saffron as the weight of a groat, compound all theſe well together, and uſe to drink of this potion firſt in the morning, and laſt in the evening, with a draught of good ſtale Ale; but if you take it for the black Jaundies, you muſt firſt purge

Me-

Melancholy, and for the green Jaundies without purging; and this Medicine will help both, as hath been proved.

For the yellow Jaundies.

Take a great white Onion, and make a hole where the blade goeth out, to the bigneſſe of a Cheſnut, and then take Treacle of Jane, as much as will fill the hole, then take half an ounce of *Engliſh* Hony being beaten, and ſo compound the Treacle and Saffron together, and put it into the Onion, and ſet it againſt the fire, and roaſt it well that it do not burn, and when it is roaſted, ſtrain it through a cloth, and give the juyce thereof to the ſick three daies together, and it ſhall help them.

Another for the ſame.

Take a red Dock root and ſcrape it, and lay it in a quart of ſtrong Ale all night.

Another for the ſame.

If the Patient drink the Sope of *Spain*, and the ſhavings of Ivory, it is very good for the yellow Jaundies, being either old or young.

To expel the Venome of the Jaundies.

Take of running water a pinte, of Endive

dive and Succory, of each half a handful, let them boyl till the half bee wasted, then strain it; and put thereto of Rubarb one dram and a half, and of Spicknard a half-pennyweight fine beaten, of Suger three ounces, and let it boyl a little, and then take it off, and let it stand close covered all night, and the next day early strain it, and give the sick to drink thereof fasting, and let him abstain from meat two houres after.

For the Jaundies in young Children.

Take of Rubarb, of Turmerick the weight of ten pence, of white Suger-candy as much, of Spicknard the weight of three pence, make all these in fine powder and mixe it together, and three daies together take thereof in white wine, or Rhenish wine.

Another for the same.

Take Turmerick, Saffron a pennyweight, the shavings of Ivory four pennyweight, the shavings of Hartshorne as much, a spoonful of the juyce of *Capilli Veneris* made into powder, and drink it in VVine, and put thereto a pretty quantity of Suger, and it helpeth the same.

For an Impoſthume.

An Impoſthume is a ſwelling or aking out of kinde, and it is either of a corrupt humour that muſt bee broken out, or elſe of ſuperfluity of a humour that ſhould nouriſh that limbe.

Firſt there muſt be given a Purgation, after that repercuſſions, or maturatives.

The Remedy.

Take Hollihock, Licorice, Lintſeed, dry Figgs, Lilly-roots, and Juniper berries, ſeeth them long in water, after do away the Licorice, and the Juniper-berries, and bray well the other, then put thereto Barly meal, Lin-ſeed, Fennegreek, and boyl all theſe together well, and annoint it firſt with freſh butter, and this ripeneth Impoſthumes within and without, and it is good in an hard and dry Impoſthume though it wax as hard as a ſtone; Repercuſſions, to ſmite inward the matter again, ſhould not bee uſed in Children, nor in old Men, neither where matter is woodiſh; or fervent, nor where the water is much now and then in the burning of ſickneſſe, in the *nigreſoriis* as grieveth, when the Impoſthume or Botch cometh on a nobler

bler Limbe or Member, then ſhall he be ripped there, and not driven away from thence for dread of the better member, the which is a breeding of the Impoſthume, and of the venemous matter thereof; Repercuſſions muſt be taken in time ere that the matter bee full ripe, and ere it bee corrupt and rotten, and that is done commonly with the juyce of cold herbs, as petty morrel, Purſlain of the wood; and *umbeliens Veneris* with Oyl of Roſes, and a little Ayſel, a little *Bole Armoniack*, a cold oyntment, as *Populion* or *unguentum album*, or the cold oyntment *Juſquinianus*, and Poppy, and Lead, and ſeeth green Plantain, and Vineger, and the white of an Egge.

To break an Impoſthume.

Take a Lilly root, and an Onion, and boyle them in clean water till they be ſoft, and then ſtamp them and fry them with Swines greaſe, and lay it to the Impoſthume as hot as the Patient may ſuffer it.

To ripen an Impoſthume.

Take Wormwood, Mallows, Mugwort, of each a good handful, ſtamp them, and mingle them with a quarter of a pound of Swines greaſe, and fry them;

them; and put to it a handful of Wheat bran, and a little white VVine, of Hony, four ounces, boyl them till they bee thick, and lay it hot to the sore place.

For an Itch, or breaking out.

Take an ounce of Quick-silver, two ounces of oyl of Bayes, and mingle them well together until that you can see no Quick-silver, and put it into a boxe, and annoint the Patient once in twenty four hours, and it shall kill the Itch.

Another for the same.

Take Frankinsence and bray it small in a morter, and mingle it with Oyl de Bay, and therewith annoint thee all over, and it will destroy the Itch.

For all Itches.

If the heat of the Itch bee in the wrists, then let the party drink every day, or every other day, of the juyce of Fumitory, fasting, and in the winter, let him drink the sirrup of Fumitory with warm water, for it cleanseth all scabs and other corrupt humours that ensue, as Leprosie, &c. and cleanseth the blood, the veins.

Another for the same.

Take the juyce of Peniroyal, the juyce

of Saven, and the juyce of Scabious, the juyce of Sage, the juyce of Pellitory, and Barrows greaſe, and black Sope, temper all theſe together, and make a ſalve for the Itch.

Alſo take Fumitory, or Earth-gall, and ſeeth the ſame in VVine, and it is very good for the Itch.

Againſt grievous Itches, either in Men or Women.

Take the juyce of *Calidon*, *Tapſie*, *Barbati*, of Hony purified an ounce, beat them all together till they bee well mixed, and ſet them on the fire, and when they have ſimpered take it from the fire, and reſerve it to thy uſe, and when thou wilt uſe thereof againſt Itching, take thereof as much as thou wilt, and put thereto of burnt powder of *Vitriol*, of burnt Allom, of each alike much, and uſe this till that thou bee well.

For the Ring-worme.

Take of the Gum of a Cherry-tree a good quantity, of the Gum of a Plum-tree as much, and diſſolve them in Vineger that is very good, and oftentimes annoint the ſore place therewith, and it helpeth.

For

For the Kernels, or Kings-evil.

Take two ounces of the water of Broom-flowers diſtilled, and give it to the Patient in the morning faſting, and it will purge the evil humour downward, and waſteth and healeth the Kernels without breaking them outwardly.

Alſo if you ſeeth the water of Broom-flowers, and put it in the Patients wine, it will give him great eaſe.

Alſo if you ſtamp Cuccow-pintle with Boares greaſe, and lay the ſame to the place, it helpeth.

Alſo if you make a plaiſter of red Dock, and ſtamp old greaſe therewith, it helpeth.

For the Kings-evil.

Take the root of Briony, or of *Ariſtolochia longa*, or Sperewort, a like much, and beat them with hony, and old greaſe, and lay it thereunto.

Alſo take Beans, and mingle them after they bee beaten with the glear of an Egg, or old Oyle, and it will diſſolve the Kernels, or Kings-evil.

Alſo if Darnel bee ſodden in wine with the dung of an Aſſe and Lin-ſeeds, being drunk it helpeth mightily.

Take of the decoction of the barkes

or pils of Copperis, and Sperage, and annoint it with this oyntment.

Take a gray Serpent and cut off his head and tale, about four inches thereof, and afterward, with the greale of that Serpent annoint the ſaid ſore.

For a Laxe.

Take Sene an ounce, Rubarbe two penny-worth, Spicknard a penny-weight, infuſe the ſame with white wine, or water of Bugloſſe or Borrage, of each half a pinte, and warm them ſcalding hot, or boyl them a little, and ſo let it ſtand all night, then warme it in the morning and ſtrain it, put in a little Ginger, and Suger, and ſo drink it all warme, till that thou bee well eaſed thereof.

A powder Laxative.

Take half an ounce of Sene in powder, a quantity of Spicknard bruiſed, and an ounce of Ginger in powder, bruiſe all theſe very well, and put this into the ſoft Pap of an Apple, and ſo uſe to take a pretty quantity of this to bed-ward.

A powder for a Laxative perſon.

Take in Summer the white flowers of Elders, as much as yee will occupy all the year, and dry it two or three daies in the Sunne, and then put the ſame into

to a Bladder, and when you will occupy it, dry it as you do Saffron, and put a little in an Ale-berry, or in a meſſe of Pottage, and incontinent you ſhall have three or four ſtools.

For the Leapry, a Medicine.

Take the juyce of Black-berries, and temper it with ſirrup made of wilde Sage, it is good for them that bee Leprous, and they that fear the comming of it, ſhould uſe every morning to drink half an ounce thereof.

Another for the ſame.

Take and make a bathe of ſtrong wine, that the leaves and flowers of Elder is ſodden in, for it greatly profiteth them that bee like to fall into Leproſie by reaſon of flegme.

Alſo a bathe made in water that ſcabious and Mullen is ſodden in, is good for them that have the ſpice of the Leproſie, called *Alopice*, in the which the hairs fall.

To make a man lean.

Take and fill a pan full of Filbeard flowers, and ſeeth them a night and a day, and put thereto wine that they dry not, then let the wine bee ſtrained, and let the patient drink it five daies together

in the Month of *February*.

For the Lungs.

Take Southernwood, and mingle it with Licorice and Iſope, ſeeth it in wine or water, make it ſweet with Suger, and ſo drunk, it is very good for all diſeaſes of the Lungs and Breaſt; when the ſickneſſe commeth of cold, the breaſt ſhall bee annointed with *unguentum dialthea*, and it eaſeth.

Alſo the broth of a Creves is good for the pain in the Lungs conſuming, as when a man hath a ſwelling about the Lungs, then hee commeth to drineſſe and conſuming of the natural moyſture till hee dyeth. Alſo the root of wilde Rapes is good to cleanſe the Lungs, if it bee ſodden with Licorice, and drunk. Alſo, if Figgs bee ſodden with Iſope, it cleanſeth the Lungs, and healeth the old Cough.

For the Morphew.

Take water of Elder, and drink thereof three ſpoonfuls in the morning, and when you have drunk thereof walk up and down till you get you a good heat, and then take a pinte of white Vinegar, and nine Oake Apples, and cut them and lay them three daies and three nights

in

in the ſame Vinegar, and after take a fair linnen cloth, and put the Apples therein, and then ſtrain them, and with the liquor thereof annoint thy body three daies.

Alſo take the juyce of Selidon, and mingle it with the powder of brimſtone, and do it to the Morphew or cold.

Alſo for the Morphew white or black, take Muſtard-ſeed and Salt, and ſtamp them together, then temper them with Vineger, and annoint the Morphew therewith.

For the Morphew white or black.

Take an ounce of fine Verdigreaſe, and an ounce of Brimſtone, and make them both into ſmall powder, then take two Sheeps heads that are fat, and flea them, and cleave them, and take out the brains and caſt them away, then waſh them clean, and ſeeth them till they bee tender, and then take them off the fire, and let them ſtand till the next day, and then gather off all the greaſe thereof, and mingle the aforeſaid powder therewith, and then put it in a boxe, and let it come near no fire after thou haſt done them together, but worke them all cold and it will heal the Morphew, bee it white

or black, if you annoint the ſick therewith againſt the fire every night when he goes to bed, and in the morning waſh it away with Vineger.

Another for the ſame.

Take black Sope, and put t in a clean cloth, and put it in your own Urine, and therewith annoint the Morphew. Alſo let the party grieved drink morning and evening, water of Fumitory, and water of Borrage mingled together in like portions, and within fourteen daies it will make him clean.

Alſo take green Copperis, and put it in clean water and let it ſtand a day, and then cleanſe the water, and then annoint the Morphew with the water.

A Medicine for the Marmole.

Take Broom-flowers and dry them, and beat them to powder, and temper the powder with Oyle made of Mints, and a little Vineger therewith, and annoint the ſore therewith. Take great VVall-nuts as they grow, Husks and all, and bray them in a Morter, and temper it with oyle-Olive, and fry it in a pan, and put thereto a quantity of Pitch in the frying thereof, and ſtrain it through a linnen cloth, and threwith

annoint the ſore, and lay Plantain leaves about the back towards the ſore, and every morning waſh the ſore with madder water.

For to heal a Marmole.

Take a pinte of Clarified Hony, and a quart of running water, and a great quantity of Sage, and ſeeth them together as well as thou canſt, and waſh the wound with the liquor, and lay a Sage leaf on the wound.

Another for the ſame.

Take Oyl-Olive and annoint the ſore therewith, and lay thereon a Plantain leaf, and every morning waſh the ſore with Madder water.

For to cure a Marmole.

Take freſh Seame, and the Kernels of ripe Nut, and ſtamp them as ſmall as may bee, and blende them together with *Aqua vitæ*, and Hony, and make them thick as a plaiſter, and lay it on a linnen cloath, and put it to the Marmole, and as often as you ſhall change the plaiſter, ye ſhall finde it full of red VVormes, and therefore keep this Medicine thereto, freſh and freſh, till ſuch time as the Wormes bee clean out, but look that you claw not your

Legges to make them bleed.

A Maturative to ripen a Botch, or a Bile.

Take ſoure Dow, and white of old Swines greaſe, and beat them well together, and put thereto Salt, and the powder of Cummin, and mingle them well together, and make a plaiſter thereof, this ripeneth and breaketh impoſthumes: but my Maſter did put thereto powder of Fennegreek, and the yolke of an Egge at one time, if there be much, for failing of the Heart.

How to make Nerve-oyle for all akings.

Take two pound of wilde Marſh, and a pound of Ambroſen, and a pound of Cammomile, a pound of Betony, and a pound of Sage, a pound of Morts, and a pound of Hawhew, and a pound of Southernwood, a pound of Mugwort, and a pound of Wormwood, a pound of Mallows, and a pound of Hollihocks, a pound of Hore-hound, a pound of red Nettles, a pound of Laurel leaves, and a pound of Liver wort; then take all theſe hearbs and ſtamp them in a Morter ſmall, and put thereto three or four pound of *May* butter, and a quart of

of Oyle-Olive, and ſtamp them together, then put them in an earthen pot, and cover it well, and ſet the pot in a moyſt place, and let it ſtand nine dayes, and the tenth day take it out of the pot, and put it in a pan, and ſet it on the fire, to ſeeth, and ſtirre it that it do not cleave to the pan, and when it hath well boyled, take it off from the fire, and ſtrain it through a cloth, by little and little into a fair veſſel, then take that liquor and put it in a clean pan, and ſet it over the fire, and put thereto a quarter of a pound of ſheeps tallow melted, and as much Frankinſence well broken in powder, and ſtirre them well together till they be melted, and then take it from the fire, and let it ſtand and cool, and make therein a hole and let out the water thereof, and turn it on the other ſide, and do away the foulneſſe thereof; then take it, and put it in the pan again, and ſet it over the fire till that it be molten, and then put thereto a pinte of the greaſe of a Gray, if you may have it, then with a feather ſcum it clean, and put it in boxes, and this is the kindly making of Nerve-Oyle, and this Oyntment is hot.

To make Nerve-Oyle to help all Sinews, and to put them in their ſtrength.

Take Ambroſen, Cammomile, hearb *John*, hearb *Walter*, hearb *Robert*, Eglantine, the leaves of Croſſe-wood, Fennegreek, Laurel leaves, as much thereof as of all the other, break them and lay them in white VVine, and let them lye ſo fourteen dayes, then take a pottle of greaſe, and a quart of *May* butter, and Oyle-Olive, and boyl them together, and ſtrain them, and let them coole, and ſo uſe it to the ſhrunk ſinews.

Here followeth the making of divers kindes of oyles, and it ſhews which bee hot, which bee cold, according to the opinion of *Hippocrates* and *Galen*.

Oyle of Roſes.

TAke and fill a Glaſſe-ful of Roſe-leaves, and put thereto one pound of

of Oyle-Olive, and ſtop it well, and ſet it in the Sun, ſtirring it every day once for the ſpace of fifteen daies, then ſtrain it through a cloth, and put it upon cold water, and ſtirre it with Haſle-wood, but take the barke off, and this is moyſt and cold.

Oyle of yolks of Eggs.

Take yolks of Eggs, and put them in a pot over the fire, and let them ſtand over the heat of the fire till you perceive they are become black, then put them in a preſſe, and preſſe out the oyle, and this oyle is good for all manner of burnings and ſcaldings whatſoever.

Oyle of Henbane.

Take the ſeed of Henbane and fry it in Oyle, and preſſe it through a cloth, and afterward put the ſame for your uſe into ſome glaſſe, for this oyle is good for all manner of ſwellings, and burnings in the joynts.

Oyle of Mandrakes.

Take and cut them in divers peeces, and ſeeth them in a double veſſel of glaſſe, and ſet them in the Sunne, and let it ſtand nine daies, then ſet them on a ſmall fire till they bee thick, and keep that oyle, for it is good for all peſtures.

Oyle

Oyle of Laurel.

Take Laurel leaves and bray them in a Morter, and let it ſtand two or three dayes, and then ſeeth them, and ſtrain them through a cloth, and that which heaveth above is the oyle.

Alſo take Laurel berries when they bee greeen, and ſeeth them in oyle, and ſtrain them, and it is good oyle.

Alſo take Laurel berries when they be ripe, and ſeeth them with Laurel leaves, and thereof thou ſhalt have the beſt oyle, and this Oyle is good for divers cold cauſes.

Another ſort of Oyle very neceſſary for divers purpoſes.

Almonds or Nuts blanched let be put in a pot full of holes in the bottom, and ſet that pot upon a ſeething pot, that the breath of the ſeething pot may enter into the other pot, and wring theſe Kernels, and receive the Oyle, and keep it in a Glaſſe, and this is good for divers purpoſes.

To make oyle of Muſtard-ſeed.

Take four pound of Muſtard-ſeed, and four pound of Oyle, grinde them together, and let them ſtand ſo nine daies, then ſtirre it, and keep it in boxes;

boxes; this oyle is good for the palſie, the Gout, the Stitch, and alſo for the Podagra.

To make Oyle of Fennel.

Put a quantity of Fennel between two Tile-ſtones or plates of Iron, make them very hot, and preſſe out the liquor; and this oyle will keep a great while, for it is good for the Tiſſick, dry Scab, and for burning or ſcalding.

To make oyle of Rue.

Take Rue leaves and cut them ſmall, then put them in a pot with common Oyle, the ſpace of nine or twelve daies, then ſeeth them till they bee waſted to the third part, then ſtrain it, and this oyle is very good for to preſerve from all manner of privie cauſes of Peſtilence, which are remaining within a man, woman, or childe.

To make Oyle of Ivie.

Take Ivie leaves and bruiſe them, and put them in wine and oyle, in the ſame manner as you do Laurel berries, and ſo make this Oyle of Ivy berries.

Another for the ſame.

Take Ivy berries with the leaves, and ſeeth them after the ſame manner as you do Laurel berries, even ſo do by the Ivy berries.

To

To make Oyle of Cammomile.

Take the flowers of Cammomile and ſtamp them in a Morter, and put thereto Oyle Olive, and let it lye in the juyce twelve daies, and let it ſeeth over the fire, then let it boyle a little, and take it off and preſſe out the juyce, and put it into ſmall Glaſſes, and put thereto the flowers of Cammomile being ſtamped ſmall, and let it ſtand ſixteen daies, and ſo this oyle is made.

To make Oyle of Roſes.

Take Red-Roſe leaves a good quantity, and ſtamp them in a Morter, and put thereto Oyle-Olive, and let it ſtand in the Sun twelve dayes, and then put it in a glaſſe, and binde faſt the Glaſſe about with ropes of Hay, and ſet it in a pan full of water, and let it boyl ſoftly two hours, and then let it coole, then put it in ſmall glaſſes, and put thereto the leaves of red-Roſes all whole, and ſtop it faſt, and ſet it in the Sun for ſixteen dayes, and ſo uſe it at your need.

To make Oyle of Olibanum.

Take Balme-flowers a Buſhel, and pick away the Buds, and beat them, and put thereto freſh butter, and a quart of Swines greaſe, and a pottle of Oyle-Olive

Olive, and put it in an earthen pot or pan of three Gallons, and ſtop the mouth faſt with dow, and ſet it in the ground, and take a Tyle and do it upon the mouth that nothing do come thereto, and let it ſtand forty daies under the ground, and at the forty dayes end ſee that you bee not faſting, then take a pan with a ladle, and put it therein, and ſet it over the fire, and give it three walmes upon the fire till it bee green, then take it from the fire, and ſtrain it into a pewter bayſon, and do it in an earthen veſſel where you will keep it. This is the true making of oyle of *Olibanum*, and it is moyſt in working, it is good for all manner of ſores, but eſpecially for the Morimal and Canker, and for *Noli me tangere*, or for any other ſore; proved by many Maſters of Chirurgery.

To make the oyle of Exceter.

Take two pound of Cowſlip flowers in *May*, and put them in Oyle Olive, and then keep them in an earthen pot, cloſe until the Month of *June*, and then take theſe hearbs following, Laurel, Ambroſen, Calamint, Pellitory of *Spain*, Sage, Pelitory, Scabious, Lavender,

vender, Herbe *John*, Lilly roots, Roſemary, of each a handful; bray all theſe in a Morter, then take the Cowſlips out of the oyle, and bray them as you do the other Herbs, then put them in a pan and boyl them together ſoftly, till all the water bee clean ſodden away, for if the water bee in the bottom, let it ſeeth till it bee waſted, and then ſtrain them through a cloth with clean hands, and when your Oyle is kindly wrought, then put it in Pots or Glaſſes, and ſtop it from the Air. This Oyle is good for all Aches except the Gour.

To make an Oyle for many griefs.

Take Myrrhe, *Aloes epaticum*, Spicknard; Sandragon, Incenſe, Sarazens fleſh, *Bdelium*, Balme-ſeed, gum Aromatick, Siracel, Maſtick, Saffron, gum Arabeck, *Storax liquida*, of each of theſe two ounces, *Labdanum*, *Caſtor*, of each two ounces, Musk and Turpentine as much, make powder of all that will be powdred, and mingle them with Turpentine, and diſtil them in a Glaſſe as you do Roſe-water, and keep it in a very ſtrong Glaſſe. This Oyle keepeth the ſubſtance of mans Limbs, and the Sinews, and keepeth dead folks from

from rotting, being mingſed with the Oyle of Roſes, annoint all thy back, and the heart, and the fore-head, and the Reines, and it maketh a lean body fat; and if the back bee annointed before the axis, it helpeth the Feavers, and for him that cannot ſpeak; it is good for the riſing of the Mother, for the Falling-evil, for to be put in his Ears, and in his Noſe.

Alſo it is good for them that be ſorry without a cauſe, and for them that bee drunk with VVine; and it is comfortable for all diſeaſes bee they hot or cold. Proved.

To make a green Oyntment.

Take a pound of Swines greaſe, an ounce of Verdigreaſe, half an ounce of *Salgem*, and make thereof an Oyntment, and it may bee kept forty VVinters; and this Oyntment is good for the Canker, and for running holes, and for to heal all wounds old and new; it fretteth away dead fleſh, and bringeth new; and put of this into a wound and it ſhall not feſter; and this Oyntment is good for the riſing of the Yard or Morimal, and there is no Oyntment that worketh ſo excellently as this doth.

Another

Another.

Take one pound of Sage, of Bayes half a pound, of Rue half a pound, of Worm-wood as much, and chop them very ſmall all together; then take three pound of Sheeps ſuet, beat the hearbs and the ſuet together till they bee all one, then take three pintes of Sallet oyle, the hearbs and the ſuet, and mingle them together, and let it ſtand two daies, and then ſet it on the fire, and ſtirre it together till the hearbs bee ſomewhat hard, then ſtrain them, and preſerve them to their uſe that have need thereof.

To make a precious Oyntment, called Deneto.

Take the raſing of Hartſ-horne two pound, of Fennegreek one pound, of Oyle-Olive four pound, ſheeps tallow one pound, and two ounces of *Galbanum*, two ounces of the gum of Ivie, and two ounces of Perroſſen, and bray them together, and adde thereto a portion of white Wine, or of water, and ſo let it ſtand three daies, and on the fourth day let it ſeeth over the fire till it waxe thick, then take it off and ſtrain it through a cloth, and put thereto a little

little hot water for the thickneſſe, and ſtrain it as hard as you may between your hands, and take the third part of that liquor and put thereto two pound of oyl Olive, and let them boyl well till they bee ſomewhat waſted, and put thereto a portion of Waxe, and of Tormentile, and do it to the other Liquor, and let them ſeeth well till it waxe thick; then take it off the fire, and let it coole, and then put it in boxes. This Oyntment is good for great grievances of the Stone, and for the Aking of the Ribs, and all hard grievances, it maketh them neſh, but the party muſt bee annointed againſt the fire, for this hath been proved.

To make a good Oyntment.

Take of Smallage and Mallows, and put thereto two pound of Boares greaſe, one pound of *May* butter, and Oyle of Neats feet a good quantity; ſtamp them well together, then fry them, and ſtrain them into an earthen Veſſel.

A Medicine for the Palſie.

Take Oyle-Olive, and the flowers of Cowſlips, put them together, and diſtil them in a Glaſſe in the Sun, and then take two ſpoonfuls of the Oyle that ſhall come of it, with a ſpoonful of

Aqua

Aqua vitæ, and warme it on the fire in a Saucer, and ſo annoint the place which is benummed or grieved, and the Patient ſhall finde very great remedy. Proved.

Another for the ſame.

Take a handful of Marigolds, beat them, and wring out the juyce thereof with a draught of Ale, and put to the ſame a ſpoonful of as good Muſtard as may bee gotten; warme this drink three times, and give it to the party ſo grieved.

Another for the ſame.

Take Cowſlips, wilde Sage, Lavender, and ſtamp them ſmall, and work them with ſweet Ale, and make them up in balls, and make holes in them, and fill them full of ſweet Oyle, and let them ſtand infuſed nine daies, then take them and temper them again with ſweet Oyle, and then fry them, and ſtrain them, and annoint the party ſo grieved with the Palſie.

An Electuary for the Palſie.

Take Mints, Cinamon, Cummin; Roſe-leaves dryed, Maſtick, Fennegreek, Valerian, *Ameos dormici*, Zedoarie, Cloves, Saunders, and *Lignum*

num Aloes, of Every one a dram, Musk half a dram, make an Electuary with clarified Hony, and let either man or Childe that hath the Palsie, take half as much as a Nut. Also a bathe made with these hearbs, Savoury, Marjorum, Time, Sage, Nep, Smallage, and Mints, are very wholsome for the same.

A plaister for a man that is benummed in any Member with cold, or Palsie.

Take Savine, Rue, Sage, Mustard-seed, and temper it with white Wine, and make it as thick as it were a plaister, and so let it stand in a vessel a day and night, and then lay it on a cloth thick, and lay it to the member benummed.

For the pricking of a Thorne or Needle in a joynt, and the hole stopped.

Take fine bolted flower of Wheat, and temper it with white Wine, and boyl it together till it bee come thick, and lay it to the sore as hot as you may suffer it, and it shall open the hole, and draw out the venome, and cease the aking, and heal it again; this Medicine is good to heal a Bile, or any Whitlow or Uncome.

For

For the pricking of a Thorne.

Take madder roots and grinde them ſmall, and boyl them with Oyle-Olive, and lay it thereunto, or elſe with the aforeſaid Oyle annoint the ſore place, and it will do thee good.

A Preparative.

Take of Endive, Succory, Hartſtongue, Borage, of each a handful, of Parſley-roots, Fennel-roots, Fumitory, and the tops of young Hops, of each a quarter of a handful, of Time, Betony, Germander, of each four crops, great Raiſins a handful, a little Licorice bruiſed, half an ounce of Fennel-ſeed, ſeeth all theſe in a pot of fair water to the half, then put thereto ſixe ſpoonfuls of Vineger, and after one boyling ſtrain them without preſſing, then take the cleareſt thereof, and if you will make a ſirrup thereof, put to a pinte of the broth a pound of Suger, and in the boyling thereof put thereto a little Cinamon bruiſed, the weight of eightpence, let him drink of this four good ſpoonfuls, with ſixe ſpoonfuls of Borrage water warmed, faſting in his bed, and ſweat after it.

To make an excellent Mellilot plaiſter.

Take of green Mellilot bruiſed ten handfuls, boyle it in a pottle of white Wine to the waſting of the half, and ſtrain it, then put thereto of Roſin a pound, VVaxe as much, Sheeps Tallow four ounces, Turpentine three ounces, Maſtick one ounce, boyl all ſave the Maſtick, until the waſting of the juyce more then half, then bruiſe other ſix handfuls of Mellilot, and put to it while it is a boyling, and ſtirre it well while it hath a boyle or two, then take it from the fire, and ſtrain it while it is hot through a courſe Canvas bagg, and with wringing and jumping between two round ſtaves, till by little and little the ſtuffe, gums, and juyce bee come all out as much as you can get, and when you may handle it, put thereto your ounce of Maſtick finely powdered, and make it in roules.

To make the powder of Life.

Take Spinage, Columbine, Cammomel, the ſeed of Fumitory and Marigold, of every of theſe hearbs and ſeeds one handful, and dry them out of the Sun, and make thereof powder, and

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To make an excellent Mellilot plaister.

Take of green Mellilot bruised ten handfuls, boyle it in a pottle of white Wine to the wasting of the half, and strain it, then put thereto of Rosin a pound, VVaxe as much, Sheeps Tallow four ounces, Turpentine three ounces, Mastick one ounce, boyl all save the Mastick, until the wasting of the juyce more then half, then bruise other six handfuls of Mellilot, and put to it while it is a boyling, and stirre it well while it hath a boyle or two, then take it from the fire, and strain it while it is hot through a course Canvas bagg, and with wringing and jumping between two round staves, till by little and little the stuffe, gums, and juyce bee come all out as much as you can get, and when you may handle it, put thereto your ounce of Mastick finely powdered, and make it in roules.

To make the powder of Life.

Take Spinage, Columbine, Cammomel, the seed of Fumitory and Marigold, of every of these hearbs and seeds one handful, and dry them out of the Sun, and make thereof powder, and

give it to drink either hot or cold; for this hath been proved a Medicine full true.

The Phyloſophers Stone ſo called, for Medicine to cure all Diſeaſes both within and without, Fiſtulaes, Canker, Pox, Falling-ſickneſſe, Wolfes, S. Anthonies fire, and all incurable Diſeaſes. Proved.

Take Celandine leaves faſt by the roots in *May* or *June*, and ſeeth them in running water, until ſuch time as they do come to pap, and as pap take them forth, and grinde them on a ſtone very fine as Green-ſauce, and let it bee no dryer; then put them in a Glaſſe with a Limbeck head and a receiver, but it muſt bee diſtilled in *Balneo*, likewiſe receive the firſt water by it ſelf, and when it beginneth to drop ſomewhat ſlowly, or to change, then take that receiver away, and put another to it, and then take that as long as it will diſtil, then take that Glaſſe away, and keep it cloſely and ſure, for that is the fiery Element, and the firſt is the water; then

let

let your Glaſſe cool, and then ſet it in Aſhes in a dry Furnace, and draw the laſt water by it ſelf, for that is the Aire, and that that remaineth in the bottome is the earth, which earth you muſt take out, and grinde it on a ſtone fine, and let it ſtand upon the ſtone for to diſſolve into water, for ſo it will in time, ſo that the ſtone ſtand in a moyſt place, but you muſt remember to cloſe your ſtone round about, that the water paſſe not by when it is in moyſtneſſe, ſet your ſtone hanging a little aſide, and make a little gutter for the water to run into the Glaſſe, in the which Glaſſe it muſt bee congealed until it come to earth, therefore ſtop your Glaſſe that nothing do go out, but that all may come to earth again, and thus with that earth grinde it and diſſolve it, and congeal it two or three times for that is better, and then this earth will do great wonders, cure all diſeaſes, it will run thorow all wounds, and cauſe the ſame for to heal ſurely, and being drunk with your *Aurum potabile*, and as much of that earth as a Haſel nut, this will expulſe all wicked humours out of thee, that no ill can grow in the Body, if you ſo uſe it but

once a week with the portion.

Alſo your firſt water muſt be diſtilled often, and what remaineth ſtill in the Glaſſe, muſt bee put into the earth, for that is earth, if the Phyſitian do well skill upon the triplicities, and who hath the great Governance in man of the triplicities, as for the earth *Taurus*, *Capricorne*, and *Virgo*, and for the aire *Aquarius*, *Libra*, and *Gemini*, and for the fire, *Leo*; *Sagittarius*, and *Aries*, for the water, *Cancer*, *Scorpio* and *Piſces*; then who ſo can know the complexions in them, and miniſter accordingly, he ſhall do great wonders with theſe Medicines and Quinteſſences, and as for the earth being ſo uſed as aforeſaid, it will diſſolve Silver of it ſelf, and alſo Gold, and alſo heal many incurable diſeaſes in man or woman that have long reigned, and been moſt uncurable for to be healed. *Laus Deo.*

To make Aurum potabile & Quinteſſentia.

Take *Tartar* the beſt you can get, and finely calcinate it very white, then take a part about a pound, and let it drink four pound of *Aqua vita* rectified by little and little, and then give the *Tartar*

to

to drink of the *Aqua vitæ*; this muſt bee done in a glaſſe or Limbeck, ſet upon the Aſhes with a little fire, and ever keep it cloſe, and ſo being congealed, in manner ſomewhat liquid, then diſſolve it with more *Aqua vitæ* rectified, and by and by it will diſſolve, and look as it were Azure, right in colour, then take of this water ordained of God for to comfort his Creatures, put it in a veſſel of fair Glaſſe again, being diſſolved clean then take fine Duckat gold, but beware of the ſame gold, take an ounce firſt fined in a teſte, and then fine beaten in fine ſheets, then take pure fine life Hony four ſpoonfuls, and take a quarter of *Gentiana* fine ſearced to powder, the Gold, *Gentiana*, and Hony, muſt be ground finely, and put to the Quinteſſence, and half an ounce of fine mother of Pearl, grinde all ſtrongly together upon a Marble ſtone, and put all into your water, or Quinteſſence, put all into your Glaſſe, and ſet it a diſtilling with a Gentle fire, and let it diſtil up and down, ten or twelve daies, and then keep it cloſe and ſafe, for it is good, let it diſtil in moyſt balnes in any caſe, and then it is done. Some do uſe to make

oyle of Gold in this manner, they do take Vineger, and put filing of Gold in it, or leaf Gold, ſo let it ſtand in the Sun when it is hot twelve daies, and there will ariſe upon the Vineger as a ſcum, the which you muſt gather with a feather, and as you gather it you may put it into your *Aurum potabile*, or elſe grinde it with your Hony, Pearl, and *Gentiana*, for this Gold is better, for this is one of the Philoſophers great ſecrets hidden, this is a vertuous Quinteſſence, or water of Life, to heal evil infirmities, as Leproſies, and as many as bee in man that are hard for to heale, and if a man bee a dying, and have but one dram of Nature within him, give him but one ſpoonful of it, and if his time bee not Ordained of God, it ſhall help him certainly, and will procure him for to live longer, by Gods Providence provided for man.

Note this Noble, Divine Plaiſter, which hath a number of vertues in it, as hereafter followeth.

Take *Galbanum* an ounce, *Armoniaci* three ounces, *Oppoponaci* an ounce, new Waxe twenty ounces, Oyl-Olive a pound

pound, Lethargie of gold thirteen ounces, *Olibanum* two ounces, Myrrhe an ounce, green Copperis an ounce, *Aristolochia longa* an ounce, Mastick an ounce, *Bdelium* two ounces, *Orimanda calamita* four ounces, make all these into powder, every one severally by it self, take a pot of earth and your *Galbanum*, *Armoniaci*, *Oppoponaci*, and put it in white Vineger very strong, and cover the pot till such time that all bee molten in it, after strain it through a Strainer, then put it in a clean vessel, and set it on a gentle and temperate fire, and let it simmer together until all your vineger bee consumed, then take your Oyle-Olive, and put it in the same pot, and so stirre them together on a gentle fire continually, and when all is molten, then put in your Litharge of Gold made in powder, and as you put it in, you must ever be stirring of it that it may consume in the substance; and thus you must use it until it come to blackness, then put in your Bdelly, *Olibanum*, *Aristolochia longa*, Myrrhe, Mastick, your Verdigrease, Copperis, and your *Calamita*, let it bee all in very fine powder, and when it is sod and well boyled it will

bee black and red, then put a little on a ſtone or cloath, and if it be hard, then it is ſodden well, then let it ſeeth until ſuch time as it bee hard, and ſo preſerve it; then annoint your hands with Oyle-Olive, and ſo take it forth, then make it in roles as Paſte, and put it in a peece of Goats skin well and clean made, then put it in a veſſel of Lead to keep, made like a boxe cloſe, for this is the precious Divine plaiſter of all the world; none like it, it is a Kings Jewel of health, for it is good for all Diſeaſes both old and new, and ſhall give new fleſh, and good, that hee had no better before; if a man be broken let him make a plaiſter, and lay it to nine daies, it ſhall knit ſure for ever again by Gods grace.

The black Plaiſter for all manner of Griefs.

Take a pot of Oyle-Olive, a part of red Lead, boyl theſe together, and ſtir them with a ſlice of wood continually, until it bee black and ſomewhat thick, then take it off the fire, and put in it a penny-worth of red Waxe, and a pound of Roſen, and ſet it to the fire again, but you may not blaize it, and ſtirre it, then take it off and let it ſtand until

until it bee cold, and make it in a lump, it is good for a new wound, or to ſtench blood, poure a little of it in a diſh, and if it ſtick faſt unto the diſhes ſide, then it is enough; and preſerve it to your uſe as need requireth.

The making of the Flower of all Plaiſters, and Salves, called, Flos unguentorum, per G. K.

Take half a pound of Roſen, half a pound of Perroſen, a quarter of a pound of Frankenſence, a quarter of a pound of Virgin Waxe, an ounce of Maſtick, a quarter of a pound of Deeres ſuet, a quarter of a pound of Sheeps ſuet, two drams of Camphire, a quarter of a pound of *Venice* Turpentine, and melt it that it may bee molten, and make powder of that which may be beaten to powder, and ſearce your powder through a fine ſearcer, and ſo compound this ſalve, or plaiſter with all, your Waxe, Sheeps ſuet, and Deeres ſuet, muſt bee firſt melted on a ſoft fire, then your *Olibanum*, Maſtick, with your Roſin, and Perroſin, and your Frankenſence, and Myrrhe, and laſt of all your Turpentine of *Venice*, and as you put theſe

gums in, you muſt ever bee ſtirring it with a little ſtick that it do not grow to the Kettle ſide, with a ſoft fire, the gums being thorowly molten, take the Kettle from the fire, ſtill ſtirring it, let your Myrrhe and your Turpentine bee put in the laſt, for they muſt not abide on the fire long after they are put in, then take a pottle of good white Wine, and let your ſtrainer bee of Canvas ready for to ſtrain the ſaid Gums withal, and let there bee no holes in the Canvas ſtrainer, then take a fair Baſon, or Peece; and put in it a quart or three pintes of your white Wine, and then let it run thorow into the white Wine, and ſo let it cool for the ſpace of two hours, and then worke it, and make it up in roules, and let the Roules lye and continue ſtill in the white wine, for it will bee white as Alablaſter, and yee may keep it ſeven years, in full effect and goodneſſe, and eſpecially for all new Wounds and Aches, being ſpread upon new Canvas, and applyed to the grief; and theſe be the vertues of this *Flos unguentorum.*

Alſo this noble Salve or plaiſter amongſt all other, is moſt cleanſing, and well

well founding the fleſh, that it healeth more in one week then any other, it will ſuffer no corruption to bee ingendred in Man or Woman, or no evil fleſh to grow; for all theſe diſeaſes above named, it is the moſt ſtrange Medicine that ever was found, as in experience it hath been full many times proved and tryed.

The golden Plaiſter that healeth all bruiſes of the Veins, or Sinews, Proved.

Take Colofony, Pitch, Roſin, and Oyle, of each three ounces, of liquid Pitch an ounce, of *Olibanum* an ounce, of *Auri unguenti* an ounce, of Wine as much as ſufficeth, and make thereof a plaiſter, and lay it to, and keep it to your uſe.

To make Gratia Dei.

Take half a pound of Roſin, and boyl it in a pan tintil the ſome or ſcum be come of it, then take a quarter of a pound of unwrought waxe, and put it into the Roſin, and boyl them together as is aforeſaid; then take an ounce of Sheeps ſuet, and as much Turpentine, and Oyle-Olive a ſpoonful, and put them all together into the ſame pan amongſt the

the Roſin and VVaxe aforeſaid, and boyl them all together until the ſoame begin above, and when the foame beginneth to waxe black, then take it off the fire, and cleanſe it through a fair linnen cloath into a pan of water; then work it with your hands, and put it out as you do Bird-lime for the ſpace of a quarter of an hour, and now and then wet your hands in the water, when they cleave to the Salve, and then make it into roules.

To make Gratia Dei minor.

Take Betony, Vervain, Pimpernel that beareth the white flower, of each three handfuls, and bray them, ſeeth them in white VVine till it bee half ſodden. then pour out the wine thorow a cloth, and ſet it over the fire, put thereto of Perroſin a pound, Maſtick a pound, Virgin VVaxe, and take VVomans milke that nouriſheth a Man-childe, a quantity, mingle them together boyling with a ſlice till it bee well melted, then take it off the fire, put in half a pound of Turpentine, ſtirre it well together till it bee cold, then keep it till yee need; it is good for all new wounds, and old, for the VVeb in the eye, it ſuffereth

suffereth no dead flesh to remain within the VVound. Also for stinging of venemous beasts, and for all manner of Imposthumes and for all sores.

To make a Plaister that will heal a Wound.

Take a pound of the juyce of Betony, as much of Plantain, the juyce of Smallage as much, *Bursa Pastoris* as much, and four pound of VVaxe and Perrosin, a quarter of a pound of Incense; boyle all these together with the juyces of these four hearbs, til they bee almost thick, and then put therein a quarter of a pound of Turpentine, Oyle-Olive three pound, and so use it as a plaister at need.

A Methridate against Poysons and Pestilences, which for a truth was proved upon four Irish *Gentlemen, poysoned with Ratsbane, cast into a pan of milk in* France, *who were so swolne that they were ready to burst.*

Take of the roots of Tormentile two drams, of all the kindes of Saunders, of every of them a dram, white Dittany new gathered, and dryed, a dram, of the

the top of a Hartſ-horne, or a Spitrack of precious ſtones, the fragment of orient pearl, *Bole Armoniack*, *Ariſtolochia rotunda*, of each a dram, Penroyal, Myrrhe, and Suet, of each two drams, *Terra Lemnia*, of the pureſt, two drams; the ſeeds of Cytorns and Saffron, of each a ſcruple, Unicorns horne, and Jacinths, of each half a dram, the Liquor to make this Electuary is Roſe-water, and the water of Borage flowers diſtilled; boyle your Suger and waters to a perfection, and in the cooling, put in your powders ſearced, and ſo reſerve it as a moſt precious treaſure; it is alſo a preſent remedy to drive out the Meaſels, Shingles, ſmall Pox, the Plague puſhes, and hath helped them whoſe ſores were gone in, and brought them out again, and recovered the patties, and it defendeth from all venome.

To make Pills againſt poyſon, of a marvellous vertue, as hath been proved.

Take *Imperatrice*, *Biſtorta*, *Tormentilla*, *Valeriana*, *Dittamo*, *Bizaco*, *Carlina*, *Gentiana*, *Ariſtolochia rotunda*, *Agarico Electro*, *Sal gem*, of each a like quantity, beat them into fine powder,

der, then take the juyce of Garlick, and of Onions, as much as will make it into Paſte. Alſo put into the juyce, one dram of Saffron, then let the ſaid Paſte bee mixed dry in the ſhadow, and then beat it into powder again, and mixe it with the fore-ſaid juyce in good force, and keep it in a veſſel of lead until thou haſt need, and when thou wilt uſe it, take thereof four drams, and make thereof pills with *Siropo aceteſo*, in good forme, the which thou ſhalt give unto him that is poyſoned, and in ſhort time thou ſhalt ſee miracles of this Medicine, for all the aforeſaid Simples are in manner alone ſufficient to deliver one that is poyſoned; but being mixed together, it worketh greater effect. Theſe Pills are of as good experiment againſt Poyſon as may bee.

For a Man that hath drunk Poyſon.

Take Betony and ſtamp it, and mingle it with water, and the poyſon that the party hath drunk will preſently come forth again.

Againſt the Plague, or Peſtilence.

Take Matſelon, Centory, VVormwood, Horchound of each a good handful,

ful, and steep them all night in a pot of Beere, and in the morning drink a draught thereof fasting. Also perfume your Chamber with Rosemary dryed, and Bay-leaves or Juniper, or Rose-water, and Cloves, and *Olibanum*; it is very good to give Children in time of infection, Treacle, with water of Dragons, or Scabious, or let them chew Zedwal in their mouths.

To drive out the Plague if you think one bee infected.

Take the roots of Dragons, and the roots of *Polipodium*, of the Oake, of each a like quantity, and dry them in an Oven, and beat them to powder, and if you think that you bee infected, take as much of the powder as will lye on a groat, and put it in a cup of Ale, and drink it next your heart, and it will drive out the Plague, and preserve the Patient.

A Powder to drink to preserve one from the Plague.

Take Betony, Pimpernel, Cinkfoyle, Scabious, of each of all these a like quantity, and dry them all, and beat them into fine powder, and where any infection of the Plague is, drink some of the

the powder in Ale warme next your heart, two mornings in a week, and if the infection bee great, drink it every morning, and by Gods grace it ſhall help you.

For them that are infected with the Plague.

Take a ſpoonful of running water, a ſpoonful of Vineger, a good quantity of Treacle, to the bigneſſe of a Walnut, temper all theſe together, and heat it lukewarme, and give it him to drink every twenty four hours.

Another for the ſame.

Take Scabious and ſtamp it with Swines greaſe, and lay it to the ſore, and let it lye twenty four hours unremoved, and it will take it clean away, or elſe break it, and if the Patient drink the juyce thereof, it is very good therefore.

For the Plague a Medicine.

Take an Onion and cut out the core, and fill it full of Treacle of Jane, and roaſt it in the fire, and then take three ſpoonfuls of red Vineger, and ſix ſpoonfuls of the juyce of Sorrel, and ſtrain the Onion with the ſaid juyce, and drink it warme, and it will help you.

Another

Another for the same.

Take Treacle of Jant, and stirre it together with Ginger and Cloves, and a little Saffron, and take thereof in the morning next to your heart.

For to kill Ring-worms, or Tetters.

Take unslaked Lime, and Sope, and mixe them together, and lay it upon a parchment skin, no broader then the Ring-worme, and lay it thereto half an hour, until it take off the bark or skin, and then take the juyce of Orpine, and annoint it till it bee cold, and then heal it up with salve.

Also if ye take glasse, and make the same into fine powder, and afterward mingle it with black Sope, and annoint the sore therewith, it will heal the same.

A very good Oyntment for Ring-worms or Tetters.

Take Oyle of Roses two ounces, new Waxe a four penny-weight, mingle your Oyle and Vvaxe together, then take Litharge of Gold, and Ceruse, of each half an ounce, make your Litharge and Ceruse into fine powder, and mingle them in a brazen Morter with your Oyle

Oyle and VVaxe; then take half an ounce of Quick-ſilver mortified, and the white of an Egge new laid, mingle them together, and put in your Quick-ſilver laſt, and uſe it evening and morning; and thus you ſhall mortifie your Quick-ſilver, put it into a Vial of Glaſſe, and put faſting ſpittle to it, beat it up and down till it change colour like Aſhes, then put in your ſtuffe, and labour them well together, and afterward uſe thereof at your need.

For a Ring-worme or Tetter.

Take four ounces of Boares greaſe, and an ounce of Quick-ſilver, and kill it with faſting ſpittle, one ounce of Verdigreaſe, a dram of Camphire, a quantity of black Sope, and of Muſtard, the juyce of VValnut leaves, and grinde them all together upon a Painters ſtone, and put it into a boxe, and therewith annoint all the places where the Ringworme or Tetter is, evening and morning till it be whole.

To kill a Ring-worme, or Tetter, in what place ſoever it be.

Take black Sope, and Pepper, and mingle them together, and make a plaiſter thereof, and lay it to the grief.

Alſo

Alſo take the juyce of Hony-ſuckle leaves, and annoint the place with a feather.

Alſo take the oyle of Scorpion, and annoint the place where the grief is, and it helpeth the ſame.

Alſo if you take the flower of Poppel and Vineger, and oyle of Nuts, and annoint the place with the ſame, it will perfectly cure the Tetter, or Ring-worm.

A good Reſtorative to reſtore a mans Nature, and to help them that are weak and decayed.

Take and make Almond milk with the broth of Beef Mary-bones, and of a Cock that is well boyled, then temper therewith yolks of Eggs, and good Baſtard, then put them in the Almond Milk, and make a Cawdle thereof with your Baſtard, and caſt Blanch powder upon it, and you may put a little Roſe-water upon it, for it will bee the better.

A Reſtorative of Roſa ſolis.

Take *Roſa ſolis*, but touch not the leaves in gathering, nor waſh it not, take thereof four good handfuls, then take

take three pintes of good *Aqua vitæ*, and put both into a Glaſſe, or pot, of three or four pintes, and then ſtop it hard for three daies and three nights, and the fourth day, ſtrain it through a clean cloth into a Glaſſe, or pewter pot, and put thereto half a pound of fine Suger beaten very fine, take four ounces of fine Licorice beaten in powder, half a pound of ſound Dates, the ſtones taken out, make them clean, and mince them ſmall, and put all theſe together in a Glaſſe or pewter pot, and ſtop it cloſe that no aire go out, and drink thereof at night half a ſpoonful with Ale or Beer, but Ale is beſt, take as much in the morning faſting, for there is not the weakeſt body in the world that wanteth Nature, or ſtrength, or that is in a Conſumption, but that it will reſtore him again, and make him to have a good appetite to his meat.

For to reſtore the ſtrength of a man that is brought low.

Take two or three Fennel roots, and as many Parſley roots, Iſope, Time, Savoury, Violet leaves, of each half a handful, and a Licorice ſtick bruiſed ſmall, a ſpoonful of Anniſeeds, half a hand-

handful of great Raisins, with a handful of Barley; make your broth of all these, sodden in a pottle of water till it come to a quart, or lesse, and when your meat is very well sodden stamp it; your flesh must bee either a Cock Chicken, or a Knuckle of Veal, and being so stamped very well together, strain it, and keep it, and give the Patient thereof morning and evening often, and it will restore him although hee bee never so low brought.

A Salve to heal all manner of Sores, and especially for a fresh Wound.

Take of Oyle-Olive and Turpentine a like much, a pretty quantity of Rosemary leaves picked, boyl all these together, and in boyling put thereto a spoonful of fair water, and let them boyl together until the water bee consumed, as an Oyntment, and when it is boyled, strain it hot and warme, and let it stand in a vessel of earth, and when yee shall occupy it, heat it over the fire, and against the fire dresse the sore, so that the fire may dry the Oyntment, and if need be, that there be no dead flesh, lay lint in the Salve, and lay it hot against the sore;

ſore; and if it need to bee tented, then tent it with a tent of the ſame Oyntment hot, and lay upon the tent a plaiſter of hot cleaving ſalve, and it will cure any wound or Sore.

To make a Salve to bring ſores that rankle and ake into their own kinde, and ceaſe the burning and aking.

Take the juyce of Smallage and of Plantain, of each alike much, of Hony and the white of an Egge a like much, and put thereto flower of boulted wheat, and ſtirre them well together until it bee thick, and let it come near no fire, but all cold and raw lay it to the ſore, and it ſhall cleanſe the wound, and ceaſe the aking, and bring it to its kinde, and heal it fair; for this is a principle Salve for ſores.

A Salve for a new cut that will not leave bleeding.

Take the blades of unſet Leeks, ſtamp them, and put thereto hony and wheat flower, and ſtirre them well together until they bee thick, and let it come near no fire, but all cold lay it to the wound, and it will ſtanch the bleeding, and it will drive out the bruiſed blood, and

make

make it clean, and heal it.

A Salve for all Sores.

Take Oyl-Olive a pinte and a half, Turpentine as much, Roſen a quarter of a pound, unwrought VVaxe half a pound, of Sheeps tallow four pound; then take two handfuls of Smallage, two handfuls of Bugle, two handfuls of Ragwort, two handfuls of Plantain, two handfuls of Orpine, and cut all theſe hearbs ſmall, and ſeeth them in the foreſaid geare above written, and let it boyle ſoftly over the fire, alwaies ſtirring it until it bee well mingled together, and when you think it well, take it from the fire, and ſtrain it thorow a ſtrainer of Canvas, and ſo uſe it.

A Salve for a new hurt.

Take VVaxe and Sheeps ſuet, but not ſo much of the ſuet as waxe, and a little Roſen, and if you will heal it ſhortly, put in but a very little Roſen, and ſet it over the fire together, and as it riſeth ſtirre it, and then put therein a diſh of water, and when it is cold make it in roule.

Another for the ſame.

Take the whiteſt Virgin VVax that yee can get, and melt it in a pan, then put

put in a quantity of Butter and Hony, and ſeeth them together, and take a diſh with fair water and ſtrain it into the water, and work it with your hands, and then make it into a round ball and ſo you may keep it; and when you lay it to any ſore, you muſt firſt work it in your hand, and then ſtrike it on a cloth and lay it to; and this Medicine will both heal and draw the ſame.

A Salve for Wounds, and all old Sores.

Take half a pound of Serveſe, and ſomewhat more, of Oyle-Olive, which is Sallet Oyle, two ounces; of vineger a pretty quantity, and boyle it till it bee black, and make it up in roules, and ſo at your need you may uſe it.

A very good Salve called Incarnative, to bring fleſh.

Take the beſt Turpentine, and waſh it in very fair water until it be very white, and then put out the water from it, and compound it with the yolke of an Egge or two, and put in the duſt of Frankinſence and Saffron very fine beaten, and ſo worke them all together; and keep it to your uſe when you ſhall need it.

A notable healing Salve.

Take pure VVax, Roſen, *Bole-Armoniack*, Sheeps ſuet, Deeres ſuet, of each one pound, beat the Roſen and *Armoniack* into fine powder, and ſearce it thorow a fine ſearcer, then take Turpentine half a pound, boyl all theſe together upon a ſoft fire, and ſtirre them wel all the while that they ſeeth, but put not in the Turpentine until it bee ready to take from the fire, for it muſt have but one walme, and ſo apply this Salve to any ſore wound, and it will heal it in ſhort time.

To make a drawing Salve.

Take Dears ſuet and melt it, and put in as much Oyle-Olive, as Roſen and Waxe, boyle them together, then let it ſtand and put in ſome Turpentine, and ſo ſtrain all thorow a linnen cloth, and keep it to your uſe.

Another for the ſame.

Take an ounce of Waxe, two ounces of Sheeps ſuet, half an ounce of *Olibanum*, half an ounce of Roſen, two ſpoonfuls of Hony, two handfuls of young Dock leaves, and take and put them into three or four old Dock leaves cloſe wrapped together, and ſo roaſt the young

young Docks therein, and when the Docks be roasted, put in your gumms thereto.

A Salve for an old Sore.

Take as many Bramble leaves as when they are shred, come to a quarter of a pound, of Sage and Valerian, of each of them a quarter of a pound, also as much of Waxe, and as much fresh butter, half a pound of Rosen, then put them into a Skillet, and boyl them all together a good space, and then strain it thorow a fair cloth, and so keep the Salve till that you have need thereof, and this helpeth.

The making of a Salve to cure Wounds that bee rankled and bruised, and to cease the swelling and aking.

Take the juyce of Smallage, and the juyce of petty Morrel, and the juyce of Plantain leaves, of each alike much, then take hony and the white of an Egg, a like of each of the same as of the juyce, and mingle them all on the fire, and put thereto flower of boulted wheat, and stirre them well together till it bee somewhat thick, and then let it come nigh no fire, but lay it to the wound all cold,

and it will cleanſe the wound, and ceaſe the aking and burning, and bring it in his kinde, and heal it fair for ever; and this is a principal Salve for ſores and wounds. Proved.

To make a Salve that is a precious Oyntment for Wounds and for Bruiſings, but it muſt be drunken in white Wine, or ſtale Ale.

Take of the Herbe *Walter*, *Robert*, wilde Thiſtles, Purſewort, Vervain, Daiſie, the little Knapwort, Egrimony, Hartſ-tongue, Horehound, Pimpernel, Herbe Ivie, Sanigel, Plantain, Medewort, Southernwood, little Burnet, Mugwort, Tanſie, the Holy Thiſtle, Betony, Tormentile, Mouſe-ear, Peluet, Milfoyle, Ribwort, black Thiſtle, wilde Sage, crops of Hemp, crops of the red Bramble, crops of the red Worts, *Mors diaboli*, Groundſwil, Scabious, Sage, Violet of the Garden, Oſmond waches of the mead, Fumitory, Dawk, Spinage, Straw-berries, and the More Daiſie, Mede, Marſh, Waſts crops, Pigel, VVoodrone, Croſlet, Jer-

Jermander, Tutſan, VVoodbinde, Pedelion, flowers of Broom, Cinkfoyle, VVormwort, Scabwort, then take of Avence as much as of all the other herbs, and then ſhred them, and put them in a Morter, and ſtamp them ſmall, and put thereto three or four pound of May butter clean clarified and put together, and ſo let them ſtand ſeven dayes, and then put it in a clean pan, and ſet it over the fire, and let it ſeeth ſoftly, then ſtrain it thorow a Canvas cloth, and put thereto the juyce of Saffron, and ſtirre them well together, and let it ſtand forth till it bee cold, then muſt the ſick take thereof on this manner; Take of this Salve ſixe penny weight, and put it in warme wine, or ſtale Ale, and let it melt on the fire, and let the ſick drink it firſt and laſt, and it healeth wounds well.

For the Salt Humour.

Take half a pound of *Lignum vitæ*, and barks thereof, Anniſeed, and Licorice, and boyl all theſe together, and half a pinte of clarified Hony, and all kinde of cold hearbs, with Liverwort, and Hartſ-tongue, half a quarter of *French* Barley, and half a pound of Raiſins of the Sun, pull out the ſtones of the

Raiſins, and boyl all theſe together very well, and ſtrain them, and it will help that diſeaſe in the body.

Another for the ſame.

Take white Lead, Ceruſe, Lithage of Gold, and Lithargy of Silver, of each one ounce, Sulphur one ounce, mixe them together, and make them in powder very ſmall; then take Oyl-Olive one ounce and a half, Vineger, white wine as much as needeth, mixed in due proportion.

For to heal any Sore or Cut.

Take a little fine Flax, and a little Hoggs greaſe, and chop them together, and make a plaiſter of the ſame, and it will heal it very well and fair.

An Oyntment for all manner of Sores, and Cuts, and Swellings, and Heat.

Take Mellilot, Egrimony, of each a like much, wood Betony, Wormwood, and Smallage, a quantity of each of them, and gather them in *May*, and ſhred them, and bray them with as much Butter weight for weight as the hearbs all together, and then lay it in a corner ſixe or ſeven daies until it bee hoary, and then take it and fry it, then ſtrain it into

to an earthen pot, and when it is cold, make an hole in the ſide or bottom of the pot that the droſſe may run out.

Another for the ſame.

Take a good quantity of Smallage, and Mallows, and put thereto two pound of Boares greaſe, and a pound of Butter, and oyle of Neatſ-feet a quantity, and ſtamp them well together, and fry them, and ſtrain it in an earthen pot, and keep it to your uſe.

A water to heal an old ſore.

Take a gallon of running water, and ſet it on the fire, and let it ſeeth, then take an ounce of green Copperis, two ounces of *Bole armoniack*, white Copperis the quantity of half a Nut, and grinde or beat them all to powder together into the ſaid water, and let them ſeeth together a little while, then take it from the fire, and when it is cold put it in an earthen bottle and ſtop it faſt, and then occupy it at your need.

A ſoveraign water for all manner of ſores.

Take red Sage, Iſope, Roſemary, red Fennel, Daiſies, *Engliſh* Saffron, Nep, Allom, of each a quantity, but moſt of Daiſies, ſeeth them in running

water, and wring it thorow a cloth, and ſo make a water, and this is good for all ſores.

An Oyntment to cleanſe old ſtinking ſores.

Take the juyce of Celidon, the juyce of Plantain, Hony, and the yolk of an Egge, of each alike much, and Barley flower, mingle them together, and put as much Barly flower as ſhall make it thick like a plaiſter, and let it come near no fire, and ſo lay it upon the Sore.

A good Oyntment to cleanſe a ſore, both old and new.

Take half a pound of Turpentine, and waſh it well in Barly water, the Yolks of ſixe Eggs new laid, Hony of Roſes four ounces, and for lack of Hony of Roſes take other Hony, Barly Flower as much as ſhall bee ſufficient to make it thick like a plaiſter, and mingle them together, and let them not come near any fire.

To skin the fleſh that is raw.

Take a quart of good Ale, and Allom, Hony, and Wood-binde leaves, and ſtamp the leaves, and put the juyce to them, and ſeeth them till they come to a pinte, and when it is cold, wet a gray

a gray paper in it, and lay it to the ſore.

For all manner of Scabs.

Take *Enula campana*, red Dock roots, Night-ſhade, Wood-binde leaves, and then caſt in a peece of Allome, and put in *Vitriol Romana* rubrified, when it is cold, and waſh the ſcab therewith.

Another for the ſame.

Take white Oyntment, Brimſtone, Quick-ſilver, Verdigreaſe, and mingle them together, and therewith annoint the ſore ſcab.

Another for the ſame.

Take red Dock roots, Pimpernel, Scabious, Sorrel *de Bayes*, Celandine, ſtamp them with *May* butter, and fry them well together, and ſtrain them thorow a cloath into a clean veſſel, and caſt thereto a good quantity of Brimſtone in powder, and ſtirr it well together till it bee cold, and therewith annoint the ſick till that hee bee all whole.

Another for the ſame.

Take the root of Horſe-helme and ſeeth it in water till it bee neſh, and take old ſheeps tallow, and mingle them well together in a Morter, and do it in a linnen cloth, and annoint the ſore by the fire.

Another for the ſame.

Take Celandine, and the powder of Brimſtone, and mingle them well together, and it will do away the ſcabs.

Another for the ſame.

Take Onions and mince them, and ſeeth them in water or in Vinegar, and waſh therewith the ſcabs or Itching, and it ſhall do it away, and heal it fair and ſmooth.

Another for the ſame.

Take the roots of *Enula campana*, and waſh them clean in fair water, and ſeeth them as you ſeeth Parſnips, and then make them clean, and cut them in pieces, and ſtamp them ſmal with Colts greaſe, and annoint the ſore therewith.

A good Oyntment for the Scabs, and for Itching of the body.

Take four ounces of Oyle *de bay*, and an ounce of Frankinſence, and two ounces of white Waxe, and three ounces of Swines greaſe, and an ounce of quick-ſilver that muſt bee ſlaked with faſting ſpittle, an ounce of great Salt, as much of the one as of the other, and of all theſe make an oyntment, and if the ſcabs or Itch bee upon al the whole body, as well above the girdle as beneath, then

then when thou goeſt to bed, waſh both thy hands and thy feet with warm water, and ſupple them well therein by the fire, and after dry them with a linnen cloth; then take up with thy fingers of that Oyntment, and do it on the palmes of thy hands, and on the ſoles of thy feet, and rub it well together that it may drink in well, and if it do ſoke in well, thou muſt put Gloves on thy hands, and Socks on thy feet, and thus do every night when thou doſt go to bed, and if the Scab or Itch, bee above the girdle and not beneath, then annoint but thy hands, and if the Scab bee beneath the Girdle, then look that you annoint the ſoles of your feet, and if the Scab or Itch bee in all thy body, as well above the girdle as beneath, then thou muſt annoint both thy hands and thy feet, as thou ſitteſt by the fire, and thou ſhalt bee whole. This hath been proved.

Another Oyntment for a man that is Scabbed.

Take five or ſixe handfuls of Horehound, and ſeeth it in running water till it bee half ſodden away, and then waſh the ſick therewith as hot as hee may ſuffer it, and then look that you have this Oynt-

Oyntment ready made of theſe Hearbs; take the root of the red Docks, and the root of Celedon, and then take Wormwood and *Alleluia*, of each alike much, and bray them well together, and put thereto a good portion of *May* butter, and ſtamp them very well together, and ſo let them ſtand ſeven dayes, and then fry it, and ſtrain it as thou doſt another Oyntment, and therewith annoint the ſick when he is waſhed, and hee ſhall be whole.

For the Shingles, a remedy.

Take Doves dung that is muſty, and of Barley meal half a pound, and ſtamp them well together, and put thereto half a pinte of Vineger, and mingle them together, and ſo lay it to the ſore, cold, lay Cale leaves thereupon, and ſo let it lye three dayes unremoved, and on the third day if need require, lay thereto a new plaiſter of the ſame, and at the moſt hee ſhall bee whole within three plaiſters.

Another for the ſame.

Take the blood of a Cats eare, or of the tail, and therewith annoint the Shingles, and do nothing elſe thereto. Alſo take Doves dung, and Barley meal, and

and ſtamp them together with Ayſel, and lay it to the Shingles all cold.

For all manner of Sinews that are ſhrunken.

Take the head of a black Sheep, Cammomel, Laurel leaves, Sage, of each a handful, and bray theſe Hearbs in a Morter, then boyl them all together in water, till they bee well ſodden, and let them ſtand till they bee cold, then drain it thorow a ſtrainer, and ſo uſe it.

An Oyntment for ſhrunken Sinews, and Aches, Soveraign.

Take eight Swallows ready to fly out of their Neſt, drive away the breeders, when you take them out, and let them not touch the earth, ſtamp them until the feathers cannot bee perceived, put to it Lavender cotton, of the ſtrings of Straw-berries, the tops of Mother of Time, the tops of Roſemary, of each a handful, take all their weight of *May* butter, and a quart more, ſtamp all the feathers that nothing can bee perceived, in a ſtone Morter, then make it up in balls, and put it into an earthen pot for eight dayes cloſe ſtopped, that

on

no aire take it, take it out, and on a ſoft fire as may bee ſeeth it, ſo that it do but ſimmer, then ſtrain it, and ſo reſerve it to your uſe.

For the Sinews that be broken in two.

Take Worms while they bee knit, and look that they part not, and ſtamp them and lay them to the ſore, and it will knit the Sinews that bee broken in two.

Another for the ſame.

Take Archangel and cut it in ſmall goblets, and lay it to the ſore, and take Milfoyle, and ſtamp it, and lay it above it hard bound, and let it lye ſo three dayes, and at the three dayes end take it away, and waſh it with wine, and then make a new plaiſter of the ſame, and at three dayes end put thereto another, and do nothing elſe thereto.

Another for the ſame.

Take Pennyroyal and bray it, and put ſalt enough to it, and temper it with Hony, make a plaiſter thereof, and lay it upon the Sinews that bee ſtiffe, and it will make them to ſtretch. Proved.

An Oyle to ſtretch Sinews that be ſhrunk.

Take a quart of Neats-foot oyl, a pinte of Neats gall, half a pinte of Roſe-water, as much *Aqua vitæ*, then put all theſe together into a Braſſe pan, then take a handful of Lavender cotton, as much of Bay leaves, a good quantity of Roſemary, a good quantity of Lavender Spike, of Strawberry leaves, the ſtrings and all; then take thread and binde them all in ſeveral bunches, and put them into the pan, or pot, and ſet them over the fire upon clear coales, with the oyles altogether, and ſo let them boyle a good while, and when it is boyled enough, it will boyl but ſoftly; then take it off the fire, and let it ſtand till it bee almoſt cold, then ſtrain it out into a wide mouthed glaſſe Bottle, or pewter pot, and ſtop it cloſe, it will not continue in a wooden thing; and where the Sinews bee ſhrunk, take of this being warmed, and annoint the place therewith, and chafe it well againſt the fire, and uſe this morning and evening, and keep the place warme, and by the grace of God you ſhall finde great eaſe.

For to ſtanch the blood.

Take *Bole armoniack*, and Turpentine, and make a plaiſter and lay to it, and it will help the ſame. Alſo if you take the moſſe of the Haſel tree, and caſt it into the wound, it will ſtench the blood forthwith, and the longer that it is gathered the better it is. Alſo take a good peece of Martilmas beef, out of the roof, and heat it on the coales, and as hot as may be ſuffered lay it to the place.

Another for the ſame.

Take a peece of lean ſalt beef, and let it bee of that bigneſſe that it may fill the wound, and lay it in the fire in the hot aſhes, till it bee hot through, and being hot, thruſt it into the wound, and binde it faſt, and it ſhall quickly ſtanch the bleeding.

Another for the ſame.

Take *Burſa Paſtoris*, ſtamp it and lay it to the veine, and it will quickly ſtanch bleeding.

Another for the ſame.

Take the moſſe that groweth about the root of the Aſhe-tree, and hold it to thy Noſe and ſmell to it, and it will ſtanch the bleeding thereof.

To ſtanch Blood when a Maſter veine is cut.

Take raw Beef that never had any ſalt caſt thereon, and lay it on a Gridiron over freſh coals well kindled, and lay the Beef thereon, ſtill turning the ſame till it be well broyled, then lay it to the ſore, and it will ſtanch the blood; and for the Noſe, if it bee put into a cloth, and ſmelt to, it helpeth.

To ſtanch Blood.

Take an hearb that is called *Lunaba*, and ſtamp it, and lay it to the wound; or take the green leaves thereof, and lay them on the wound, and it ſhall ſtanch; and if a man may not have this hearb, let him burne the feathers of a Cocks neck, and take the Aſhes of them and lay on the wound, and the blood ſhall ſoon bee ſtanched.

For ſwelling that cometh ſuddenly in a mans Limbs.

Take Hartſ-tongue, Cherfoyle, and cut them ſmall, and then take dreggs of Ale, and Wheat bran, and Sheeps tallow melted, and put all in a pot, and ſeeth them till that they bee thick, and then make a plaiſter, and lay it to the ſwelling.

Ano-

Another for the ſame.

Take fair water and ſalt, and ſtirre them well together, and therein wet a cloth, and lay it to the ſwelling.

For to make one ſlender.

Take Fennel, and ſeeth it in water, a very good quantity, and wring out the juyce thereof when it is ſod, and drink it firſt and laſt, and it ſhall help the Patient.

For to break the Stone, a Medicine.

Take half a handful of Pellitory of the wall, half a dozen Parſley roots, half a handful of unſet Time, a quantity of Penniroyal, and ſeeth all theſe in a pottle of Rhemiſh Wine, or white Wine, and let it ſeeth to a quart, or a pinte, which you will; then take a Nutmeg roſted or dryed by the fire, and divide it in four parts, and drink the ſame warme after it is ſtrained, as much at a time as you think good.

Another for the ſame.

Take the roots of Parſley, Pellitory, and red Nettles, of each a like quantity, waſh them clean, and mince them ſmal, and lay them in white Wine, twenty four hours, and diſtil them together, and

and drink it with two pound of roots put to a quart of white-Wine.

For the Stone, a Remedy.

Take Raiſins, unſet Leeks, Saxifrage, Camphire, Avence, Bean-cods, diſtil each one by it ſelf, and fine them in the Sun, and take of each alike much, and put thereto as much Malmſie as of the waters, and diſtil them all together again, and fine it in the Sun, and when the Patient is grieved, and at no time elſe, let him drink thereof three ſpoonfuls at a time, and that will bee ſufficient enough at once, and heat it luke-warme, and put in a little powder of Gives, and drink it, and lay him down to ſwear. Alſo take Saxifrage, and diſtil the ſame with water, and make thereof a ſirrup, as though it were with Roſes, and put thereto a quantity of Suger, and eat it, and it will break the Stone marvellouſly.

Another for the ſame.

Take a Cake of Rye and bake it, then take Onions, and roaſt them very ſoft, then take your Cake out of the Oven, and ſlit it aſunder in the middeſt, the upper ſide from the neather, then take your Onions and pill them, and ſhred them

them upon the Cake, and lay the one peece to the bottom of your belly, and the other part to the reigns of your back, and it will help you.

A very good Powder for the Stone.

Take Smallage ſeed, Lovage ſeed, Fennel ſeed, Saxifrage ſeed, Caraway ſeed, Gromwel ſeed, Broom ſeed, Parſley ſeed, *Philopendula*, the root thereof dryed, Vervain, and the Kernels of Cherry-ſtones, of every of theſe a like much by weight, then beat them in a brazen morter all to powder, and then let the ſick uſe of this in white Wine at evening and morning, and alſo let him uſe of this powder in his pottage, for it is very good for the Stone.

An excellent good Medicine for the Stone, and to break it.

Take Aliſander, Lovage, Smallage, Water-creſſes, and Gromwel, of each a like much, and boyl them in a gallon of fair water, till the half thereof bee waſted, and put thereto a good deal of Suger, or of Licorice, and then ſtrain it thorow a cloth, and put it in a clean veſſel well ſtopped, and let the ſick drink there-

thereof morning and evening, and this will break the ſtone in the reigns or bladder, and make it for to come forth without fail.

Another for the ſame.

Take Marſh-ſeed, Anniſeed, and Cummin-ſeed, Parſley-ſeed, and Fennel-ſeed, and Water-Creſſes-ſeed, or elſe powder made of the hearbe, then take all theſe ſeeds and put them in good Vineger, and ſo let them ſtand two daies and a night, then dry theſe ſeeds in an Oven, and then make them to powder in a brazen Morter, and let the ſick uſe of this powder in his pottage, and in his drink as is aforeſaid, and this will make a man to make water well.

A good Plaiſter proved for the Strangury.

Take Hollihocks, Violets, and Mercury, the leaves of theſe hearbs, or the ſeeds of them, alſo the rinde of the Elder-tree, and Lady-wort, of each of theſe a handful, and beat them ſmall, and ſeeth them in water till half bee conſumed, then put thereto a little Oyle-Olive, and all hot make thereof a plaiſter, and lay it to the ſore and reigns. And alſo in Summer you muſt make a drink

drink in this manner; Take Saxifrage, and the leaves of Elder, five leaved grasse, and seeth them in a pottle of stale Ale til the one half thereof bee consumed, then strain it and keep it clean, and let the sick drink thereof first in the morning, and last at night, and if you lack these hearbs because of Winter, then take the roots of five-leaved grasle, and dry them, and make thereof powder, and then take Oyster-shels and burne them, and make powder of them, and mingle them together, and so let the sick use thereof in his pottage and drink, and it shall help him.

A very good Medicine, shewing how to make a powder for the Stone, and Strangullion.

Take black Bramble berries while they bee red, Ivy-berries, the inner pithe of the Ashe Keyes, the stones of Eglantine berries cloven, rubbed from the hair, Nut keyes, the roots of *Philopendula*, of all these a like quantity, Acorne kernels, the stones of Sloes, of each a like quantity, dry all these in platters in an Oven, till they may bee well beaten to powder, then take Gromwel-seed, Saxifrage,

ſtrage ſeed, Aliſander-ſeed, Coriander ſeed, Parſley-ſeed, Cummin-ſeed, Fennel ſeed, Anniſeed, of each of theſe a like quantity, as much as is before written, and dryed in like ſort, then beat all theſe to fine powder, and take Licorice of the beſt you can get fair ſcraped, as much in quantity as of all the other, and beat it fine, and mingle it with the ſame powder, and ſo keep it cloſe that no winde come at it, uſing it firſt and laſt with Poſſet drink made with white Wine, or ſtrong Ale, and when you eat your pottage or other broth, put ſome in it if you bee ſore pained, and if you have any ſtone, it will come away by ſhivers, and if it do ſo, when you think that your water beginneth to clear again, take this drinke following, and it will cleanſe your bladder, and it will leave no corruption therein.

The Drinke.

Take Roſemary and wilde Time, and ſeeth them in running water, with as much Suger as will make it ſweet, from a quart to a pinte, uſe the quantity of your hearbs, according to your diſcretion,

tion, ſo that it may ſavour well of them, and ſo uſe it nine mornings, ſixe or ſeven ſpoonfuls at a time.

For the Tiſick, well proved.

Take a handful of Fennel roots, as much Parſly roots, as many Aliſander roots, half a handful of Borrage roots, and pul out the pith of all the ſaid roots, then take half a handful of Penniroyal, as much of Violet-leaves, and as much of Cinkfoyle, as much Succory, Endive, Hollihock leaves, Mallow leaves, and red garden Mints, of all theſe a like quantity, as of thoſe next before, half a handful of Licorice ſticks ſcraped, bruiſed, and beaten to fine powder, a gallon of fair running water, boyle therein all theſe ſimples, and boyle theſe ſeeds following with them; that is, three ſpoonfuls of Anniſeeds, as much Fennel-ſeed, as much Coriander ſeed, and Cummin ſeed, a good handful of Dandelion roots, and ſo boyle all theſe together from a gallon to a pottle, and let the Patient drink thereof firſt and laſt, and it will quickly help him.

Another for the ſame.

Take a quart of running water, with a handful of Iſope, two ounces of Anniſeeds,

niſeeds, as much Licorice beaten both togeather, halfan ounce of Fennel-ſeed, beat all theſe togeather very fine, with a quartern of white Suger, and ſo boyle them all togeather to a pinte, and then ſtrain them, and ſo let the party drink thereof firſt and laſt, and it will do him good.

Another for the ſame.

Take two ounces of Licorice ſcraped and bruiſed, of Figs three ounces, of Egrimony, Horehound, *Enula campana*, of each a handful, and boyl them all togeather in a gallon of water until the half bee waſted, then ſtrain the hearbs from the juyce, and uſe it early and late, for this hath been proved.

Alſo for the drye Tiſſick, take and ſtamp Fennel roots, and drink the juyce thereof with white Wine.

Another for the ſame.

Take Radiſh roots, make them clean, and cut them thin, and caſt them into an Oven and bake them, then beat them into powder ſo ſmall as you can, then drink thereof every morning faſting, and at night when you go to bed, and dip your meat in the ſame powder, as you would

do in ſalt, and it will give you very great eaſe ſhortly.

To make the Mother of Treacle.

Take a pinte of Hony, and put thereto the juyce of red Fennel, ſeeth it on the fire until it come to a pinte, then take it off, and put thereto a penny-worth of Cinamon in powder, two raſes of Ginger, a Nutmeg, and a little Mace, and ſtirre them well together, and when it is cold put it into a boxe; and gather your Fennel in *May*.

Alſo to make Treacle for all manner of poyſon, take one ounce of Betony in powder, four ounces of Centory in powder, and two ounces of the powder of Rue, mingle theſe together, and temper them with clarified Hony, and keep it in a glaſſe.

The Golden Treat that healeth all bruiſes.

Take Colophony, Pitch, and Roſen, and two ounces of Oyle, three ounces of liquid Pitch, one ounce of *Olibanum*, *aurinnguenti*, Allom, of each two ounces, of Wine as much as ſufficeth, and boyle all theſe together, and ſo reſerve them to your uſe as you need, and it helpeth.

For

For to make a white Treat, called Apoſtolicum.

Take Oyle-Olive, Lithargie of Lead, Gold and Silver, ſtamp it, and ſearſe it in the Oyle, thorow a Cloth, and ſtir it till it bee hard, and this is a good Treat for to heal all manner of Wounds, bee they new or old; this kinde of Treat hath often been proved good.

To make a Treat called Emanuel.

Take Vervain, Betony, Pimpernel, Centory the more, *Gratia Dei*, of each one handful, herbe *John*, Avens, Celandine, *Acus muſcata*, *aleluia*, Plantain, Spurge, Egrimony, of each one handful, beat all in a Morter, and put them in a gallon of Wine, and boyl them in a pan till the third part be waſted; then ſtrain it thorow a Canvas cloth and ſet it over the fire, and put thereto of Waxe four ounces, of Pitch as much, Roſen as much, *Olibanum* two ounces, Maſtick two ounces, Myrrhe two ounces, Aloes two ounces, Turpentine two ounces, ſheeps ſuet half a pound, beat them all into powder, and boyle them all together ſave the Turpentine, the which muſt be put in laſt of all, then ſtrain the ſame thorow a cloth, and keep

it till you have need thereof; and this is a ſpecial healer of all wounds and ſores, bruiſes, and broken bones, and Apoſtumes that bee broken; alſo it hath a ſpecial vertue to draw, cleanſe, and reengender good fleſh; it healeth, and doth away all kinde of Aches whatſoever, all Cankers and Feſters, it healeth Morimals, it paſſeth all other oyntments; and if you will have it ſoft, put thereto a quantity of oyle of Roſes, ſo much as you think good. Proved.

A good Intreat called the green Treat of Jane.

Take a pinte of the juyce of Smallage, a pinte of the juyce of Waybright, as much of Plantain, put them together in a veſſel, and put to it a quarter of a pound of Waxe, and as much of Frankinſence, or Roſen made into powder, make your Waxe into ſmall peeces, and boyl them all together, and ever ſtirre them, and to know when it is boyled enough, drop a drop upon a Baſon, and if there bee any moiſture in it when it is cold, then put to it a pound of Turpentine, then ſtirre them till they bee well mingled together, then ſtrain it, and put into it a quart of white Wine, and let it

it ſtand while it bee cold, and ſo uſe it.

Another Intreat called Gratia Dei.

Take VVaxe, *May* butter, or other butter, without Salt, of each one ounce, then take of Frankinſence two ounces, melt them together, and ſtrain them, and this is the making of this Intreat, which is called *Gratia Dei.*

A good Intreat for Wounds.

Take Betony, Pimpernel, and Vervain, of each a handful, boyle them in a pottle of very good white VVine, until it bee half conſumed, then ſtrain it thorow a courſe Canvas, then put the Liquor over the fire again, and in the boiling put to it half a pound of Roſen, a pound of Frankinſence in powder, and alwaies ſtirre it that the powder go not to the bottom, and when it is taken from the fire, put to it half a pound of Turpentine, and a dram of oyle of Spike, and ſtirre it till it bee cold. Proved.

A green Treat for a green Wound, which is ſpecial good.

Take Roſen made in fine powder four ounces, of Sheeps ſuet one ounce, half a pound of Turpentine, VVaxe, and Frankinſence, of each one ounce, Ver-

digreaſe ten-pence weight, Oyle ſixe ounces; beat your Frankinſence and Verdigreaſe, and put all your ſtuffe over the fire in a veſſel, but your Turpentine and Verdigreaſe, let them boyl, ever ſtirring them till they bee all relented, then take it from the fire, and ſtirre it well, and then put in your Turpentine, ever ſtirring it till it bee relented; then put in your Verdigreaſe, and mixe it well with the other, and ſtrain it, and keep it to your uſe, and it will help you.

The making of this Treate which will endure an hundred years, and it is good for all Aches in the bones, and for the Sinews.

Take a pottle of Neat Oyle, and fry it with Madocks as many as hee may, for they bee dry and hard, then wring out the oyle, and do them away; then put thereon two pound of Sheeps tallow that is new, and melt it, and half a pound of VVaxe, as much Roſen and Frankinſence, and break them ſmall, and put them into the oyle for to bee melted, then take ſixe handfuls of Hocks, and of Celandine

Celandine four handfuls, and four handfuls of *Enula campana*, and of Plantain eight handfuls, and of the root of *Enula campana* clean picked two pound, and ſo bray them ſmall in a Morter, then put to theſe hearbs and roots, a pottle of good white VVine, and ſo let it ſtand a day and a night, then ſtrain out the Liquor, and put it into the oyle before you ſeeth them, and ſet it over the fire, and let it ſeeth the ſpace of four hours; then take it off the fire, and put it in a clean bowle, and ſo let it ſtand till it bee all cold, and then take it up, and do away the water and the ſlime, and if it bee too hard, put in more oyle, and if it bee too neſh, put thereto more VVaxe and Roſin, and of Frankinſence, and ſeeth it again, then put it in boxes and keep it well, for this is a precious Treat, or Oyntment, for all manner of ache in the bones.

The making of a Treat which is called Oxicroſium.

Take a quarter of a pound of Mede VVaxe, as much of pure Roſin, as much of black Pitch, as much of Saffron, an ounce and a half of Maſtick, and half a quarter of a pound of Frankinſence, as much

much Myrrhe, and a quarter of a pound of Arpinake, half a quarter of a pound of *Galbanum*, as much of Tormentile, then take all the Gums, and make them to ſmall powder, and break thy VVax and *Galbanum* to ſmall pieces, then ſet them in good Vineger all night, and on the morrow ſet it over the fire, and let it ſeeth till that the Vinegar bee waſted ſomewhat; alſo ſtrain it well thorow a clean cloth into a veſſel with white wine, or with water, and when it is cold take it up, and then hold it againſt the fire, but look that thou have thy Saffron ground, then hold it as thou wouldſt hold waxe, and by little and little temper the Saffron therein, and mingle them well againſt the fire till the Saffron bee melted in the gums, but thou muſt annoint thy hands with oyle of Laurel that it cleave not to thy hands, and do it where thou wilt; and this Treat is good for all ſores and briuſes in any Limbe of a man, it deſtroyeth hard Impoſthumes, and it is good for broken bones, and for the Surgery of *Salerne*, who uſed this Medicine for ſmall wounds that were evil healed; and this will open a ſore, and will heal it well and fair again. Proved.

For

For to make Unguentum album,

Take a pinte of Oyle Olive, and put thereto half a quartern of VVaxe, and ſet it over the fire till the waxe bee melted, but make it into ſmall pieces then take half a pound of Ceruſe, and an ounce of Maſtick, and an ounce of *Olibanum*, and a little Camphire, take and grinde all theſe ſmall, and caſt it into the oyle, and ſtirre it well together, till it be nigh cold, then take the whites of four Eggs made into Gleare, and put thereto a ſaucer full of Vineger, and ſtirre all this well together and put it in Boxes; and this Oyntment is good for to annoint all ſores without the wound, but do it not in the wound, for this is a good cold Oyntment.

To make unguentum album another way.

Take a pinte of Oyle Olive, and half a pound of *Diaculum*, Anniſeeds a pretty quantity, and put them together, and put thereto a pound of Ceruſe, ſmall grounded, and then boyl them together a little, and ſtir them alway till it be cold, *& fac unguentum.*

For to make Unguentum populeon.

Take three or four pound of Poppy-seed, and two or three pound of Herbe *Walter*, and one pound of Henbane, and one pound of petty Morrel, and one pound of Orpine, and one pound of Sengreen, and one pound of Endive, one pound of Plantain, and one pound of Violets, and one pound of VVater-Cresses, one pound of Mandrake, and one pound of Penniwort; take all these and stamp them in a Morter, and do thereto three or four pound of Barrows grease molten, and binde them well together, and then set them in an earthen pot, well closed in a moyst place, and so let it stand nine daies, and on the tenth day set them on the fire, and put thereto a quart of white VVine, and let them seeth well together, and then wring them thorow a strainer by little and little till it bee cold, and when it is cold do it in boxes, and this oyntment is good for many sores.

For to make Unguentum Egyptiacum.

Take a Farthing-worth of Hony, a spoonful and a half of Vineger, of green Copperis

Copperis a ſmal quantity, a piece of Allom, and if you will make it eaſily, put thereunto Ale, or elſe Womans milk, and this oyntment is good for all ſores and wounds both new and old.

For to make Unguentum ruptorum a corſie.

Take *Cantharides* and make it into powder, and as much of unſlaked Lime, and of black Sope as of all the other, and make all theſe in manner of a plaiſter, and lay it to the ſore as broad as thou wilt have it broken, and no broader.

For to make Unguentum verſilinum.

Take an ounce of Lithargie, half a pound of Maſtick, half a pound of Ceruſe, an ounce of Camphire, half an ounce of the ſtone called Calamint, and make theſe to ſmall powder, and do thereto half a pound of mede Waxe ſmal broken, and then put thereto a pinte of the juyce of Emeroſe, and put all this in a pan, and ſet it over the fire, and let them ſeeth till they be molten, and alway ſtirre it, and then take it from the fire, and let it ſtand till it be cold; this Oyntment is good for a man that is ſcalded on his Yard with fire, or on his body, or viſage, or on any Limbe of a man,

man, and for all ſcaldings; and this is good for wounds, and for many other privie maladies, and this is a precious Oyntment,

For to make Unguentum delero-ſicum.

Take a pound and a half of purified hony, and a quarter of a pound of Verdigreaſe, made ſmall to powder, and a good ſaucer ful of vineger, caſt all this together into a pan, and boyl it wel together til it become red, and alway ſtir it wel, and then beware, for it wil have many colours, for it wil bee red; then put it in boxes and it wil bee hard, and afterward it wil relent again, and then do thereof into the rotten wound, and annoint the ſore therewith and it wil do away dead fleſh, and other corruption; and this is a good oyntment for to cleanſe, and for to make the fleſh grow.

For to make Unguentum Geneſte.

Take two pound of the flowers of Broom, a pound of the flowers of VVoodwaxe, and a pound of Oxeſlips, and bray them in a Morter, and put thereto three pound of *May* butter, and mingle them wel together, and ſo let them

them ſtand for three dayes and three nights, and then put it in a pan, and fry it wel on the fire, and then wring it thorow a cloth, and put it in a boxe; this oyntment is good for all cold Gouts, and for other cold evils.

For to make Ungnentum Penetium.

Take a gallon pot ful of black Snails, gathered in the dew, in the month of *May*, and do them in a Linnen bagge, and when yee have the Snails, look that yee have ready then a pound of the powder of Cummin, and another pound of Dil, and mingle theſe powders amongſt the Snails, and hang them up, and ſet under a clean veſſel, and keep wel the oyle that commeth out of them, and then take the Oyle, and ſet it on a ſoft fire, and do therein a quarter of a pound of the marrow of a Horſes Legg, and ſeeth it with the oyle, and then put it in a glaſſe, and with that Oyntment annoint any man or woman that is ſo troubled with the Gout, and he ſhal bee whole by Gods grace.

A good Oyntment for to heal Wounds.

Take Avence, Bugle, Pigle, and Savigle,

vigle, Smallage and Herbe *Robert*, Vervain, and Herbe *Walter*, VVeybread, and Ribwort, Daiſies, and Hollihocks, *Ligni Serpentini*, red Cale, and the crops of Brier, of every one of theſe a pound, or at the leaſt half a pound, then take theſe Herbes and ſtamp them ſmal in a Morter, then take *May* butter two pound, and two pound of Barrowes greaſe, and ſtamp them wel together, and then put theſe in an earthen pot, and let them ſo ſtand for nine daies, and on the tenth day put them in a pan and ſeeth them on the fire, and let it ſeeth eaſily a good while, and then wring them by little and little thorow a ſtrainer, and then take it, and put it into the pan again with a quart of white wine, and half a pound of mede waxe, and a pound of Sheeps tallow, and a quarter of a pound of Frankinſence, and a quarter of a pound of purified Hony, caſt all theſe together into the pan, and then ſet them over the fire, and ſeeth them well together a good while, and then ſet it down, and let it cool, and then put it in Boxes, and this is a ſpeedy oyntment to heal all manner of ſores, and wounds, be they never ſo great. This hath been proved.

If

If thou wilt heal wounds well and clean with the drink of Balls, then take of these hearbs to make thy Balls.

Take a pound of Pigel, and a quarter of a pound of Savigel, and half a pound of Bugle, a quarter of a pound of Tormentile; half a pound of Avens, a quarter of a pound of Mouse-eare, a quarter of a pound of Centory, a quarter of a pound of Rue, a quarter of a pound of Ivie, a quarter of a pound of wilde Sage, and half a pound of Daisies, a pound of herbe *Robert*, a pound of herbe *Walter*, and a quarter of a pound of herbe *John*, a quarter of a pound of Egrimony, as much of Violets, as much of Strawberries, and half a pound of Ribwort, and half a pound of Weybread, and a quarter of a pound of great Daisies, and half a pound of Spignel, and half a pound of Betony, a quarter of a pound of Hemp, and as much of red Bryer crops, and as much of the black Bryer crops, half a quartern of red Nettles, and half a quartern of the red Cale, and a quartern of Vervaine, as much of Burnet, and as much of Scabious; Take all these herbes

herbes and ſhred them ſmall, and then put them in a Morter, and grinde them all to flower as thou wouldeſt do Vervain, then mingle of Madder the weight of all theſe other herbes, and grinde it with theſe herbes, and then let them rot together for five daies, and five nights, and then make thereof ſmall balls as big as a Wallnut, and dry them all in thin Platters, covered one over the other, and ſet them in the Sun, ſo that there come no aire thereto by no way, and who ſo hath a great wound, then take one of theſe balls, and crumble it into a quart of white Wine, or of ſtale Ale, and let him drink thereof each day firſt a little quantity, and waſh his wound three times on the day with white wine, and if that you have no white VVine, then take the juyce of Avence, and let no other oyntment come at the wound, but the juyce of Avence, and therewith wet well the wound all about, and thus thou mayeſt heal and ſalve every old wound, bee it never ſo horrible and feſtered; and if there bee in the wound any dead fleſh, thou muſt do thereon the powder of Sandifer, or elſe of burnt Allom, for that will fret away dead fleſh,

fleſh, and theſe Balls will heal the wounds.

For to open a Wound that is cloſed too ſoon.

Take the leaves of the white Plum-tree, and the milk of a Goat, and ſtamp them together, and make a plaiſter thereof, and lay it to the ſore, and it will open it well, and it will do away the rankling.

Alſo take Centory, and ſtamp it, and lay it thereto, and it will open any wound fair and well.

Alſo *Galbanum* is good for to cleanſe a wound, and for to keep it open.

To heal a Wound.

Take Turpentine, as much as you think will ſerve your turne, and put it into a diſh with clean water, then take a ſtick and make it fit at one end, and with that beat and turne your Turpentine in the water, till it bee very white, then put the water clean from it, and put to it half as much yolks of Eggs, as is of the Turpentine, and mingle them well together, and adminiſter it when you need; put not this in your treane boxe, for it will ſoak thorow, yee may keep it in a Bladder.

For

For a wound in the head a good Mundificative.

Take Hony of Roſes two ounces, oyle of Roſes an ounce, mingle them together, and put it warme into the wound, with Lint, and a plaiſter upon it; it is a good Mundificative.

For the ache in a Wound.

Take the roots of Briony, and pare the outer ſide, and beat them in a morter, and in fair running water, and ſtrain it, and warme it, and lay it hot to the wound or ache, as the party may ſuffer it; firſt waſh the wound fair, and then lay it to the wound.

To make a water for a Cut, or Wound.

Take a pottle of fair running water, and ſeeth it on the fire, and let it ſeeth a while, then take two penny-worth of white Copperis, as much of *Bole Armoniack*, and four penny-worth of Camphire, and beat them all together to powder, and put them all together into the water, and let them ſeeth a little while, and then take it off the fire, and when it is cold put it into a Glaſſe, droſſe and all; and when it is to bee occupied pour out into a Saucer a little of the cleareſt water,

water, and none of the bottom or droſs, and ſet it upon the coales, and waſh the wound as hot as hee may ſuffer it, and then take a little linnen cloth, and double it three or four times double, and wet it in the water, and lay it to the wound as hot as the Patient may ſuffer the ſame, and binde it faſt.

For a Cut, or Wound.

Take a gallon of running water, and put thereto a pinte of Hony, and a quarter of a pound of Roch-Allom beaten to very fine powder, and let them ſeeth together, and ſcum them clean, and put thereto a handful of VVood-binde leaves, a handful of Sage leaves, and a handful of Selandine, and ſeeth them all together till the half bee conſumed, then take it from the fire, and ſtrain it thorow a Canvas cloth into another clean veſſel, and then put thereto a penny-worth of Grains, and let them ſeeth a while together, and then put it in a fair Glaſſe, when it is cold; this is a principal Medicine.

For to heal Wounds, and knit and heal broken Bones.

Take Betony, Bugle, Savigle, Pimpernel,

pernel, Milfoyle, Strawberry leaves, Orpine, Sage, Mouſe-eare, Emeroſe, Tanſie, Southernwood, herbe *Robert*, herbe *Walter*, Egrimony, Plantain, Solcircle, Avence, Madder, Daiſies, Camphire, Oſmond, the crops of red Colewort, the crops of the red Bryer, the red Nettle crops, of the crops of Hemp, take of each alike much ſave of the Madder, by weight, then take theſe herbs and ſtamp them ſmall, and take *May* butter made of raw Cream, Ewe milke, with dew-water of *May*, and if that you can get no Ewe milke, take the butter of Cow milke of the yelloweſt colour that can bee found, for it is far better then the white, and take a quart of Butter, half a quartern of Mede wax, and melt the butter and the waxe together, and when they bee molten, let the butter and the waxe run thorow a cloth, for then is the butter clarified from the waxe, and keep the butter and the waxe aſunder, or elſe it will never do ſo well, and then let thy butter cool, and when it is cold then take and put thereto three pound of thy herbes, and half a pound of butter, and put them in a Morter, and ſtamp them ſmall, till you can ſee nothing

nothing of the butter, and then put it in a new earthern pot, and close it fast that no ayre come forth, and when all is in the pot, make it sure that no worms may get in, nor that no ayre (as is said before) get out; then set it in a moyst place, and so let it stand for nine daies, at the least, and then it will be hoare above; then take it out of the pot, and do it in a fair pan, and set it on the fire, and fry them well together, and stirre it well, and when it is hot enough, take it from the fire and wring it thorow a cloth, and let it stand till it bee cold, then kerne it, then let out the water, and then put it into the pan and melt it again; then put it up in boxes, and keep the same to your use.

Also to make an Oyntment sanative for Wounds.

Take of the same herbs before expressed, and work them as thou didst the Salve; but whereas thou tookest butter to thy Salve; take fair Barrows grease and melt it, and when it is cold put it to thy oyntment; and whereas thou tookest to thy Salve Madder, put thereto Cammomile, and put thy hearbs thereto, take to that Oyntment of A-

vence

vence as much in weight as of all the other hearbs before named, and then ſhall this oyntment bee according to the ſalve, the one to worke within, and the other to worke without; for this ſalve and oyntment are chiefeſt accounted of among Phyſitians for all wounds both to cleanſe and to heal very fair and perfectly, and to knit broken bones ſurely.

To heal all old Wounds.

Take Plantain water diſtilled, and put half a pinte thereof to an ounce of *Mercurie ſublimatum*, and ſo ſtir them very well together untill it bee diſſolved in the Plantain water, and then waſh the ſore or wound well therewith, and after wet a cloth in the ſame water, and cover it cleane over the ſore or wound, and uſe this once every day until it bee whole, and do ſo from day to day.

A red water for Sores and Wounds, either old or New.

Take a pottle of running water, a peck of aſhes of Aſhe wood that is old, and a pottle of Tan-juyce that Leather never came into, and a pound of Mather, a pound of Allom, and beat them all to fine powder, and put it into your Tan-juyce nine daies, and then when you have

have ſo done, take a pottle of the one and a pottle of the other, and put thereto ten ounces of green Copperis, and one ounce of Ginger beaten all into fine powder, and put them all together, and ſo ſeeth them to a quart, then take them off and ſtrain them, and put them in a fair veſſel, and pour out the thin from the thick, and lay a wet cloth thereon, and lay it to the wound, or ſore, either old or new, and waſh them well therewith.

A Water Imperial for all Wounds and Cankers.

Take a handful of red Sage leaves, and a handful of Selandine, as much of VVoodbine leaves, take a Gallon of Conduit water, and put the hearbs in it, and let them boyle to a pottle, and then ſtrain the hearbs thorow a ſtrainer, and take the Liquor and ſet it over the fire again, and take a pinte of Engliſh Hony, and a good handful of Roch-Allom, as much of white Copperis fine beaten, a penny-worth of grains bruiſed, and then let them boyle all together three or four walmes over the fire, and let the ſcum as it riſeth bee well taken off, with a feather, and when it is cold, put the

the ſame into an earthen pot, or bottle, ſo that it may bee kept cloſe from ayre; and for a green wound take of the thinneſt, and for an old wound of the thickeſt, cover the ſore, either with Veal, or Mutton; ſcum them with Dock leaves, when that you have dreſſed them with this aforeſaid water.

To make water Imperial another way.

Take a handful of Dragon, of Scabious, of Endive, a handful of Pimpernel, a handful of Wormwood, of Rue a handful, a handful of Tanſie, as much of Featherfue, as much of Daiſie leaves, as much of Cowſlips, as much of Maiden-haire, as much of Cinkfoyle, as much of Dandelion, as much Time, as much Balme, of each of theſe herbes a handful, as I ſaid before; then take of Treacle a pound, of *Bole-armoniack*, four ounces, and when you have all theſe herbes together, you muſt take and ſhred them a little, but not too ſmall; then take the Treacle and the *Bole armoniack*, and mingle them and the herbes together, then put them in a Stillatory and diſtil them, and it is made.

A

A very good remedy to take away Warts.

For to take away warts, take the ſeed of Briony with the leaves, burn them and make Aſhes of them, and mingle the Aſhes with the juyce of the ſame Herbe like an oyntment, and annoint your Warts often, and they will fall away. The dung of an Eagle if it bee often rubbed upon the Warts, doth likewiſe do away the ſame very quickly.

Another for the ſame.

Take the juyce of herbe Wart-wort, and annoint the Wart or Ring-worme therewith; and it helpeth.

Another for the ſame.

Take Elder-berries and ſtamp them, then wring out the juyce, and with the ſame uſe once or twice a day to annoint the VVarts, and it will quickly do them clean away. This experiment hath been proved.

For to do away a Wenne.

Take and binde faſt the VVenne, then take Verdigreaſe, Sulphur, Sope, oyle of Eggs, Allom and Hony, and temper them together, and lay it thereto, and it ſhall do away the VVen, and alſo heal it well and clean within three or four times dreſſing.

Another for the ſame.

Take a quantity of unſlaked Lime, and mixe the ſame very well with as much black Sope, and annoint any VVenne therewith, and the VVen will fall away; and when the root is come out, annoint the place with the oyle of Balme, and it will perfectly heal the ſame.

How to help one that is Blaſted.

Take the white of a Hens Egge, and put it in a brazen Morter, then put thereto a quarter of an ounce of Copperis, and grinde them well together till it bee come to an oyntment, with which annoint the ſore face, and it will eaſe the pain, and take away the ſwelling; and when it is well nigh whole, annoint the place with a little *Populion*, and that will make the skin fair and well again.

An excellent remedy to help the Rheume.

Rub the leaf of a Marigold between your fingers, and put the ſame into your Noſe, and let it ſtay there a little while, and it will bring forth abundance of humours out of the head, it will help the Rheume within a little while, if you uſe it This hath been proved.

Ano-

Another for the same.

Take a little stick, and tye about the end thereof old Oaken leaves, then cut them something round, and hold the same leaves in your mouth, as deep and as far as you can suffer the same, holding the stick between your teeth; in this manner, hold your mouth over a dish or porrenger, and there will great abundance of humours avoid out of your mouth; but within a while wash in fair water the leaves on the stick, and then hold them in your mouth again. Do thus for the space of an hour, and use it three or four times a day, three or four dayes together, or until you have avoided so much watry humours as you think good. This is the best and presentest remedy for the Rheume that ever was heard of, and hee that proves it shall finde it an excellent help.

A soveraign Water against Melancholly, and drink to comfort the Stomach.

Take a pound of *Aqua vitæ* and put thereto a quart of red-Rose water, put into it as much Licorice sliced and scraped as you may hold in both your hands, but if it be *English* Licorice, you may

take leſſe, and put thereto as much Aniſeed as you think will bee ſufficient to make it taſte well thereof; ſtew all theſe with a ſoft fire, well covered in an earthen pot, that the aire do not go out to your judgement, till that a pinte thereof bee conſumed; let it not boyl in any caſe, but ſtew ſoftly; this done, take it from the fire, and let it ſtand and cool, and when it is cold drain it from the ſeed and Licorice, and put it into a wicker glaſſe, or bottle, but bruiſe it, that your water may bee as clear as you can, and when need requireth occupy it.

To make artificial oyle of Balme for Woundſ.

Take Balme, Rue, Featherfue, Sowthiſtle, Nettles, Briony leaves, Bramble leaves, Sage leaves, Cinkfoyle, of each of all theſe a handful; take all theſe ſimples and lay them in Oyle-Olive all night, and take the water that cometh of a Vine ſtalke, and black Snails, gum Arabeck, gum Hedere, of each of theſe one ounce; you muſt take the ſeed of the Aſhe-tree, and beat the ſeeds and the gums very fine together; afterward you muſt put the Oyle and the herbs into the Still, and throw thereupon a quar-

ter

ter of a pound of the oyle of Roſes, and two ounces of *Aqua vitæ*, and ſo diſtil it with a ſoft fire, but you muſt diſtil it at the leaſt twice or thrice. This oyl will heal all wounds very ſoon.

A green Balme to incarnate Wounds, and to dry up filthy Ulcers.

Take of fine *Aqua vitæ*, *Venice* Turpentine, oyle of Roſes of every of them a pinte, boyle them with a ſoft fire of Coales, and after a walme or two put in the Verdigreaſe made in fine powder, an ounce and a half, and boile it to a good perfect ſubſiſtence, and ſo uſe it to your ſore wounds and filthy ulcers, and it ſhall help them very ſhortly.

To make artificial Balme.

Take of gum Elemnie ſixe ounces Aloes, Myrrhe, Caſtore, Opoponax of each two ounces, *Storax, calamite, Olibanum*, Maſtick, Cacabre, of each four ounces, Gum *Bdelii*, gum of the Fig-tree, of each two ounces and a halt, make every one of them in powder by themſelves that will bee powdred. Take of the ſpices of *Lignum aloes* three ounces, *Zilobalſami*, *Carpobalſami*, Spicknard, Cloves, Cinamon, *Calamus aromatici*,

nux aromatici, Nutmegs, Galingal, Setwel, Grains, *Cardamomum*, both of the great and ſmall, *Cucubes*, roots of *Cipres*, *Muſcacaſtaline*, which is the Cods of the Musk, of each two ounces, Rewponticon two drams, Flowers of Roſemary two ounces, Juniper berries, *Enula campana*, of each dryed an ounce, Bay berries half an ounce, beat all together in groſſe powders, then take of the ſeed of Fennel, Parſley, Tanſie, Carret, Coriander, and Carraway ſeed, of each one ounce; Wormwood, Sage dryed, Baſil, Roſemary, Marjorum, Pennyroyal, Mints, Stecados, Egrimony a like quantity of each; then take Figgs of Algary, Dates, the ſtones taken away, Raiſins of the Sun, Almons, of each four ounces; then take oyle of Turpentine two pintes, oyle of Maſtick, oyle Bennet, oyle of Caſtore, oyle of Tartar, oyle of Dill, oyle of Exceter, of each half a pinte, oyle of Spike, oyl of Nard, of each four ounces, pure *Aqua compoſita* the weight of all the former ſtuffe; and firſt boyl them in the bodies of two Limbecks of Glaſſe faſt luted, with the crowns of their covers downward in *Balneo maria*, that is a Caldron

of

of water, a day and a night; then take off their caps and ſet them aright, and diſtil it with an eaſie fire in theſe two Limbecks, all your ſtuffe being divided into even portions, as before; lute them ſtrongly, and diſtil them with a ſoft fire, ſixe hours, then in the reſt increaſe your fire by little and little till the water bee paſſed, then ſhall you ſee white oyl, and laſt of all yellow oyle, keep every one of them by themſelves; the fourth is in the bottome, keep that as an excellent remedy for all wounds, it helpeth ſuddenly, without ſuffering the wound to putrifie or caſt matter, but confoundeth it, and helpeth it ſtreight.

The vertue of this Balme.

It is moſt excellent for Gouts, Palſies, Cramps, Wounds, Akings, Sinews cut, hurt, or ſhrunk, the Falling-ſickneſſe, Apoplexie, the turning of the Brain, the biting of Dogs, or any other venemous things, for the Timpany, to annoint the belly, and the firſt water is good for all Wounds, and all rotten and filthy Ulcers, as hath been often proved.

The Receit of the water of Health.
by G. K.

Take Red-Roſe flowers, Cammomel flowers, Lavender flowers, Bugloſſe flowers, Iſope flowers, Roſemary flowers, Sage flowers, Stecados flowers, Balme flowers, Time, and wilde Time, Pennyroyal, Marjorum, winter Savoury, Pimpernel, Sr. *Johns* wort, *Philopendula*, Eye-bright, Hore-hound, Dittany, Betony, Scabious, Tormentile, Plantain, Avence, Maiden-haire, Mints, Rue, Saxifrage, Hartſ-tongue, Enſras, Braſil, Canepithy, Piony, Juniper berries, Bay leaves or berries, take of all theſe flowers a main handful if they can bee gotten, if not, then take three gallons of mighty ſtrong Ale, or three gallons of Gaſcoigne wine, then take theſe ſpices, Anniſeed two pound, Licorice two pound, Fennel-ſeed two ounces, Cinamon two ounces, Caraway ſeed two ounces, Galingal two ounces, Setwel two ounces, *Angelica* two ounces, *Cypres* two ounces, Ginger, Nutmegs of each an ounce, *Enula campana* one ounce, *Calamus aromaticus* one ounce, *Ireos* one ounce, *Lignum aloes* two ounces, Cloves one ounce, Cucubes

Cucubes one ounce, Grains one ounce, long Pepper one ounce, Spicknard one ounce, Mace one ounce, *Amis amonium* one ounce, Suger halt a pound, Alkenet two ounces, *Olibanum*, Maſtick, Baſil-ſeed, Marjorum-ſeed, of all theſe halt an ounce, and do by the drawing of this water of Health in all reſpects, as by your *Aqua compoſita*, your flowers and herbes muſt bee dryed, and ſhred on a Chopping-board a good handful of each at leaſt, and your Anni-ſeed muſt bee well beaten and duſted, and your Licorice muſt be ſcraped clean, and ſliced, and then all the reſt of your other Spices and Seeds muſt bee beaten fine in a brazen Morter each to his quantity. Alſo you may put thereto three grains of Civit Muſk, for it will make it to drink the more pleaſanter, and for divers infirmities this water is good, as to breake winde in the belly, for them that cannnot reliſh or diſgeſt their meats, and for divers other cold cauſes; this water will make a man to live long and to keep and preſerve a man long in health, and to make a man to look young again.

For to make pety Balme.

Take fine Neat Oyle a pinte, and put it in a clean pan, and ſeeth it well over the fire, then put thy hands in cold water and let it drop thereon, and it will cream, and when it leaveth creaming, put it to the fire again, and let it ſeeth well, and do ſo three or four times with your hands, then take half an ounce of Maſtick, as much of Frankinſence, as much of Roſen, a quarter of an ounce of Virdigreaſe, make all theſe into powder by themſelves, then put them into the oyle, and let them ſeeth well together, and ſtirre it well and ſcum it clean, then let it cool, then put it in a pewter veſſel, and this is a good Balme.

For to make Aqua vitæ perfectiſſima, per G. K.

Take the root of Saxifrage, Parſley, Aliſander, Fennel, Time, Iſope, Penniroyal, Roſemary, Lavender, Primroſe, Mints, Rue, Betony, Savine, Sage, Avence, Calamint, of each of theſe herbes halfe a quartern, then take Galingal, Pepper, long Pepper, Cloves, Nutmegs, of each of theſe one ounce, of Canel, Mace, Cucubes, of each of theſe two ounces, Setwel, Pelitory of *Spain*,

Lignum

Lignum aloes, of each half an ounce, ſtamp thy Hearbs, and powder thy ſpices, and do them in a gallon of good red Wine, and mingle thy hearbs and Spices together in the Wine, and let them ſtand all a night in ſteep, and on the morrow diſtil them into a Limbeck; this water hath many fair vertues, and it comforteth Man or Woman, and keepeth them from all Maladies that be cold.

Alſo it is hot at the firſt diſtilling, and at the third diſtilling it helpeth Man or Woman in their kindly heats.

Alſo it comforteth a cold ſtomach, and deſtroyeth both ſcab and ſcall.

Alſo it healeth all old ſores if it bee kindly uſed, it is good for the deafneſs of the eares, by putting a little thereof into thy ear; it driveth away the ſtincking of the breath.

Alſo it is good for the Falling-evil, and for the palſie in the tongue, for that Palſie maketh a man ſuddenly dumb.

Alſo it healeth the palſie of other members that trembleth.

Alſo for biting or ſtinging of Scorpions, or Adders, or other venemous Beaſts, for no venome can come near unto it.

Alſo

Alſo it is good for the tooth-ache of cold Rheume, and for a cold Feaver, being drunk before the axis; it is good for to waſh the Emerods, and old Sores, called *Noli me tangere*, and for the *Colica paſſio*, and who ſo drinketh it for the vanity of the head, it alſo healeth the Sauce-flegm in the face.

Alſo it purgeth the Stomach of all corruptions, it is good for the Stone, and for all Gouts, it deſtroyeth the gnawing within the belly, and ſuffereth no winde to breed in mans body.

To make Aqua vita for cold canſes.

Take good Gaſcoign Wine, and diſtil it in a glaſſe, or Serpentine, and that water that burneth do it by it ſelf, and if it bee moiſt it will bee of more vertue.

Alſo take of Ginger, Canel, Mace, Cucubes, Nutmegs, Grains, long Pepper, of each of theſe three ounces, and bray them in a Morter and ſearſe them, and put theſe powders into the water that burneth and diſtil it oft, and ſo reſerve it to your uſe morning and evening, firſt and laſt, and this is called the moſt Soveraign Water, and is mighty again all

all manner of cold cauſes, that ingendreth within Man or VVoman, and this will help you for divers infirmities that are within man: this hath been proved often.

A ſoveraign Water uſed by Doctor Stephens, *Phyſitian, with the which hee did many great cures, and a little before his death, hee declared the ſame to the Arch-Biſhop of* Canterbury, *and now to the benefit and commodity of all people that bee well diſpoſed.*

Take two gallons of good Gaſcoigne VVine, or Claret VVine that is good, or elſe two gallons of mighty ſtrong Ale, and of every of theſe Spices a dram; take of Ginger, Galingal, Cinamon, or Canel, Nutmegs, Grains, Cloves, Aniſeeds, Fennel-ſeeds, Carraway-ſeeds, *Calamus aromaticus*, *Cuenbes*, *Ireos*, Maces, Spicknard, *Enula campana*, *Canepithis*, of each of theſe a good handful, Juniper-berries one ounce, and of every one of theſe herbes following, a handful,

Sage,

Sage, red-Roſes, red Mints, Garden Time, wilde Time, Pellitory, Cammomel, Lavender, VVormwood, Betony, Plantain, Ribwort, Bayes, red July-flowers, wilde Marjorum, Roſemary, Organum, Rue, the flowers of Stecados, Pennyroyal, Hilwort, Avence, Cowſlip leaves, Primroſe leaves, the flowers of Serebby Graſſe; Strawberry leaves, Tutſon, beat all theſe ſpices, and ſtamp all theſe Hearbs, and put them in the liquor aforeſaid, and put a little Musk therein, and let it ſtand twelve hours infuſed, and ſtirr it oftentimes, then ſtill this water in a Limbeck cloſe ſtopped, that no aire come out of the pot, and with a ſmall fire keep about it that it come not too faſt forth, and keep the firſt water by it ſelf, for that is beſt. Alſo the ſecond pinte, by its ſelf, for that is alſo good, but not as the firſt is. Alſo you ſhall receive a third pinte of the water of theſe three gallons, but your ounce of Alkenet muſt bee for the two laſt waters to colour it red withal, which muſt be in the receiver with ſome Suger, and ſome Cinamon, and you may keep this water theſe ſeven years, and it wil be in his full ſtrength and operation.

The Receipt of the Water called Aqua Mirabilis & pretiosa, *made by Doctor* Willowby, *Physitian.*

Take of Galingal, Cloves, Maces, Cucubes, Ginger, Cardamomum, Nutmegs, Mellilot, Saffron, four ounces, and beat all these into powder, Egrimony water the quantity of a dram and somewhat more; then take of the juyce of Selandine, and a pinte of Master *George Kebels* water of the best, and the first, put of the same water being well mingled in a stillatory of Glasse, and let it bee stopped well and close, and so let it stand for the space of four and twenty hours, and then distil them with a soft fire for the space of a Natural day.

The vertue of this Water aforesaid.

This water is of secret nature, it is exceeding good for the stomach, it dissolveth the Lungs without any grievance, and the same Lungs being wounded and putrified, it mightily helpeth them, and comforteth them, and it suffereth not the body to putrifie.

Also he shall never need to be let blood, and this water suffereth not the body to be

bee burnt with Choller, nor yet with Melancholly, nor flegme to bee lift up, and have dominion above water, and this water mightily expelleth the rheume, and profiteth much the ſtomach, it ingendreth good colour, and keepeth and conſerveth the viſage and memory.

Alſo it is good for the Palſie, if the ſaid water bee given to man or woman labouring towards death one ſpoonful, it relenteth them: of all waters Artificial there is no better.

Alſo uſe in Summer once a week, a ſpoonful of this water faſting, and in VVinter time two ſpoonfuls; it is good for women that have the Green-ſickneſſe, and for divers other cauſes: *per Doctorem Willobie.*

The receit of Cinamon water.

Take Rheniſh VVine a quart, or *Spaniſh* wine a pinte, Roſewater a pinte and a halfe, Cinamon bruiſed a pound and a half, let theſe ſtand infuſed the ſpace of four and twenty hours, then diſtil it, and being cloſe ſtopped and luted, then with a ſoft fire diſtil the ſame ſoftly in a Limbeck of Glaſſe, and receive the firſt water by it ſelf.

Alſo if you be ſo diſpoſed to make the ſame

ſame water weaker, take three pintes of Roſewater, and a pinte and a half of Rheniſh wine, and ſo diſtil the ſame, and you ſhal have to the quality of the ſtuffe the quantity of the water, which is three pints; but the firſt is the beſt, and ſo reſerve it to your uſe morning and evening.

To make Cinamon Water another way.

Take three quarts of Muskadel, and a pound of Cinamon, and half a pinte of good Roſewater, and ſo let them lye infuſed the ſpace of four and twenty hours, and diſtil it as aforeſaid, and you ſhal receive to the quantity as to the quality, but the firſt pinte is the beſt, and the chiefeſt of all the other, as is manifeſt by practiſe.

Aqua compoſita for a Surfeit.

Take Roſemary, Fennel, Iſope, Time, Sage, Horehound, of each of theſe a handful, Penniroyal, Mints, Marjorum, of each ſix crops, a root of *Enula campana*, of Licorice, Anniſeed bruiſed, of each two ounces, put all theſe to three gallons of mighty ſtrong Ale, and put it into a braſſe pot over an eaſie fire, and ſet the Limbeck upon it, and ſtop it cloſe with Dow or Paſte, that no air do go out, and ſo keep it ſtilling with a ſoft fire, and ſo preſerve it to your uſe as need requireth.

To

To make Water of Life.

Take Balme leaves and ſtalkes, Burnet leaves and flowers a handful, of Roſemary, Tormentile leaves and roots, *Roſa Solis* a handful, red Roſes a handful, Carnations a handful, Iſope a handful, a handful of Time, red ſtrings that grow upon Savoury a handful, red Fennel leaves and roots a handful, red Mints a handful; put all theſe herbes into a pot of earth glaſed, and put thereto as much white Wine as will cover the hearbs, and let them ſoke therein eight or nine daies, then take an ounce of Cinamon, as much of Ginger, as much of Nutmegs, Cloves, and Saffron a like quantity, of Anniſeeds a pound, great Raiſins a pound, Sugar a pound, half a pound of Dates, the hinder part of an old Cony, a good fleſhy running Capon, the fleſh and ſinews of a legg of Mutton, four young Pidgeons, a dozen of Larkes, the yolks of twelve Eggs, a loaf of white Bread cut in ſippets, Muskadel or Baſtard, three gallons, or as much in quantity as ſufficeth to diſtil all theſe things at once in a Limbeck, and put thereto of *Mithridatum* two or three ounces, or elſe as much perfect Treacle, and diſtill it with

with a moderate fire, and keep the firſt water by it ſelf, and the ſecond water alone alſo, and when there cometh no more water with ſtrings, take away the Limbeck, and put into the pot more Wine upon the ſame ſtuffe, and ſtill it again, and you ſhall have another good water, and ſhall ſo remain good. In the firſt ingredients of this water, you muſt keep a double Glaſſe warily, for it is a reſtorative of all principal members, and defendeth againſt all Peſtilential Diſeaſes, as againſt the Palſie, Dropſie, Spleen, yellow or black Jaundice, for Worms in the belly, and for all Agues bee they hot or cold, and all manner of Swellings and Peſtilential ſorrows in man, or Melancholly and flegmatick, and it ſtrengtheneth and comforteth all the Spirits and ſtrings of the brain, as the Heart, the Milt, the Liver and the Stomach, by taking thereof two or three ſpoonfuls at one time by it ſelf, or with Ale, Wine, or Beere, and by putting a pretty quantity of Sugar therein. Alſo it helpeth digeſtion, and doth break winde, and ſtoppeth Laske, and bindeth not; and it mightily helpeth and eaſeth man or woman of the pain of the heart-burning,

and

and for to quicken the memory of man; take of this water three ſpoonfuls a day, in the morning, and another after he goeth to dinner, and the third laſt at night.

The Electuary of Life.

And if a man bee ſick at the ſtomach, or in the belly, or at the heart, or in the head, or were bitten with any venemous evil beaſt, or poyſoned, and a man were by the way travelling, or in the houſe, and hee had all theſe Sicknefles, ſo that hee had with him this Electuary that is made of five things to eat thereof, or drink thereof in water three or four ſpoonfuls, hee ſhould by Gods help bee quickly whole, ſo that hee uſe it for fifteen dayes faſting, and when hee goeth to bed, leaſt hee ſhould not bee whole of all his ſickneſſes in the body, and if hee drink the oftner in a day the better, and theſe bee the five things to make this Electuary with, *Scorlogio*, *Morre*, *Gentiana*, *Grandoret*, and *Jalaour*, as much of the one as of the other, and ſtamp them, and ſtrain them, and mingle them with hony, that hath been well boyled on the fire and ſcummed clean; and this is the making of this Electuary, and

and then as need requireth you may uſe it: Proved.

A good Powder called the Powder of Life.

Take the ſeed of Smallage, and the bones of a Mouſe, and the root of Tormentile, the root of Cinkfoyle, and the root of *Philopendula*, the ſeed of Gromwel, and the ſeed of Saxifrage, the ſeed of Aliſanders, and the ſeed of Sowthiſtle, of each of theſe ſeeds alike much, and then take Licorice and Galingal, Canel, and Ginger, of each alike much; then bray them in a Morter, and mingle them together and uſe thereof, then put thereto a quantity of Avence, of Saffron, and a qnantity of Maces, and this is the making of this powder for all manner of ſickneſſe in mans body, or in the wombe; or if a man bee overcome by the way, it will deſtroy all manner of Poyſon and Venome, and the Dropſie, and Palſie, and alſo the wallowing about a mans heart.

A receipt for the Gout, for a conſumption, for the Stone, for Convulſion fits, for the Scurvie, for a Timpany, and for a Dropſie, &c.

Take four Ale quarts of Rock-water, and

and a pound and a half of unſlaked Lime, new out of the Kiln, and let it ſtand eight hours, then ſcum it, and ſtrain it, and let it ſtand all night, then ſcum it and ſtrain it again, then put in ſixe ounces of Licorice ſliced thin and ſcraped, one ounce of Anniſeeds, and one ounce of ſweet Fennel-ſeeds, bruiſe it ſmall, and put it in a Bagge, and put it into the water, and two ounces of Saxifrage, and let it ſtand twenty four hours, and then drink of it half a pinte in the morning, and at four a clock in the afternoon, let it bee a little warme when you drink it, and when you have almoſt drunk the water, you may put as much water to the Lime again, and the other ingredients will ſerve for it again.

MVSEVM
BRITAN
NICVM

FINIS.

A

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